



Hurlburt Field

Helping Agencies Directory

----- Strive to Thrive -----



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Hurlburt Field

Helping Agencies Directory

For Civilian Employees

----- Strive to Thrive -----



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Community Support Coordinator

The **Community Support Coordinator (CSC)** leads a cross-functional team with all of the helping agencies on Hurlburt Field, for quality-of-life, personal readiness, and community issues to formulate long-term solutions. The CSC serves as the Community Action Information Board (CAIB) Executive Director, Integrated Delivery System (IDS) Chair, and Resilience Program Specialist.

The installation **Community Action Information Board (CAIB)** was established to promote cross-organizational collaboration in addressing individual, family, and community concerns. The CAIB takes a strategic, cross-functional look at quality of life, personal readiness, resiliency, and community issues to formulate long-term solutions.

The **Integrated Delivery System (IDS)** serves as the action arm of the CAIB and develops a comprehensive, coordinated plan for integrating and implementing community outreach, prevention, and resiliency programs. The IDS is composed of leadership representatives from base primary helping agencies.

The primary functions of the IDS are to:

- Support the activities of the installation CAIB
- Improve delivery of human service programs by establishing a seamless system of services through collaborative partnerships and coordinated human service activities
- Identify community concerns for the CAIB and propose solutions
- Prepare and implement an installation Community Action Plan to guide the activities of the IDS, CAIB, and member organizations using the results of the AF community needs assessments and other available data

***If you have input on any Helping Agency Directory information, phone numbers, or links, please contact the CSC.

Dexter Mitchell
212 Lukasik Avenue, Building 90210
Hurlburt Field, FL 32544
Phone: (850) 884-1047
Dexter.Mitchell.3@us.af.mil

Please look for eligibility under each agency name.

24/7 Assistance

American Red Cross: 877-272-7337

The Red Cross Emergency Communications Center quickly and efficiently obtains required information and sends emergency communication messages to service members wherever in the world they happen to be. The American Red Cross also works under partnership agreements with the Air Force Aid Society to provide quality, reliable financial assistance to eligible applicants 24/7/365. Assistance can include funds for emergency travel, burial of a loved one, emergency food and shelter, etc. Emergency Services provided to: Active duty, reservists and Family Members of AD.

Chapel: 850-884-7795

Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

Family Advocacy: 850-881-5061

Family Advocacy Outreach offers a domestic abuse victim advocate on call 24/7. If encountering mental or physical abuse, contact Family Advocacy at: 881-5061. If ever there is a situation where a couple must be separated due to an extreme fight, they have access to a "safe house" for the night for person and kids until things settle down, after hours call Security Forces: 884-7777. Services provided to: Active Duty, Military Family Members, & intimate partners.

Military One Source: 800-342-9647

Confidential services are available 24 hours a day by telephone and online. Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available through Military OneSource. Provides help with money matters, deployment survival information, substance abuse education, Military 101, Transition to civilian life, legal matters, parenting information, and more. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

Sexual Assault Prevention & Response (SAPR): 884-7272 SARC 24/7 Hotline

The Sexual Assault Response Coordinator (SARC) office provides a 24-hour, seven-day a week sexual assault response capability for all victims. Anyone who feels they have been a victim of sexual assault may contact the SARC office. After you contact the SARC office, you will be assigned a trained Victim Advocate. Your Victim Advocate will explain reporting options, and may meet you at the hospital for a medical evaluation, treatment and examination. It is your option to accept or decline victim advocacy. Services provided to: All Military & Family Members, and all DoD Civilians. (minors are referred to Family Advocacy; see above).

Command Post: 884-8100

**Military Crisis Line (1-800-273-8255 and Press 1), online chat and text (838255)
For confidential support , 24 hours a day, 7 days a week**

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Abuse

[CLICK](#)

Chapel: 850-884-7795

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[CLICK](#)

Family Advocacy Program: 850-881-5061

Offers emergency services and counseling (shelter, medical care, counseling, legal services, other resources), a safety plan, military protective order or restraining order guidance, explanation of confidentiality and military reporting options, information about military or civilian response, and transitional compensation info. Preventative programs and maltreatment programs, and counseling sessions. Family Advocacy Outreach offers a domestic abuse victim advocate on call 24/7. Services provided to: Active Duty, Military Family Members, & intimate partners.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

Provides short-term, non-medical counseling services to service members and their families at no cost. With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential. Services provided to: Active duty and Family Members of AD.

[CLICK](#)

Military One Source: 800-342-9647 (24/7)

Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available through Military OneSource. Website: www.airforceonesource.com

[CLICK](#)

Sexual Assault Prevention and Response (SAPR) 884-7272 SARC 24/7 Hotline; SARC Non-Emergencies 850-603-7785 cell and 850-884-6094; Staff Victim advocate 850-602-2486 and 850-884-1417

Sexual Assault Response Coordinators (SARCs) and Victim Advocates are available to assist victims (survivors) of sexual assault. Services provided to: Active duty, reservists and Family Members of AD.

**If domestic violence is in progress call 911
Abuse Hotline 1-800-96-ABUSE (2-2873)**

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Airman & Family Readiness Center

The mission of the **Airman & Family Readiness Center (A&FRC)** is to match individuals and families with the right resources to meet their specific personal and work life needs.

A&FRC staff, known as **Community Readiness Consultants (CRC)**, assist members and/or their families to identify and then match them to services that will help them with personal and work life issues. A&FRC services are designed to maintain and support mission readiness by assisting individuals and families with adaptation to the challenges and demands of expeditionary operations and the military lifestyle. Community Readiness Consultants (CRCs) in the A&FRC are trained to recognize distress indicators in individuals and family members, and offer support to Airmen and family members that enhances the well-being and resilience of the Total Force.

A&FRC Services:

- Air Force Families Forever (AFFF)
- Air Force Aid Society (AFAS)
- Air Force Wounded Warrior Program (AFW2)
- Casualty Assistance Program
- Crisis Assistance
- Emergency Family Assistance Center (EFAC)
- Exceptional Family Member Program-Family Support (EFMP-FS)
- Information and Referral Program
- Key Spouse Program
- Military Family Life Consultants
- Personal and Family Readiness Program
- Personal and Work Life Program
- Personal Financial Management
- Relocation Assistance Program (RAP)
- School Liaison Officer (SLO)/Military Child Education
- Spouse Employment Program
- Transition Assistance Program (TAP)
- Volunteer Resource Program

220 Lukasik Avenue, Building 90213, Hurlburt Field FL 32544

Phone: (850) 884-5441 /Fax: (850) 884-2600

Hours: 0730-1630, Mon-Fri

<http://www.myhurlburt.com/afrc.php>

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Airman & Family Readiness Center

Air Force Aid Society (AFAS)

A&FRC partners with the AFAS, the official charity of the Air Force, to assist Airmen and families as financial emergencies occur. In addition to emergency loans and/or grants their Community Enhancement Programs provide a wide- range of services to support Air Force families to supplement child care, educational needs and deployment support to family members. Air Force Aid services include:

- Short-term emergency assistance/loans (i.e. vehicle repair expenses, funeral expenses)
- Respite care: Assists those families registered in the Exceptional Family Member Program with respite care by funding a few hours of child/elder care each week or month. A referral from the EFMP-Medical officer is needed
- Child care for PCS
- Scholarship for Education
- Give Parents a Break Program
- Bundles for Babies: Seminar providing pertinent information to new and expectant parents. The program emphasizes budgeting family income, staying out of debt, starting an emergency savings account, proper nutrition and life with a new baby in the family.

Air Force Families Forever (AFFF)

A long-term aftercare program established to provide proactive time-limited outreach (1 yr.) to family members who have lost a loved one that was, at the time of death, serving on AD in the USAF.

Air Force Wounded Warrior Program (AFW2)

AFW2 supports Airmen who have been injured or wounded in the AOR and their families. Support services include extended transition assistance and five-year case management follow-up.

Causality Assistance Program

Casualty Assistance Representatives assist families of the fallen and provides Survivor Benefits Plans information.

Crisis Assistance

A&FRC's provide immediate, short-term intervention and referral to appropriate agency or service to assist individuals and families facing crisis situations.

220 Lukasik Avenue, Building 90213, Hurlburt Field FL 32544

Phone: (850) 884-5441 /Fax: (850) 884-2600

Hours: 0730-1630, Mon-Fri

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Airman & Family Readiness Center

Personal and Family Readiness Program (Deployment Support)

A&FRC provides services across the four phases of the deployment cycle (pre- deployment, deployment, re-deployment and post-deployment) for single and married Airmen and their families. Deployment Planning/Support services include:

- **Hearts Apart Program:** Hearts Apart is for military, Department of Defense civilians and family members who are, will be or have been separated because of military commitments (deployments, temporary duties, remote tours). Services offered include on-base and off-base resource information, personal support and group activities.
- **Monthly Hearts Apart Events:** The Hearts Apart events are free and a great opportunity for spouses and their children to enjoy good food, relax, and enjoy the conversation and company of others. The location depends on the Hearts Apart activities (past events include: trips to Gulfarium, the Zoo, Hurlburt Marina Day and Winter Balls).
- **Give Parents a Break Program:** Air Force families undergoing stressful times may be referred by first sergeants or a base "helping" agency to take their children (12 and under) to the Child Development Center for a 4-hour "break." This is free/sponsored by the Air Force Aid Society.
- **Car Care Because We Care Program:** Spouses of Air Force members deployed over 30 days or on overseas remote tours may receive a certificate for a free oil change and safety check valued at \$32.50 at the Hurlburt Auto Hobby Shop for their primary vehicle. Call for details. The Car Care Because We Care Program is free/sponsored by Air Force Aid Society.
- **Pre-Deployment Briefs/Reintegration/resiliency Briefs:** Mandatory for members and family members are encouraged to attend. The briefing gives you information and resources that can make the deployment easier for you and your family.

220 Lukasik Avenue, Building 90213, Hurlburt Field FL 32544

Phone: (850) 884-5441 /Fax: (850) 884-2600

Hours: 0730-1630, Mon-Fri

<http://www.myhurlburt.com/afrc.php>

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Airman & Family Readiness Center

Emergency Family Assistance Center (EFAC)

The EFAC is stood up by the A&FRC at the direction of the Installation Commander and serves as a staging area where families can obtain disaster relief and contingency information and services.

Exceptional Family Member Program-Family Support (EFMP-FS)

EFMP-FS provides information and referral for families with members with special needs. Individual appointments, classes, trainings, Respite Care options, relocation information, monthly support group meetings, networking family events and more are available to families.

Information and Referral

The A&FRC assists service members and their families in identifying and clarifying personal and work-life needs, determining appropriate forms of assistance, and providing linkage to on- and off-base resources. Appropriate referral is ensured through follow-up and evaluation of follow-up data to determine if the need has been met as well as the value of the referral resource used.

Key Spouse Program

A&FRC provides training and resources for the Key Spouse Program; a volunteer based, unit commander program that acts as a conduit between leadership and families.

Military Family Life Counselor

OSD-contracted consultants provide non-medical counseling for individuals, couples and families; information available at the A&FRC.

Personal and Work Life Program

Programs provide personal and work-life resilience coaching for individuals, couples, and families.

Personal Financial Management

The A&FRC assists members and their families in the development of a financial plan that addresses consumer education and awareness, savings information, credit and debt management, credit score review and rebuilding as well as retirement planning.

220 Lukasik Avenue, Building 90213, Hurlburt Field FL 32544

Phone: (850) 884-5441 /Fax: (850) 884-2600

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<http://www.myhurlburt.com/afrc.php>

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Airman & Family Readiness Center

Relocation Assistance Program (RAP)

RAP minimizes the stress associated with a permanent change of station, separation or retirement, the RAP provides information relevant to the areas where individuals (military, dependents and DoD civilians) will be relocating through classes, one-on-one counseling or via online services. In addition, New Comers Orientation and Welcome Spouse programs are available to acclimate airman and spouses to the base.

School Liaison Officer/Military Child Education

The SLO assist Airmen and families with local school information, advocates for the educational needs of military children, and ensure school districts are aware of issues impacting military children.

Spouse Employment Program

The program assists family members with career planning, improving employment-related skills, and identifying vocational interests. Individual career counseling, assessment, development, and decision making are key elements of this program. Classes, workshops, employment resource rooms with computers, and one-on-one assistance are available.

Transition Assistance Program (TAP)

The A&FRC is the focal point for transition assistance activities at the base level, providing mandatory pre-separation counseling and guidance in the development of an individual transition plan to separating and/or retiring individuals and their family members. The program goal is to assist separating and retiring military members with transitions and entry/re-entry into the civilian sector. DoD civilians are also eligible to receive assistance.

- Pre-Separation briefings (mandatory)
- 5 day TAP Workshop includes: A&FRC Military Occupational Codes (MOC), Crosswalks/Finance, DOL Employment (mandatory for separates) and VA.
- Job Fairs: April and September
- Other classes offered: Making a Career Decision, Federal Job Search, Resume Writing, Boots to Business and Higher Education Tracks.
- Mandatory 4 hour benefits Veterans Administration (VA) brief w/TAP workshop and a 2 hour website class on: www.ebenefits.va.gov
- Disabled TAP brief (DTAP): for members who have met a medical evaluation board.
- Benefits Delivered at Discharge (BDD): This VA program allows active duty members to start their VA disability claim before separating or retiring (180 days out).

Volunteer Resource Program

The A&FRC collaborates with other base agencies to recruit, train, place and recognize volunteers across the installation.

221 Lukasik Avenue, Building 90213, Hurlburt Field FL 32544

Phone: (850) 884-5441 /Fax: (850) 884-2600

Hours: 0730-1630, Mon-Fri

<http://www.myhurlburt.com/afrc.php>



Services provided to: Active Duty, DoD Civilian Employees, Retired Military, and Family Members of AD & Retired Military

850-881-4237

Alcohol & Drug Abuse Prevention & Treatment Program

ADAPT Program Objectives: To promote readiness, health and wellness through the prevention and treatment of substance misuse and abuse; to minimize the negative consequences of substance misuse and abuse to the individual, family, and organization; to provide comprehensive education and treatment to individuals who experience problems attributed to substance misuse or abuse; to restore function and return identified substance abusers to unrestricted duty status or to assist them in their transition to civilian life, as appropriate.

Treatment Services:

- Substance Abuse assessments
- Alcohol Brief Counseling (ABC) - individualized education sessions
- Outpatient group and individual treatment
- Referral for Intensive Outpatient Treatment, Inpatient Treatment, and Inpatient Detoxification services
- Aftercare Program

Prevention Services:

- Briefings at First-Term Airman Center, First Duty Station, Base Newcomers Orientation, Commander's Call, DoD Civilian Personnel, Key Leadership Personnel, etc.
- Training for supervisors of military and civilian personnel
- Education/awareness booths and displays
- Prevention programs for Hurlburt Field youths and teens
- Specific briefings, trainings and outreach activities tailored to Unit's needs

1st Special Operations Medical Clinic
113 Lielmanis Avenue, Building 91020, Hurlburt Field, FL 32544
Phone: (850) 881-4237
Hours: 0700-1630, Mon-Fri

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information](#)

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Services provided to: Active Duty, DoD Civilian Employees, Retired Military, and Family Members of AD & Retired Military

850-881-4237

Alcohol & Drug Abuse Prevention & Treatment Program

Links to Additional ADAPT Resources:

- ADAPT e-Resources for leaders and supervisors: [1SOW/CVB CAIB-IDS SharePoint](#)
- Free, anonymous alcohol use screening: www.DrinkingIQ.org
- National Institute on Alcohol Abuse and Alcoholism (NIAAA): www.niaaa.nih.gov
- National Institute on Drug Abuse (NIDA): www.nida.nih.gov
- National Institute of Mental Health (NIMH): www.nimh.nih.gov
- Substance Abuse & Mental Health Services Administration (SAMHSA): www.samhsa.gov

Self-Identification (Alcohol): AF members are encouraged to seek help for problems with alcohol without fear of negative consequences. Self-identification is reserved for members not currently under investigation or pending action resulting from an alcohol-related incident.

Self-Identification (Drugs): An AF member may voluntarily disclose personal drug use or possession to the unit commander, first sergeant, the ADAPT staff, or a military medical professional. Commanders will grant limited protection for AF members who self-identify for drugs with the intention of entering drug treatment.

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113 Lielmanis Avenue, Building 91020, Hurlburt Field, FL 32544
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American Red Cross

The **American Red Cross** has unwavering commitment to members of the U.S. military, its veterans and their families. Red Cross support of military members and their families enhances morale and contributes to increased operational capability.

The American Red Cross provides service men and women with three types of assistance beginning on the first day of enlistment, such as: Emergency Services, Service to Military Families and Service to Military and Veterans Hospitals. Red Cross services include:

- **Emergency Communication/Linking Families During Emergencies:** In the event of an emergency, critical accident, birth, serious illness or death in a service member's immediate family, the Red Cross can be called. Red Cross workers use advanced communications technologies to link service members with their families.
- **Connecting Families with Local Community Resources:** Building on its trusted presence in communities across the nation and on military installations around the world, the Red Cross links military families to local resources and support services.
- **Emergency Financial Resources:** The Red Cross may provide access to an interest-free loan or a grant for emergency travel expenses. Referrals to specialized sources of help are also available .
- **Providing Resiliency Training:** Families back home count on the Red Cross to provide training that promotes resiliency and preparedness to help them cope with the challenges of military life.
- **Supporting Wounded Warriors and Military Hospitals:** Through partnerships with the Departments of Defense and Veterans' Affairs, the Red Cross provides transition and reintegration support to wounded warriors, to veterans, and to their families.
- **Other Services for Military Families:** As a service member, you and your family have access to many valuable Red Cross services. The American Red Cross Service to the Armed Forces (SAF) network helps service members and their families cope with military life. Inquire for other Red Cross services provided/available.

1-877-272-7337

<http://www.redcross.org/what-we-do/support-military-families>

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Anger

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Chapel: 850-884-7795

Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Family Advocacy: 850-881-5113

Family Advocacy Outreach offers educational classes including Stress & Anger Management. Services provided to: Active Duty, Military Family Members, & intimate partners.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

Provides short-term, non-medical counseling services to service members and their families at no cost. With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential. Services provided to: Active duty and Family Members of AD.

[CLICK](#)

Military One Source: 800-342-9647 (24/7)

Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

[CLICK](#)

Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: SOF Active duty, reservists and Family Members of AD.



Area Defense Counsel

The **Area Defense Counsel (ADC)** is a military attorney who represents any Airman accused of a crime or facing adverse action by the Air Force (such as a Letter of Reprimand).

The ADC provides **free and confidential legal advice or representation** to military members and reports through the Hurlburt Region Senior Defense Counsel to the Chief, JAJD, Washington, D.C and CANNOT be influenced by your chain of command. The ADC offers complete confidentiality, nothing you say to your attorney will be disclosed to anyone else without your permission--not to your commander, not to your first sergeant, and certainly not to anyone else.

If you have been suspected of a crime, remember your Article 31 Rights, by which you have the right to remain silent; 'guilt cannot be legally inferred by your silence and your silence cannot be held against you.' Article 31 also gives you the right to an attorney, likely the Area Defense Counsel at Hurlburt. And as a military member, it costs you nothing. ADC services include:

- Court-martial
- Article 15's
- Responses to LOR, LOC, LOA
- Suspect Advice/Legal Assistance
- Report of Survey
- Demotions/Discharges
- Revoked Security Clearance/SIF
- Administrative Discharges
- Line of Duty Determinations
- UIFs & Control Rosters
- EPR Referrals
- Re-enlistment Denials
- Mental Health Evaluations
- Accident Investigations
- Adverse Administrative Actions (Discharge)
- Courts of Inquiry
- De-credentialing Medical Officers
- EPR Referrals
- Flying Evaluation Boards
- Line of Duty Investigation
- Medical Evaluation Boards
- Mental Health Evaluations (Rights Advisement Prior to Assistance) Reports of Survey
- Response to Letter of Counseling (LOC), Letter of Reprimand (LOR), and Uniform Code of Military Justice (UCMJ)
- Proceedings (Courts-Martial and Article 15's)
- Unsatisfactory Information File (UIF), & Control Rosters
- Whistleblower Protection

317 Independence Road, Building 90086, Hurlburt Field, FL 32544

Phone: (850) 884-5216

Hurlburt.adc@us.af.mil

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Please look for eligibility under each agency name.

Casualty

Airman & Family Readiness Center: 850-884-5441

The A&FRC has a Casualty Assistance Representative to assist families of the fallen and provides Survivor Benefits Plans information. Services provided to: Active Duty, Guard, and Reserve.

[CLICK](#)

American Red Cross: 1-877-272-7337

The Red Cross Emergency Communications Center quickly and efficiently obtains required information and sends emergency communication messages to service members wherever in the world they happen to be. The American Red Cross also works under partnership agreements with the Air Force Aid Society to provide quality, reliable financial assistance to eligible applicants 24/7/365. Assistance can include funds for emergency travel and burial of a loved one. Services provided to: Active duty, reservists and Family Members of AD.

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Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

Provides short-term, non-medical counseling services to service members and their families at no cost. With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential. Services provided to: Active duty and Family Members of AD.

[CLICK](#)

Military One Source: 800-342-9647 (24/7)

Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

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Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: SOF Active duty, reservists and Family Members of AD.

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Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians

850-884-7795

Chapel

The **1st Special Operations Wing Chapel** is committed to serving Hurlburt Field by **providing for the religious and spiritual needs** of you and your family. It is their desire to provide for the free expression of your faith while you are assigned on the Emerald Coast.

The chapel provides regular teachings, opportunities for fellowship, worship services, religious rites and rituals, weddings, baptisms, funerals, religious education, ministry of presence/unit visitation, 100 % confidential counseling, duty Chaplain available 24/7, marriage & family studies/retreats, single Airman outreach, grief ministry, and pre-deployment and re-deployment ministries.

Warrior Care: USAF Chaplain Corps personnel and the Hurlburt Field Chapel community are committed to serving military members and their families by providing for their religious and spiritual needs. It is their desire and their duty to ensure your Constitutional right to the free exercise of your religion. To do this, they provide regular religious education sessions, meaningful worship services, sacramental rites, and opportunities for engaging fellowship. Religious Support Teams (RSTs) also provide unit support and deployment cycle support; and Chaplains are available for counseling.

Pastoral Counseling: Chaplains provide pastoral counseling for a wide variety of issues, such as quality of life matters, financial problems, sexual harassment, discrimination, stress, post-combat stress, marital problems, relationship difficulties, substance abuse, depression, and suicidal thoughts. All counseling sessions are considered privileged communication, and are protected by absolute confidentiality. Crisis pastoral counseling services are available 24/7. To set up a counseling appointment during duty hours, please call the Hurlburt Chapel Office (850-884-7795). Walk-in appointments are also available. After duty hours, please call the Command Post (850-884-8100) and request the Duty Chaplain.

Advising Leadership: Chaplain Corps personnel at all echelons advise leadership in all matters pertaining to religion and the accommodation of practices arising from religious faith, ethical decision-making and moral reasoning. Additionally, Chaplain Corps personnel serve as principal advisors to leadership regarding the spiritual pillar of Comprehensive Airman Fitness (CAF).

Other Services: For more information regarding these or other Chapel's programs and services, please call the Chapel Office.

210 Cody Avenue, Building 90203, Hurlburt Field, FL 32544

Phone: (850) 884-7795

Hours: 0730-1630, Mon-Fri

For after hours emergencies-- call the Command Post: (850) 884-8100

<http://www.hurlburt.af.mil/AboutUs/Families/Chapel.aspx>

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Child Care

Hurlburt childcare programs include **Child Development Centers (CDC's)**, **Family Child Care (FCC) homes**, and **Youth Programs (YP's)**, which include school age child care, teen centers, sports programs and youth development opportunities.

The **Child Development Centers** provide full-day, part-day, and hourly child care services to families with children 0 to 5 years of age. Meanwhile, **Family Child Care** provides full-day, part-day, and hourly child care services to families with children 0 to 12 years of age in on- and off-base certified or affiliated homes. Additionally, the **Youth Programs** offer a variety of activities for young people ages 6 to 18 years of age, including a variety of developmental programs that build youth resiliency (core program areas include health & life skills, character & leadership, career & education, sports, fitness & informal recreation and the arts). And, the **School Age Program** provides before- and after-school and school holiday child care for children 6 to 12 years of age. Finally, there are several **other childcare options** available.

Child Development Center: Providing more than just full day child care, the Child Development Program promotes active learning programs for children age 6 weeks to 5 years and has a vested interest in Hurlburt's future, our children. The physical environment protects children and supports a developmental program. Appropriate activities enhance the social, emotional, cognitive and physical development of children. An adequate number of adults are provided to protect the health and safety of children and provide a nurturing environment. Meals and snacks are provided and served in a pleasant way to meet children's nutritional needs and instill good eating habits. Parents are encouraged to be actively involved; staff and parents talk regularly about the program and the care of their children. Fees for this program are determined using a sliding scale based on total family income. In addition to full time care; hourly care and slot leasing may be available based on child absences from the program. The CDC participates in the FL state funded Voluntary Pre Kindergarten (VPK) Program for children 4 years old and up. This program is available at CDC Main for full-time patrons and available in the Part-Day Enrichment Program providing 15 hours of VPK classroom instructions each week during the school-year. Hurlburt Field Child Development East announces its participation in the U.S. Department of Agriculture's Child Care Food Program, which is a federally funded program that reimburses child care providers for serving nutritious meals and snacks to enrolled, eligible children. Meals will be available at no separate charge to all participants enrolled at the center(s), regardless of race, color, national origin, sex, age, or disability. **For more information call, (850) 884-6937.**

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Child Care

Family Child Care: Family Child Care (FCC) is an alternative to the Child Development Center for families that need full-time care, evening care, weekend care, care for children with special needs, infants and school-age children, and care during swing- and mid-shifts. For more information call, (850) 581-1207.

School Age Program: The School Age program services local schools and offers before and after school care for children 5-12 years. Children are dropped off in the morning and are offered breakfast and a variety of free choice activities until they depart to school. Transportation to and from school is provided at selected school. Upon arrival after school, they're offered a nutritious snack and choice of activities and clubs based on interest. The Summer Camp Program serves children 5-12 years of age and operates from 6am to 5:30pm. Children are served breakfast, lunch, and a snack and participate in activities such as field trips, swimming, bowling, skating and free choice of activities. Fees for both these programs are based on a sliding scale based on total family income. For more information, call (850) 884-6355.

Youth Program: The Youth Program offers a variety of activities for youth ages 5-18 years. The School Age Program services local schools and offers before- and after school care for children 5-12 years old. Children dropped off in the morning are offered breakfast and a variety of free choice activities until they depart for school. Transportation to and from school is provided. After school, they're offered a nutritious snack and choice of activities and clubs based on interest. The Summer Camp Program serves children 5-12 years of age and operates from 6:15 a.m.-5:30 p.m. Children are served breakfast, lunch and a snack and participate in activities such as field trips, swimming, bowling, skating and free choice activities. Fees for both these programs are based on a sliding scale for total family income. The Open Recreation Program hosts instructional classes (tae kwon do and gymnastics), monthly pre-teen and teen dances, a variety of special activities and free choice of game room and gym activities from 5:30 p.m. to 8 p.m., Monday through Friday; 5:30 p.m. to 9 p.m. Friday; 11 a.m. to 5:30 p.m., Saturday. The Youth Sports Program offers soccer, basketball, softball, roller hockey, flag football, baseball and cheerleading. For more information, call (850) 884-3766.

Teen Program: The Teen Center provides a safe and positive place for teens to spend time. The center features a wide-screen TV, pool tables, table tennis, DVD players, video games, and six computers with high-speed internet access. There are also many structured programs that provide opportunities for youths to develop their physical, social, emotional and cognitive abilities. In addition, they are given the chance to experience achievement, leadership, enjoyment, friendship and recognition. Membership is \$50 per year. For more information, call (850) 884-6355.



Child Care

Extended Duty Child Care (FREE): Extended duty care is provided for military or DoD civilian members who need care beyond the member's regular 50-hour per week child care arrangements. Examples are working late, working weekends, experiencing a shift change or are called in to support a deployment. FCC providers will pick the children up at (or take them to) their regular child care arrangements on base. This is a FREE program. **For more information call (850) 581-1207.**

Pre-Deployment, Deployment and Return from Deployment Child Care (FREE): Military members preparing for or returning from a deployment are granted 16-hours of free care to spend time with spouses and catch up on family duties. Family members are also eligible to use childcare while member is deployed. **For more information call (850) 581-1207.**

PCS/Permanent Change of Station Child Care (FREE): Families may use 20-hours of family child care within 60 days before the family's departure from a base and 60 days after arriving at the new base, which will be paid for by the AF Aid society through the Child Care for PCS program. This program is open to all ranks. **For more information call (850) 884-5441.**

Home Community Childcare (FREE): Home community care (HCC) provides care for guard and reserve members during their primary unit training assembly (UTA). **For more information call (850) 581-1207.**

Give Parents a Break Program (FREE): The Give Parents A Break (GPAB) program is funded by the Air Force Aid Society and is designed to provide relief for active duty Air Force parents who are experiencing stress in their lives. This could be related to the military member being deployed or TDY, an emergency situation such illness of a family member, the family recently moving to the base, unique circumstances or hardships or having difficulties just being a parent. A referral certificate is required for participation in the program. Agencies who can refer families to the GPAB program include the Squadron Commander or First Sergeant, doctor or other medical professional, Family Support personnel, Life Skills personnel, a chaplain, or a member of the Child Development Center or Youth Center staff. **For more information contact the Airman and Family Readiness Center at 884-5441, the Chapel at 884-7795, or your First Sergeant.**



Child Care

Family Child Care Subsidy Care: The FCC Subsidy Program allows parents to utilize a FCC home and pay the same weekly fee they would be charged for child care in the CDC or School-Age Program. Available for families with children 2 weeks to 12 years, children with special needs and parents working swing or midnight shifts. The amount offset by Air Force is based on the type of care provided, the age of the child, and the provider's license status. The FCC Coordinator calculates parent fees by using the guidelines set forth on the DD 2652, Application for Department of Defense Child Care Fees, on Total Family Income (TFI). NOTE: The subsidy program is intended to help support military spouses' employment and education. Subsidies will only be provided to single parent families, families with a working spouse, or one who is enrolled in school full time. **For more information call (850) 581-1207.**

Wounded Warriors or Fallen Warriors/Expanded Child Care (FREE): Expanded child care programs are available for Wounded Warrior, Fallen Warriors, Medical Emergency or PCS for Army, Navy or Marines assigned to an Air Force installation. This program is no cost to parents. **For more information call (850) 581-1207.**

Child Care for Volunteers (FREE): The Air Force Aid Society provides funding for the child care in FCC homes for volunteers who are engaged in supporting programs that benefit the Air Force community. This is a FREE program. **For more information contact the Airman and Family Readiness Center at 884-5441.**

Child Care Assistance for Families of Severely Injured Military Families (FREE): A recent initiative sponsored by DoD provides families of severely injured military members with assistance to find and pay for safe, licensed child care services for a period of six months during their period of recuperation. (Extensions beyond the six-month period are considered based upon physician reassessment.) **For more information visit www.naccrra.org/MilitaryPrograms/injured.php on the NACCRRRA Web site.**



Children/Youth/Teen

Child Development Center: Providing more than full-day child care, the Child Development Center promotes active learning programs for children age 6 months to 5 years. Developmentally appropriate activities promote the social, emotional, cognitive and physical development of children. Meals and snacks are provided and served in a pleasant way to meet the children's nutritional needs and promote good eating habits. Fees for this program are based on a sliding scale for total family income. In addition to full-day care, part-day preschool, hourly care and surge care are also available. The hours of operation are 6:15 a.m. to 5:30 p.m.

For more information call (850) 884-6937.

School Age Program: The School Age program services local schools and offers before and after school care for children 5-12 years. Children are dropped off in the morning and are offered breakfast and a variety of free choice activities until they depart to school. Transportation to and from school is provided at selected school. Upon arrival after school, they're offered a nutritious snack and choice of activities and clubs based on interest. The Summer Camp Program serves children 5-12 years of age and operates from 6am to 5:30pm. Children are served breakfast, lunch, and a snack and participate in activities such as field trips, swimming, bowling, skating and free choice of activities. Fees for both these programs are based on a sliding scale based on total family income.

For more information call (850) 884-6355.

Open Recreation and Pre-Teen: The Open Recreation Program hosts instructional classes (Hapkido and Gymnastics), monthly pre-teen dances, a variety of special activities and free choice of game room and gym activities. All Youth registrations will expire on December 31 of each year. Youth registration card is to be shown for entry to the youth center and to check out game equipment. Save money on trips, camps, sports and other activities. Join the Youth Center and have access to member prices. Cost for the year is \$50 per child and will be prorated by quarter, per child. Don't delay, join today!

For more information call (850) 884-6355.

Teen Center: The Teen Center provides a safe and positive place for teens to spend time. The center features a wide-screen TV, pool tables, table tennis, DVD players, video games, and six computers with high-speed internet access. There are also many structured programs that provide opportunities for youths to develop their physical, social, emotional and cognitive abilities. In addition, they are given the chance to experience achievement, leadership, enjoyment, friendship and recognition. Membership is \$50 per year. **For more information call (850) 884-6355.**

Youth Programs: The Youth Program offers a variety of activities for youth ages 5-18 years. The School Age Program services local schools and offers before- and after school care for children 5-12 years old. Children dropped off in the morning are offered breakfast and a variety of free choice activities until they depart for school. Transportation to and from school is provided. After school, they're offered a nutritious snack and choice of activities and clubs based on interest. The Summer Camp Program serves children 5-12 years of age and operates from 6:15 a.m.-5:30 p.m. Children are served breakfast, lunch and a snack and participate in activities such as field trips, swimming, bowling, skating and free choice activities. Fees for both these programs are based on a sliding scale for total family income. The Open Recreation Program hosts instructional classes (tae kwon do and gymnastics), monthly pre-teen and teen dances, a variety of special activities and free choice of game room and gym activities from 5:30 p.m. to 8 p.m., Monday through Friday; 5:30 p.m. to 9 p.m. Friday; 11 a.m. to 5:30 p.m., Saturday. The Youth Sports Program offers soccer, basketball, softball, roller hockey, flag football, baseball and cheerleading. **For more information call (850) 884-3766.**

*****Chapel:** The Chapel offers many children, youth and teen programs such as -- Special Operation Youth Group (SOY), High School Faith Formation: Young Catholics of the Military (YCOM), Children's Church (Protestant), PK-8 Religious Education (Catholic), Catholic Altar Server Ministry, and Vacation Bible School.

For more information call 850-884-7795.

[Click here for additional information](#)

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Children/Youth/Teen

Youth Sports: Participation in sports and fitness plays a vital role in the development of youth. Aspects of team work, dedication, discipline, physical fitness, self esteem, and fair play all contribute to the overall growth and maturation of boys and girls. The Hurlburt Youth Program takes this responsibility seriously and strives to offer quality diversified programs based on the needs and desires of our community. League and programs are organized to teach basic fundamentals of team and individual sports and improving on those skills as they progress through their development. Our goal is to provide youth with a learning environment that is positive, fun and contributes to the well being of the military family which directly contributes to increase mission effectiveness. **For more information call (850) 884-6355.**

- **Baseball/T-Ball:** The Youth Sports Baseball/T-Ball program is open to both boys and girls between the ages 5-12. The children participate on coed teams with practices and games held on weeknights.
- **Basketball:** The Youth Sports Basketball program is open to both boys and girls between the ages 5-12. The children participate on coed teams with practices on weeknights and games held on Saturday.
- **Cheerleading:** The Youth Sports Cheerleading is open to ages 6 and up. Practices are held on weeknights and cheering on Saturdays. Cost is \$20 which includes: t-shirt, certificate and memento (uniform not included).
- **Flag Football:** The Youth Sports Flag Football program is open to ages 6-12. Teams are coed with practices on weeknights and games played on Saturday. Players must be 6 years old prior to August 31st and not 12 prior to August 31st. Each player's registration includes a team jersey and award for participation. Registration is \$50 per player for members.
- **Inline Hockey:** The Youth Sports Inline Hockey program is open to ages 7-18. Teams are coed with practices on weeknights and games played on Saturday and Sunday. Each player's registration includes a team jersey and award for participation. Registration is \$50 per player for members.
- **Soccer:** The Youth Sports Soccer program is open to ages 5-12. Both coed and girls teams available. Practices are held on weeknights and games are played on Saturday. Players must be at least 5 years old prior to August 31st and not 13 prior to August 31st. Each player's registration includes a team jersey and award for participation. Registration is \$50 per player for members.
- **Start Smart Classes:** Start Smart program is a one on one parent-child teach-learning program for ages 3-5 to teach the basic fundamentals and motor skills to prepare the kids for organized sports. Sports available are basketball, baseball and soccer. The programs are run concurrently with the older kid sports. Registrations are advertised and taken during the sport's practice time frame. The Start Smart program will take place after the second week of a specific sport. (Flag Football, Baseball, Soccer, Basketball)
- **Sports Camps/Clinics:** Available camps/clinics are tennis, basketball, golf, soccer, fitness (ages 6–18), floor hockey, archery, flag football, volleyball and baseball. Camps/Clinics are held during spring break or summer break.

Please look for eligibility under each agency name.

Counseling

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

The A&FRC provides personal and work-life resilience coaching for individuals, couples, and families. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Chapel: 850-884-7795

Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Family Advocacy: 850-881-5061

Family Advocacy offers premarital counseling, marital counseling, crisis intervention, parenting education and consultation, and strength based training. Services provided to: Active Duty, Military Family Members, & intimate partners.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

Provides short-term, non-medical counseling services to service members and their families at no cost. With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential. Services provided to: Active duty and Family Members of AD.

[CLICK](#)

Military One Source: 800-342-9647 (24/7)

Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations. Provides help with money matters, deployment survival information, substance abuse education, Military 101, Transition to civilian life, legal matters, parenting information, and more. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

[CLICK](#)

Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: SOF Active duty, reservists and Family Members of AD.

[CLICK](#)

Sexual Assault Prevention and Response (SAPR) 884-7272 SARC 24/7 Hotline; SARC Non-Emergencies 850-603-7785 cell and 850-884-6094; Staff Victim advocate 850-602-2486 and 850-884-1417

Sexual Assault Response Coordinators (SARCs) and Victim Advocates are available to assist victims (survivors) of sexual assault. Services provided to: Active duty, reservists and Family Members of AD.

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Please look for eligibility under each agency name.

Deployment

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

A&FRC offers the Hearts Apart Program for those who will be or have been separated because of military commitments (deployments, temporary duties, remote tours). Services offered include on-base and off-base resource information, personal support and group activities. A&FRC offers many services across the four phases of the deployment cycle (pre- deployment, deployment, re-deployment and post-deployment) for single and married Airmen and their families. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Chapel: 850-884-7795

The Chapel offers Quarterly Deployed Family Dinners. Chaplains also offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Family Advocacy: 850-881-5061

Family Advocacy offers Strong Families Strong Forces, which utilizes home-based counseling sessions to assist Air Force families with reintegration following deployments. Services provided to: Active Duty, Military Family Members, & intimate partners.

[CLICK](#)

Legal: 850-884-7821

The Legal Office provides assistance with wills, powers of attorney and MANY other civil legal matters (such as landlord/tenant, domestic, and consumer affair issues, etc.). Services provided to Active Duty, Retirees, and their Family Members.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

Provides short-term, non-medical counseling services to service members and their families at no cost. With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential. Services provided to: Active duty and Family Members of AD.

[CLICK](#)

Military One Source: 800-342-9647 (24/7)

Confidential services are available 24 hours a day by telephone and online. Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available through Military OneSource. Provides help with money matters, deployment survival information, substance abuse education, Military 101, Transition to civilian life, legal matters, parenting information, and more. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

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Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: SOF Active duty, reservists and Family Members of AD.

[CLICK](#)

Recreation, Moral and Welfare

Services provided to: Active duty, reservists and Family Members of AD

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Please look for eligibility under each agency name.

Divorce/Breakup

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

The A&FRC provides personal and work-life resilience coaching for individuals, couples, and families. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Chapel: 850-884-7795

Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Family Advocacy: 850-881-5061

Family Advocacy offers cooperative a cooperative parenting and divorce program that is an interactive resource examining the complex realities of divorce. Services provided to: Active Duty, Military Family Members, & intimate partners.

[CLICK](#)

Legal: 850-884-7821

Services provided to Active Duty, Retirees, and their Family Members.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

Provides short-term, non-medical counseling services to service members and their families at no cost. With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential. Services provided to: Active duty and Family Members of AD.

[CLICK](#)

Military One Source: 800-342-9647 (24/7)

Confidential services are available 24 hours a day by telephone and online. Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available through Military OneSource. Provides help with money matters, deployment survival information, substance abuse education, Military 101, Transition to civilian life, legal matters, parenting information, and more. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

[CLICK](#)

Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: SOF Active duty, reservists and Family Members of AD.

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Drug or Alcohol Problems



Drug Demand Reduction
(DDR)

Alcohol & Drug Addiction
Prevention and Treatment
(ADAPT)

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Drug Demand Reduction Program

The **Drug Demand Reduction Program (DDRP)** manages the Military and Civilian Drug Testing Program.

The DDRP supports DoD and Air Force objectives to provide a work place free of illicit drug use and provide a mission-ready fighting force at all times. Drug abuse can seriously damage your physical and mental health and jeopardize your safety and the safety of others.

The Drug Demand Reduction Program (DDRP) Goals:

- Deter military members, including those members on initial entry on active duty after enlistment or appointment, from abusing illegal drugs and other illicit substances.
- Detect and identifies individuals who use and abuse illegal drugs and other illicit substances.
- Ensure Air Force personnel recognize that the wrongful use of anabolic steroids, controlled substances, and other substances such as inhalants, prescription drugs, and over-the-counter medications by Air Force military members is an offense under the UCMJ.
- Assist commanders in assessing the security, military fitness, readiness, and the good order and discipline of their commands.
- Maintains the health and wellness of a fit and ready fighting force and a drug-free Air Force community.
- Enhance mission readiness and fosters a drug free environment through a comprehensive program of education, prevention, deterrence, and community outreach.
- Provide a basis for action against a service member who abuse drugs.

Services: Drug prevention briefings are available to Active Duty, Guard, Reserve, Family Members and Federal Civilian Employees, so they gain a better understanding of the risks associated with substance misuse, as well as referral services available in the local area.

Mission: Deter the use and abuse of controlled illegal substances and misuse of prescription drugs through a comprehensive program of education, prevention, and deterrence. Provide scientifically accurate results that are forensically defensible.

Vision: Provide a drug free Air Force to support global power and global reach for the United States of America.

1 SOW/CVD, Building 90320, Hurlburt Field, FL 32544

Phone: (850) 884-2574 or 884-3992

Hours: 0700-1600, Mon-Fri

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Please look for eligibility under each agency name.

Education

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

The A&FRC provides personal and work-life resilience coaching for individuals, couples, and families. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Education Center: 850-884-6724

The Education Center provides a variety of educational opportunities; programs offered can range from certificates to master's degrees. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Military One Source: 800-342-9647 (24/7)

Provides assistance with educational goals. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

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Education Center

The **Education Center** provides a variety of educational opportunities; programs offered can range from certificates to master's degrees.

Information is available on a variety of education programs offered on- and off-base. Classes are offered during lunch, in the evenings and on weekends in both traditional and accelerated formats including distance learning. Testing is available Monday through Thursday. Testing and counseling are by appointment.

Counseling and academic advising: The Education center is staffed by professionals who will assist you in assessing your educational interests and developing a plan of action to achieve your goals. These counselors will review your experience and previous education, evaluate your learning capabilities, and help you select the right program for you. They will help you take advantage of all your educational benefits including financial aid, identify the necessary examinations to get a certification or high school diploma, and evaluate your military training and experience that may qualify for college credit.

College-degree and certificate programs: Through off-duty education programs, service members can work with accredited colleges and universities to earn an associate, bachelor's, or master's degree or a vocational or technical certificate. These institutions offer classroom instruction on installations worldwide and on ships and submarines. Through online courses, degree programs and other nontraditional methods designed to meet the needs of military students, service members can continue their studies uninterrupted by deployments, temporary duty and military moves. Spouses and Department of Defense civilians may also enroll in classes offered on an installation if space is available.

Tuition Assistance: Tuition assistance is a financial aid benefit for service members pursuing off-duty education, from high school completion through graduate study. You may receive up to 100 percent of the cost of studies and testing for high school completion. There is a limit (per semester hour and per year) on the aid you can receive for college tuition and fees. Only service members are eligible to receive tuition assistance, but there are other financial aid and scholarship programs specifically for military spouses. Visit your education center or the official education website for your service (see links below for Service-specific information).

221 Lukasik Avenue, Building 90220, Hurlburt Field FL 32544

Phone: (850) 884-6724

Hours: 0730-1630, Mon-Fri

Contact a Counselor by emailing: 1SOFSS.FSDE@us.af.mil

Customer Service Counter: Mon, Tue, Thu, & Fri: 7:30am–4:30pm; Wed: 8:30am–4:30pm

[Return to Main](#)

Please look for eligibility under each agency name.

Emergency

CLICK

Airman & Family Readiness Center: 850-884-5441

A&FRC's provide immediate, short-term intervention and referral to appropriate agency or service to assist individuals and families facing crisis situations. The A&FRC also partners with the Air Force Aid Society to assist Airmen and families as financial emergencies occur. And under extreme/large scale emergency situations, the A&FRC stands up the Emergency Family Assistance Control Center (EFAC) at the direction of the Installation Commander and serves as a staging area where families can obtain disaster relief and contingency information and services. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

CLICK

American Red Cross: 1-877-272-7337

The Red Cross Emergency Communications Center quickly and efficiently obtains required information and sends emergency communication messages to service members wherever in the world they happen to be. The American Red Cross also works under partnership agreements with the Air Force Aid Society to provide quality, reliable financial assistance to eligible applicants 24/7/365. Assistance can include funds for emergency travel, burial of a loved one, emergency food and shelter, etc. Emergency Services provided to: Active duty, reservists and Family Members of AD.

CLICK

Chapel: 850-884-7795

Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

CLICK

Family Advocacy: 850-881-5061

Family Advocacy Outreach offers a domestic abuse victim advocate on call 24/7. Services provided to: Active Duty, Military Family Members, & intimate partners.

CLICK

Legal: 850-884-7821

The Legal Office provides assistance with wills, powers of attorney and MANY other civil legal matters (such as landlord/tenant, domestic, and consumer affair issues, etc.). Services provided to Active Duty, Retirees, and their Family Members.

CLICK

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

CLICK

Military One Source: 800-342-9647 (24/7)

Confidential services are available 24 hours a day by telephone and online. Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available through Military OneSource. Provides help with money matters, deployment survival information, substance abuse education, Military 101, Transition to civilian life, legal matters, parenting information, and more. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

****** Air Force Disaster Personnel Accountability and Assessment System (AFPAAS): 1-800-435-9941**

AFPAAS standardizes a method for the Air Force to account, manage, and monitor the recovery process for personnel and their families affected and/or scattered by a wide-spread catastrophic event. Website: Air Force Disaster Personnel Accountability and Assessment System

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Equal Opportunity

The **Equal Opportunity (EO)** office provides guidance in assisting commanders, staff agency chiefs, military and civilian personnel, family members and retirees on equal opportunity and human relations issues.

The Equal Opportunity (EO) program supports mission readiness by ensuring all personnel are provided an equal opportunity to fully use their abilities and talents toward mission accomplishment and enhance morale through fair and just treatment of personnel. EO works to improve mission effectiveness by **promoting an environment free from institutional and personal discrimination**. EO offers help to Commanders/Supervisors to conduct programs for equal opportunity and treatment. Additionally, EO processes formal and informal discrimination/sexual harassment complaints and conducts human relations education. EO also makes referrals to appropriate agencies as necessary.

Military Complaints: You must contact EO within 60 duty days of the alleged discrimination.

Civilian Complaints: You must contact EO within 45 calendar days of the alleged discrimination.

Services for Discrimination Complaints Resolution and Processing	EO Services	Services for Human Relations Education
<ul style="list-style-type: none"> • Formal • Informal • Commander Directed Inquiry (CDI) • Mediation • Equal Opportunity and Treatment Incident (EOTI) Clarification 	<ul style="list-style-type: none"> • Informal/Formal Complaints • Defense Organizational Climate Survey (DEOCS) • Human Relations Education • Specialized EO Training • Alternate Dispute Resolution • Special "Observances" Program • Referral Services 	<ul style="list-style-type: none"> • First Duty Station (FDS) • Newcomers Orientation (NEO) • Airman Leadership School (ALS) • Leadership and Professional Development Seminar (LPDS) • Key Personnel Briefing (KPB) • Customized briefings • Special (Ethnic) Observances

Building 90210, Hurlburt Field FL 32544
Phone: (850) 884-7888
HOURS: 0730 – 1630, Mon-Fri

Exceptional Family Member

[CLICK](#)

Exceptional Family Member-Family Support: 850-884-6830

Exceptional Family Member Program (EFMP) assists families with special needs to find and access resources to benefit and strengthen families. Services provided to: Active Duty members who have at least one family member with ongoing medical, behavioral health, or special educational needs. Federal Civilian Employees will be referred to local agencies.

[CLICK](#)

Exceptional Family Member-Medical: 850-884-2119

The Exceptional Family Member Medical (EFMP) represents the Air Force's commitment to active-duty personnel whose family members require special attention because of medical, psychological, emotional or educational needs. The EFMP consists of the medical portion, the assignment portion and the family support function. Services provided to: Active Duty members who have at least one family member with ongoing medical, behavioral health, or special educational needs.

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Services provided to: Active Duty, Guard, Reserve, and Retirees
Federal Civilian Employees will be referred to local agencies

850-884-6830

Exceptional Family Member Family Support - (EFMP-FS)

Exceptional Family Member Program (EFMP) assists families with special needs to find and access resources to benefit and strengthen families.

EFMP is an Airman and Family Readiness (A&FRC) Program which helps empower parents to advocate for their families allowing each member to meet their greatest potential. The EFMP represents the Air Force's commitment to active-duty personnel whose **family members require special attention because of medical, psychological, emotional or educational needs**. The Air Force's goal for the program is to prevent active-duty assignment failures due to lack of resources for exceptional family members and to minimize stress during permanent changes of station. According to Air Force Instruction 40-701, "Special Needs Identification and Assignment Coordination," enrollment in the program "is mandatory for active-duty members whose family member conditions are determined meet enrollment criteria." The EFMP consists of the medical portion, the assignment portion and the family support function.

The EFMP-FS works with military and community agencies to provide comprehensive and coordinated community support, housing, education, recreational, and personnel services to families with special needs. The ultimate goal is for families to be empowered to improve their quality of life and have the skills to make the best decisions for the individual they are supporting and their family. The EFMP-FS assists families with special needs by helping them identify and access programs and services.

EFMP services include:

- Information and Referral
- Advocacy
- Resources
- Special Events
- Workshops and Trainings
- Respite Care Information
- Tricare ECHO information
- Relocation Assistance
- Financial Resource Information
- Early Intervention Information
- Special Education (IEPs, Section 504)
- State Services

220 Lukasik Avenue, Building 90213, Hurlburt Field FL 32544

Phone: (850) 884-5441 /Fax: (850) 884-2600

Hours: 0730-1630, Mon-Fri

<http://www.myhurlburt.com/afrc.php>

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Exceptional Family Member Medical - (EFMP-M)

The **Exceptional Family Member Medical (EFMP)** represents the Air Force's commitment to active-duty personnel whose family members require special attention because of medical, psychological, emotional or educational needs. The EFMP consists of the medical portion, the assignment portion and the family support function.

This mandatory DoD program **identifies medical, behavioral health and educational service requirements of family members in support of active duty sponsor reassignment and civilian employment** both within the Continental United States (CONUS) and for overseas (OCONUS) assignments, to include Alaska, Hawaii and US Territories. EFMP-M personnel provide families with primary and specialty care administrative requirements (forms), information on assignment consideration and information on medical, behavioral health and special education assistance.

The Air Force's goal for the program is to prevent active-duty assignment failures due to lack of resources for exceptional family members and to minimize stress during permanent changes of station. According to Air Force Instruction 40-701, "Special Needs Identification and Assignment Coordination," enrollment in the program "is mandatory for active-duty members whose family member conditions are determined meet enrollment criteria."

Eligibility: Enrollment is required for all active duty members who have at least one family member with ongoing medical, behavioral health or special educational needs.

113 Lielmanis Avenue, Building ---, Hurlburt Field, FL 32544
Phone: (850) 850-884-5108
Hours: 0730 - 1600, Mon-Fri

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Family

Airman & Family Readiness Center: 850-884-5441

The A&FRC assists service members and their families in identifying and clarifying personal and work-life needs, determining appropriate forms of assistance, and providing linkage to on- and off-base resources. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

Chapel: 850-884-7795

The Chapel offers Annual Family Retreats and Weekly Worship Services, Adult Bible Study, Adult Sunday School, KJV Bible Study, Walking With Christ, Friday Night Fellowship and Discover Discipleship. Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

Child Care: Services provided to Federal Civilian Employees, NAF Civilians, DECA, Air Reserve Technicians, & their families.

Children/Youth/Teen: Services provided to Federal Civilian Employees, NAF Civilians, DECA, Air Reserve Technicians, & their families.

Family Advocacy: 850-881-5061

The Family Advocacy Program works to prevent abuse by offering maltreatment programs, anger management, stress management, and counseling. Family Advocacy also offers a variety of new parent support programs. Services provided to: Active Duty, Military Family Members, & intimate partners.

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

Military Family Life Counselors (MFLC) Click for list of MFLCS

Provides short-term, non-medical counseling services to service members and their families at no cost. With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential. Services provided to: Active duty and Family Members of AD.

Military One Source: 800-342-9647 (24/7)

Resources with Internet, telephone, and face-to-face counseling. Provides help with money matters, deployment survival information, substance abuse education, Military 101, Transition to civilian life, legal matters, parenting information. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

Preservation of the Force and Families Click for list of POTFF Providers

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

School Liaison Officer (for military children): 850-884-5441

The School Liaison Program aims to connect schools, families and communities in order to meet the educational needs of the military associated child. Services provided to: Active duty, reservists and Family Members of AD



Services provided to: Active Duty, Military Family Members,
& Married as well as unmarried intimate partners.

850-881-5061

Family Advocacy

The **Family Advocacy Program (FAP)** serves to build healthy military families, free of child and partner abuse and neglect.

Prevention Programs: FAP works to prevent domestic abuse and child abuse and neglect by providing education and awareness programs for all members of the military community. Couples Communication, Anger Management, Stress Management, Effective Parenting, and Conflict Resolution are just a few of the educational programs available to help military families learn how to build positive relationships. FAP also provides educational programs to leadership and to service members during unit training.

Maltreatment Intervention: When abuse or neglect occurs, the FAP works to ensure the safety of each family member and to help each member overcome the effects of violence and change destructive behavior patterns. When an allegation of abuse or neglect is reported, FAP professionals meet individually with victims, offenders, and other family members to gather information about the allegation and the family's history. This information, along with information from other sources, is used to develop recommendations for follow-up action. A Domestic Abuse Victim Advocate is available to support adult victims of domestic violence. Restricted Reporting of domestic abuse is an option in some cases. Through public awareness campaigns, the FAP works to help communities learn to recognize domestic and child abuse, where and how to report it, and how victims can get help. **All Hurlburt Field personnel are mandated reporters of suspected family maltreatment.**

New Parent Support Program (NPSP): Active duty service members, family members, reservists, and retired military members with a child under the age of 3 years may participate in NPSP. The program offers home visitation, parenting education, and other services to help young families provide a safe and nurturing environment for their children. The NPSP provides professional support, counseling & education for new parents and parents with children up to three years old with the tools and information they need to be successful parents. The NPSP offers expectant parent's classes in Baby Basics. NPSP nurses provide health, nutrition, breastfeeding, and child development information.

Counseling - Strong Families/Strong Forces: Sometimes counseling is the best way for individuals and couples to understand and change attitudes, impulses, and patterns of interacting that contribute to hurtful and potentially violent behavior. One-on-one support helps parents develop positive parenting techniques, manage anger, and learn communication skills. Strong Families, Strong Forces is one of the FAP offerings that utilizes home-based counseling sessions to assist military families with reintegration following deployments.

120 Simpson Ave, Bldg 90320, Hurlburt Field, FL 32544

Phone: (850) 881-5061

Hours: 0700-1630

[Click here for additional
information](#)

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Services provided to: Active Duty, Military Family Members,
& Married as well as unmarried intimate partners.

850-881-5061

Family Advocacy Victim Advocate

Family Advocacy **takes action to protect victims** from further abuse and help them heal.

Victim Advocates support victims by providing the following services:

- Confidentiality with a restrictive reporting option.
- Help finding shelter and other support.
- Help getting a Military Protective Order (MPO).
- Counseling services. Clinical counselors offer counseling services and, if appropriate, can help the victim find counseling, whether through a Military OneSource counselor or a civilian counselor in the local community.
- Intervention with civilian agencies on behalf of victims.
- Help preparing a safety plan. If you're not yet prepared to talk to someone, you can still develop a safety plan. Safety planning information is available on several Web sites, including the National Coalition against Domestic Violence and the National Domestic Violence Hotline.
- Victims do not need to have an open FAP case to access the DAVA.

Emergency Abuse Hotlines:

24/7 Domestic Abuse Hotline: 1-800-44-ABUSE (22873)

24/7 Child Abuse Hotline: 1-800-96 ABUSE (22873)

120 Simpson Ave, Bldg 90320, Hurlburt Field, FL 32544

Phone: (850) 881-5061

Hours: 0700-1630

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Please look for eligibility under each agency name.

Finances/Money

[CLICK](#)

Airman & Family Readiness Center: 850-881-5441

The A&FRC assists members and their families in the development of a financial plan that addresses consumer education and awareness, savings information, credit and debt management, credit score review and rebuilding as well as retirement planning. Services provided to Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees. Consider making an appointment with a financial counselor at the A&FRC to set up a budget.

[CLICK](#)

Chapel: 850-881-7795

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[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

Provides short-term, non-medical counseling services to service members and their families at no cost. With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential. Services provided to: Active duty and Family Members of AD.

[CLICK](#)

Military One Source: 800-342-9647 (24/7)

Resources with Internet, telephone, and face-to-face counseling. Provides help with money matters, Military 101, Transition to civilian life, legal matters, and more. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

[CLICK](#)

Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

*****Airman's Attic: 850-884-7769**

The Airman's Attic takes community donations and offers them free of charge to Airmen E-6 and below and their family members including furniture, small appliances, children's clothing and uniform items.

*****Thrift Shop: 850-884-3098**

Donations are gladly accepted at the thrift shop as well as items to be sold on consignment. Shoppers can buy and/or sell their items on consignment and receive a percentage of the proceeds when their item sells.

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Grief

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

The A&FRC assists service members and their families in identifying and needs, determining appropriate forms of assistance, and providing linkage to on- and off-base resources. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Chapel: 850-884-7795

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[CLICK](#)

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[CLICK](#)

Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

Please look for eligibility under each agency name.

Harassment

[CLICK](#)

Area Defense Council: 850-884-5216

The Area Defense Counsel is a military attorney who represents any Airman accused of a crime or facing adverse action by the Air Force (such as a Letter of Reprimand). Services provided to: Active Duty.

[CLICK](#)

Chapel: 850-884-7795

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[CLICK](#)

Equal Opportunity: 850-884- 7888

The Equal Opportunity (EO) office provides guidance in assisting commanders, staff agency chiefs, military and civilian personnel, family members and retirees on equal opportunity and human relations issues. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Inspector General: 850-884- 5534

IG provides a fair and credible system for processing complaints; i.e., formal assertions of wrongdoing; violations of law, regulation, instruction, policy, procedure, or rule; or conditions detrimental to the operation, mission, or reputation of the Air Force. Services provided to Active Duty, Retirees, and their Family Members.

[CLICK](#)

Legal: 850-884-7821

The Legal Office provides assistance with MANY civil legal matters (such as landlord/tenant, domestic, and consumer affair issues, etc.). Services provided to Active Duty, Retirees, and their Family Members.

[CLICK](#)

Sexual Assault Prevention and Response (SAPR) 884-7272 SARC 24/7 Hotline; SARC Non-Emergencies 850-603-7785 cell and 850-884-6094; Staff Victim advocate 850-602-2486 and 850-884-1417

The Sexual Assault Response Coordinator (SARC) office provides a 24-hour, seven-day a week sexual assault response capability for all victims. Anyone who feels they have been a victim of sexual assault may contact the SARC office. After you contact the SARC office, you will be assigned a trained Victim Advocate. Your Victim Advocate will explain reporting options, and may meet you at the hospital for a medical evaluation, treatment and examination. It is your option to accept or decline victim advocacy. Services provided to: All Military & Family Members, and all DoD Civilians.

[Return to Main](#)

Please look for eligibility under each agency name.

Health

[CLICK](#)

Health and Wellness Center: 850-884-4292

Health and Wellness Center (HAWC) programs include all areas of nutrition and fitness education, weight management, tobacco cessation and stress management. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Medical Clinic: 850-881-1020

The 1st Special Operations Medical Group (1 SOMDG) provides medical/clinic services to Hurlburt's population. Services provided to Active Duty, Retirees, and their Family Members.

[CLICK](#)

Military One Source: 800-342-9647 (24/7)

Specialty consultations, are available through Military OneSource. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

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Health and Wellness Center

The **Health and Wellness Center (HAWC)** provides guidance, education, and assistance to support commanders in cultivating a fit and healthy force and to support AD members and their families to adopt healthy lifestyle behaviors.

Health Promotion is the science and art of helping people change their lifestyle to move toward a balance of physical, emotional, intellectual, social and spiritual health. Health and Wellness Center (HAWC) programs include **all areas of nutrition and fitness education, weight management, tobacco cessation and stress management**. These programs are **FREE** to ALL active duty, their family members, and retired personnel. All classes require pre-registration.

The HAWC is **staffed by subject matter experts**, including a Registered Dietitian, Exercise Physiologist, Health & Fitness Specialist, and a Health Educator who are accessible for individual AD members, units, or family members wanting assistance in eating healthier, managing weight, being more physically active, and/or quitting tobacco use.

HAWC services include:

- Body Composition (InBody / Bod Pod)
- Corrective Exercise
- Diabetes Nutrition/Fitness
- Exercise Prescription (Ex Rx)
- Foam Rolling
- Gait Analysis
- Healthy Cooking on a Budget
- Healthy Heart
- Health & Fitness
- Injury Rehabilitation
- MOVE (Previously known as Better Body, Better Life)
- Nutrition Coaching
- PTL Training/PTL Refresher
- Post-Pregnancy PT
- Prenatal Nutrition
- Sleep Smart
- Stress Management
- Tobacco Cessation

452 Cody Avenue, Bldg 90232, Hurlburt Field, FL 32544

Phone: (850) 884-4292 (HAWC)

Hours: 0800-1630

[Return to Main](#)

Hurlburt Welcome Center

The **Hurlburt Welcome Center** is a centralized location to welcome all of our new airmen and their families to Team Hurlburt and provides streamlined in-processing across the installation.

The Welcome Center is your **one-stop-shop for all Hurlburt Field newcomer actions** to include: personnel in-processing; PCS travel voucher submissions; Tricare updates; help with updating required paperwork, and scheduling of follow-on appointments— such as the Newcomer's Orientation briefing, the Commando Ready program and mandatory Commando Pride Airman Center (CPAC) classes. In addition to assisting Hurlburt Airmen with in-processing actions, the Welcome Center also provides brochures and information about the local area are also available at the center to assist members with their transition.

The Welcome Center also has a personalized **Right Start Program** that connects airmen and their families with Hurlburt Field and the community. This initiative is led by unit assigned sponsors that guide airmen through the gaining process and introduce them to the local area, base, and their gaining unit. Upon arrival to Hurlburt, in-bound members will be escorted to the Welcome Center by their sponsor. If they are not assigned a sponsor for whatever reason, they can call or come into the Welcome Center directly for assistance.

The Welcome Center always look forward to welcoming new Commandos to Hurlburt Field. **No appointments are necessary.** In-bound members can expect to in-process with the Welcome Center personnel team, complete their SGLI form, update their vRED, register for TriCare, complete their travel voucher, and be scheduled for mandatory appointments. All this can be accomplished on the same day at the same place so members can begin their house hunting leave the next day.

Members should bring three copies of orders and all receipts for travel vouchers in order to ease the process. Members will be given an in-processing checklist that will detail everything needed to be accomplished prior to reporting to their unit. If you have any questions about the Welcome Center or your PCS to Hurlburt, please do not hesitate to call and they will be happy to assist.

424 Cody Avenue, Building 90229, Hurlburt Field, FL 32544

Phone: (850) 884-4815

Hours: 0730-1530

<http://www.hurlburt.af.mil/AboutUs/Newcomers.aspx>

Please look for eligibility under each agency name.

Injury (Emotional/Physical)

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

Air Force Wounded Warrior Program (AFW2) supports Airmen who have been injured or wounded in the AOR and their families. Support services include extended transition assistance and five-year case management follow-up. Services provided to: Active Duty, Guard, Reserve, Retirees.

[CLICK](#)

Chapel: 850-884-7795

Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Health and Wellness Center: 850-884-4292

Health and Wellness Center (HAWC) programs include all areas of nutrition and fitness education, weight management, tobacco cessation and stress management. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Medical Clinic: 850-881-1020

The 1st Special Operations Medical Group (1 SOMDG) provides medical/clinic services to Hurlburt's population. Services provided to Active Duty, Retirees, and their Family Members.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

Provides short-term, non-medical counseling services to service members and their families at no cost. With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential. Services provided to: Active duty and Family Members of AD.

[CLICK](#)

Military One Source: 800-342-9647

Confidential services are available 24 hours a day by telephone and online. Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available through Military OneSource. Provides help with money matters, deployment survival information, substance abuse education, Military 101, Transition to civilian life, legal matters, parenting information, and more. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

[CLICK](#)

Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

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Inspector General

(Complaints Resolution)

The **Inspector Generals goal** is to ensure adherence to DOD and AF policies, standards, and programs. IG provides a fair and credible system for processing complaints; i.e., formal assertions of wrongdoing; violations of law, regulation, instruction, policy, procedure, or rule; or conditions detrimental to the operation, mission, or reputation of the Air Force.

The **1st Special Operations Wing Inspector General (IG)** also oversees the base's complaints and Fraud, Waste, & Abuse programs; and its primary charge is to ensure a viable, responsive complaints program characterized by fairness, integrity and impartiality. IG also assesses unit readiness through a combination of base-wide exercises and the installation's self-inspection program. In this regard, it's also responsible for planning, executing and evaluating exercise scenarios in order to provide wing leadership a site picture of the wing's response capability.

Matters/Complaints Appropriate for the IG:

Fraud, waste, and abuse or gross mismanagement; a violation of law, policy, procedures, instructions, or regulations; an injustice; abuse of authority, inappropriate conduct, misconduct, and allegations of restriction or reprisal.

If you have a complaint:

Use your chain or command or local resources first; contact the IG if you're still unable to resolve the issue.

Who Can Consult/File a Complaint with the IG: Anyone. Including: military members, civilian employees, retirees, family members, or any other parties who allege fraud, waste, abuse, or other wrongdoing.

The Inspector General serves commanders/directors and their assigned organizations by executing the complaint resolution process designed to:

- Indicate where commander involvement is needed to correct systemic, programmatic, or procedural weaknesses and ensures resources are used effectively and efficiently
- Resolve issues affecting the Air Force mission promptly and objectively
- Create an atmosphere of trust in which issues can be objectively and fully resolved without retaliation or the fear of reprisal
- Assist commanders in instilling confidence in Air Force leadership

Building 90325, Hurlburt Field, FL 32544

Phone: (850) 884-5534

Hours: 0730 1630

[Click here for additional information](#)

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Inspector General

(Complaints Resolution)

IG then performs a thorough complaint analysis to determine the most effective resolution strategy to resolve the issue(s), normally resulting in one or more of the following:

Assist: No evidence or assertion of personal wrongdoing exists, but we help remedy a personal problem. Example: Assisting an individual to contact the agency most appropriate to resolve their concern; e.g., pay or EPR/OPR issues.

Refer: When the issue would be more appropriately handled by an organization or agency outside the Air Force IG system or if the complaint is a command issue. Examples: Matters concerning civilian employment are referred to the Civilian Personnel Office. Allegations of financial irresponsibility are referred to applicable commander.

Transfer: When a matter is appropriate for IG action, but an IG other than the one receiving the complaint should resolve it. Example: Allegations pertaining to a unit at a base from which the complainant has recently PCS'd.

Investigation: Investigations of restriction (e.g., a military member has been restricted from making a lawful communication to an IG); reprisal (e.g., a member has received an unfavorable personnel action for making a legally protected communication); or an improper mental health evaluation.

Dismiss: When an IG investigation is not appropriate. Example: If there is no reasonable evidence of a process problem or a standard being violated.

Building 90325, Hurlburt Field, FL 32544

Phone: (850) 884-5534

Hours: 0730 1630

*Please contact the law center for more information on eligibility

Legal Office

Air Force **Legal Office/Judge Advocate/Attorneys** provide free legal services and advice on personal, civil legal matters to eligible beneficiaries.

The Legal Office, or the Office of the Staff Judge Advocate, provides legal assistance to active-duty, reserve component on orders or pending deployment and retired military members and their military identification card-eligible dependents. All services are free of charge.

Legal Office services include:

- Wills
- Powers of attorney
- MANY other civil legal matters (such as landlord/tenant, domestic, and consumer affair issues, etc.)

Legal assistance services are provided:

- On a walk-in basis only on Mondays from 1300 – 1500 and Thursdays on 0900 – 1100
- Wills are provided on a walk-in basis only on Tuesdays 0900 – 1000 and Wednesdays 1300 – 1400
- Notary public and power of attorney services are provided Monday through Friday 0900 –1500

Note: Prior to attending walk-in hours for legal assistance, wills, and power of attorney services customers must complete the respective worksheet at <https://aflegalassistance.law.af.mil>.

- At the Legal Assistance webpage, select "Legal Worksheets." Please select the appropriate link and follow prompts. Yu will need to print and bring the worksheet to bring to your visit.
- Once the form is completed, the website provides a ticket number (case sensitive). You will also need your ticket number for your visit.

212 Lukasik Avenue, Building 90210, Room 255, Hurlburt Field, FL
Phone: (850) 884-7821

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Please look for eligibility under each agency name.

Loneliness

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

The A&FRC provides personal and work-life resilience coaching for individuals, couples, and families. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Chapel: 850-884-7795

The Chapel offers Adult Bible Study, Adult Sunday School, KJV Bible Study, Munch and Mend, Walking With Christ, Friday Night Fellowship Discover Discipleship, Protestant Women of the Bible, and Protestant Men of the Chapel (PMOC). Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) Click for list of MFLCS

Provides short-term, non-medical counseling services to service members and their families at no cost. With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential. Services provided to: Active duty and Family Members of AD.

[CLICK](#)

Military One Source: 800-342-9647

Confidential services are available 24 hours a day by telephone and online. Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available through Military OneSource. Provides help with money matters, deployment survival information, substance abuse education, Military 101, Transition to civilian life, legal matters, parenting information, and more. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

[CLICK](#)

Recreation/Morale/Welfare

Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees

[CLICK](#)

Preservation of the Force and Families Click for list of POTFF Providers

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

[CLICK](#)

Single Airman Program Initiative: 850-884-5080

Trips, events and resources that foster a strong culture, mission, and sense of community for single Airmen. All programs and activities are FREE.

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Medical Clinic

The **1st Special Operations Medical Group (1 SOMDG)** provides medical/clinic services to Hurlburt's population.

Appointments: Routine/Non-Urgent; Call the Appointment line at 850-881-1020.

Urgent Care Visits: Call Appointment line at 850-881-1020. For after hours care, call the appointment line and follow the prompts for the Nurse Line. You must receive approval from the on-call Nurse prior to visiting an OFF-BASE urgent care center or you will be responsible for any charges.

1st Special Operations Medical Group Medical Clinics include:

- Flight Medicine
- Immunizations
- Women's Health
- Pediatrics
- Family Medicine
- Optometry
- Physical Therapy
- Mental Health
- Pharmacy
- Laboratory/Radiology
- Dental - Active Duty Only
- Chiropractor Clinic - Active Duty Only

Note-- Medical Clinic Closures:

- 1st and 3rd Wednesday of each month at 1200 for unit training
- Wing down days, safety days, and Federal Holidays

Other Options: The Eglin 96th Medical Group is much larger and nearby serving approximately 91,000. Eglin currently has four separate units including medical, surgical, obstetrical and psychiatric. There is a Ronald McDonald House on the campus of Sacred Heart Hospital in Pensacola, for use by military members and their dependents who are referred to hospitals in the Pensacola area. There is a Fisher House located on Eglin Air Force Base. Eligible beneficiaries include active duty, reserve/guard, veterans, retirees and family members - as long as any of the above-mentioned individuals are receiving care at the Eglin Hospital or similar local medical facility.

113 Lielmanis Ave, Building 910201, Hurlburt Field, FL 32544

Phone: (850) 881-1020

Clinic Hours: 0700 - 1630, Mon-Fri

Please look for eligibility under each agency name.

Mental

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

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[CLICK](#)

Family Advocacy: 850-881-5113

Family Advocacy Outreach offers educational classes including Stress & Anger Management. Services provided to: Active Duty, Military Family Members, & intimate partners.

[CLICK](#)

Health and Wellness Center: 850-884-4292

Health and Wellness Center (HAWC) offers stress management classes. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

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[CLICK](#)

Military One Source: 800-342-9647

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[CLICK](#)

Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

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Mental Health

Services provided at the **Mental Health Clinic** include individual, group and psycho-educational treatment for stress, depression, anxiety, marital discord, military duty issues, adjustment difficulties, loss or death, family difficulties, management of anger and physical pain, communication problems, sleep disturbance, and other mental health-related concerns.

Psychology services provide stress management classes and traumatic stress pre- and post-exposure briefings. Psychology services also provide extensive consultation to command and civilian entities on mental health issues. Military evaluations for Air Force special clearances or duty are arranged as required by Air Force instruction or policy.

Active Duty may **self-refer** by calling the MHC for an initial appointment. Members are **encouraged to seek help before problems become severe or disruptive** enough to have a negative impact on an individual's health, family, career, or mission. Mental health services are best used early when the opportunity for a positive outcome is highest.

Every effort is made to provide **privacy and confidentiality** for individuals seeking help. With the exception of individuals on the Personnel Reliability Program, unit leadership is not routinely notified of an active duty member's participation in MH services unless it is determined that the member's behaviors will significantly interfere with duty performance, the mission, in situations where there is danger to self and/or others, or there is a need to engage the command's support of the member.

Dependents may self-refer for mental health services by calling Value Options at 1-800- 700-8646; there is no need for a referral.

113 Lielmanis Ave, Building 910201, Hurlburt Field, FL 32544
Phone: (850) 881-4237
Hours: 0700 - 1600, Mon-Fri

[Click here for additional
information](#)

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Mental Health

Mental Health Services Include:

- **Treatment Services:** The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Medication evaluation and treatment is also available.
- **Educational Classes:** The Mental Health Clinic offers a wide variety of psycho-educational classes designed to help individuals cope and function more effectively. Stress and Anger Management are popular classes that are offered frequently.
- **Outreach:** The goal of Outreach is to reduce the stigma associated with mental health. We can be invited to attend your unit's PT sessions, do an informal unit social visit and provide briefings on any mental health related topic.
- **Suicide Prevention:** The Mental Health Clinic can provide suicide prevention information to all personnel. The goal is to reduce stigma and train personnel to identify individuals at risk and intervene appropriately.
- **Disaster Mental Health:** Disaster Mental Health services are designed to help personnel involved in a potentially traumatic event understand and process their reactions in order to speed recovery and prevent later problems. We can provide education and consultation within 24-48 hours of a Commander's request.
- **Crisis Intervention:** Available for those individuals who are suicidal or having severe difficulty coping. Emergency evaluations may be available at a Commander's request for individuals they feel may be suicidal, homicidal, or unable to care for themselves.

113 Lielmanis Ave, Building 910201, Hurlburt Field, FL 32544
Phone: (850) 881-4237
Hours: 0700 - 1600, Mon-Fri

Military Family Life Counselors

The **Military Family Life Counselor (MFLC)** program provides confidential, short-term, non-medical counseling services to service members and their families at no cost.

Need to talk? Military families face unique challenges. They may struggle with issues such as deployment-related stress, reintegration and pressures of managing parenting and finances while a loved one is deployed. To support military families facing these or additional challenges, MFLCS are available to talk it out.

MFLC services include:

- Confidential, short-term, non-medical counseling services to service members and their families at no cost.
- Psycho-education to help military service members and their families understand the impact of deployments, family reunions following deployments and other stresses related to the military life
- Augments existing military support services
- Flexible service delivery (can provide services on or off of military installations)
- Can provide services to individuals, couples, families and groups

*With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential.

Counseling Available:

- Life skills
- Anger management
- Communication
- Relationship issues
- Conflict resolution
- Parenting
- Decision-making skills
- Military lifestyle
- Deployment stress
- Coping skills
- Homesickness
- Relocation adjustment
- Reintegration
- Separation
- Building resiliency
- Sadness, grief and loss

About Military and Family Life Counselors:

- Masters or Doctorate-level licensed counselors
- Work with families, individuals, couples and children
- Work with existing military and family support programs to complement services provided

Military and Family Life Counselors Contact Information:

Available on the next page

[Click here for additional information](#)

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Military Family Life Counselors

A&FRC (Team Hurlburt/Base Wide)	(850) 533-9297
Special Operations Forces	(850) 598-6285
Special Operations Group	(850) 382-4853
Mission Support Group	(850) 420-0287
Maintenance Group	(850) 218-9507
Child Development Center Main	(850) 533-9295
Child Development Center West	(850) 533-9296
Child Development Center East	(850) 461-5632
School Age and Youth Center	(850) 461-5952
24th Special Operations Wing	(850) 737-1472
24th Special Operations Wing (Finances only)	(850) 884-5606

Schooled-based (Elementary, Middle and High School) MFLCs are available at numerous schools in Escambia, Santa Rosa and Okaloosa County-- Contact the school's counselor for availability of and MFLC's contact information.

**Upon calling, if MFLC is not available to answer your call-- you must leave a message requesting a call back to authorize a called back.

**If you are geographically located close to Eglin, or for any reason want to speak to a Eglin MFLC, contact the Eglin Airman & Family Readiness Center for a list of Eglin MFLCs: 850-882-9060

Please look for eligibility under each agency name.

Military Life Style

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

The A&FRC assists service members and their families in identifying and clarifying personal and work-life needs, determining appropriate forms of assistance, and providing linkage to on- and off-base resources. The A&FRC also offers Welcome Spouse, Heart Link (AF 101), and the Key Spouse Program. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Chapel: 850-884-7795

Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Family Advocacy: 850-881-5061

Family Advocacy Outreach offers educational classes including Stress & Anger Management as well as offers family readiness for deployment and reunification. Services provided to: Active Duty, Military Family Members, & intimate partners.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

Provides short-term, non-medical counseling services to service members and their families at no cost. With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential. Services provided to: Active duty and Family Members of AD.

[CLICK](#)

Military One Source: 800-342-9647

Confidential services are available 24 hours a day by telephone and online. Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available through Military OneSource. Provides help with money matters, deployment survival information, substance abuse education, Military 101, Transition to civilian life, legal matters, parenting information, and more. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

[CLICK](#)

Recreation/Morale/Welfare

Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees

[CLICK](#)

Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

[CLICK](#)

Single Airman Program Initiative: 850-884-5080

Trips, events and resources that foster a strong culture, mission, and sense of community for single Airmen. All programs and activities are FREE.

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Military One Source

Military OneSource has policy and programmatic information, helpful resources, products, counselors, articles and tips on numerous topics related to military life. Confidential services are available 24 hours a day by telephone and online.

Military OneSource is a **confidential** Department of Defense-funded program providing comprehensive information on every aspect of military life at no cost to active duty, Guard and Reserve Component members, and their families. Types of information provided include: deployment, reunion, relationship, grief, spouse employment and education, parenting and childhood, and much more. It is a virtual extension to installation services.

Military One Source's web page: provides information on a number of issues such as spouse education and career opportunities, issues specific to families with a member with special needs, health coaching, financial support, and resources.

Military OneSource confidential non-medical counseling services: can be provided online, via telephone, or face to face. Eligible individuals may receive confidential non-medical counseling addressing issues requiring short-term attention, including everyday stressors, deployment and reintegration concerns, parenting, grief and loss, and marital problems as well as assistance with financial management, taxes, career services, health and wellness, and much more. This personalized support is available 24/7 no matter where you live or serve.

Providing information and resources to help deal with the unique challenges of military life, such as: Casualty Assistance; Child Abuse and Domestic Abuse; Children, Youth & Teens; Commissaries & Exchanges; Crisis and Prevention; Deployment; Disaster Resources; EFMP/Special Needs; Employee Assistance Program; Healthy Base Initiative; K-12 and College Education; Legal Information; Money Management; Morale, Welfare & Recreation; Moving; Non-Medical Counseling; Parenting; Relationship Health & Family Wellness; Sexual Assault; Spouse Education & Career Opportunities; Transition Assistance; Voluntary Education; and Wounded Warrior.

www.militaryonesource.mil

1-800-342-9647 (24/7)

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New Parent

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

The A&FRC assists service members and their families in determining appropriate forms of assistance, and providing linkage to on- and off-base resources. The A&FRC also hosts Bundles for Babies, a seminar providing pertinent information to new and expectant parents. The program emphasizes budgeting family income, staying out of debt, starting an emergency savings account, proper nutrition and life with a new baby in the family. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Chapel: 850-884-7795

Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Family Advocacy: 850-881-5061

Family Advocacy offers new parent support programs such as OB orientation, dads: the basics class, baby basics class, one-on-one parenting toddlers, prenatal fitness class, prenatal nutrition class, childbirth class, breastfeeding class, sibling class, and bundles for babies workshops.

Services provided to: Active Duty, Military Family Members, & intimate partners.

[CLICK](#)

Health and Wellness Center: 850-884-4292

Health and Wellness Center (HAWC) offers stress management classes. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

Provides short-term, non-medical counseling services to service members and their families at no cost. With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential. Services provided to: Active duty and Family Members of AD.

[CLICK](#)

Military One Source: 800-342-9647

Confidential services are available 24 hours a day by telephone and online. Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available through Military OneSource. Provides help with money matters, deployment survival information, substance abuse education, Military 101, Transition to civilian life, legal matters, parenting information, and more. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

[CLICK](#)

Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

Parenting

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

The A&FRC assists service members and their families in determining appropriate forms of assistance, and providing linkage to on- and off-base resources. The A&FRC also hosts Bundles for Babies, a seminar providing pertinent information to new and expectant parents. The program emphasizes budgeting family income, staying out of debt, starting an emergency savings account, proper nutrition and life with a new baby in the family. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

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[CLICK](#)

Family Advocacy: 850-881-5061

Family Advocacy Outreach offers parenting education and consultation, dads basics class, baby basics class, one-on-one parenting toddlers, sibling class, parenting class, and bundles for babies workshops. Services provided to: Active Duty, Military Family Members, & intimate partners.

[CLICK](#)

Health and Wellness Center: 850-884-4292

Health and Wellness Center (HAWC) offers stress management classes. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

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[CLICK](#)

Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

Please look for eligibility under each agency name.

PCS/Relocation/Moving

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

The A&FRC offers 20 hours of free childcare through the Childcare for PCS Program and has household items (such as pots, pans, dishes, blow up mattresses to loan). The A&FRC also assists service members and their families in identifying and determining appropriate forms of assistance, and provide linkage to on- and off-base resources. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Commando Welcome Center

The Commando Welcome Center is a centralized location to welcome all of our new airmen and their families to Team Hurlburt and provides streamlined in-processing across the installation. Services provided to: Active duty, reservists and Family Members of AD.

[CLICK](#)

Chapel: 850-881-7795

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[CLICK](#)

Preservation of the Force and Families [Click for list of POTFF Providers](#)

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*****Airman's Attic: 850-884-7769**

The Airman's Attic takes community donations and offers them FREE of charge to Airmen E-6 and below and their family members including furniture, small appliances, children's clothing, uniform items and much, much more.

*****Thrift Shop: 850-884-3098**

Donations are gladly accepted at the thrift shop as well as items to be sold on consignment. Shoppers can buy and/or sell their items on consignment and receive a percentage of the proceeds when their item sells.

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Preservation of the Force & Family (POTFF)



Preservation of the Force and Family (POTFF) is charged with building and implementing a holistic approach (Human Performance, Psychological Performance, Spiritual Performance, and Social Performance) to address the pressure on the force and families.

The goal of POTFF is to maintain and improve readiness, operational effectiveness, and the immediate and long-term well-being of the Special Operations Force (SOF). This effort is **based on the number one SOF Truth that “humans are more important than hardware,”** and focused on preserving unit integrity, prolonging careers, and ensuring readiness.

POTFF helps SOF members and families enhance their quality of life and well-being by developing and operating systems that provide information, offer support and outreach, promote involvement, and prevent isolation. POTFF initiatives are primarily preventive in nature and are intended to reduce incidences of behavioral health problems throughout the force.

POTFF SharePoint: <https://teams.afsoc.af.mil/sites/hurlburtresilience/POTFF/default.aspx>

POTFF Psychologists, Licensed Clinical Social Workers, Psych Techs: Focus on individual and on unit-level issues and provide education, face-to-face consultation, counseling, and workshops that are specific to the individual and/or unit. They can help reduce symptoms associated with various chronic conditions and/or help one to cope better with a variety of conditions such as: bereavement, depression, insomnia, stress and anxiety management, time management, and more.

POTFF Community Programs & Peer Network Coordinators (CPPNCs): Provide coordination and/or evaluation of resiliency programs and services/resources that contribute directly and positively to the preservation of their assigned unit's force and families. Also organize a network of volunteer Peer Supporters under the Peer to Peer (P2P) program.

POTFF Peer to Peer (P2P) Program and Peer Supports: P2P is a volunteer program that provides training and support to unit members (Peer Supporters) on skills to help them become effective mentors for other unit members. Peer Supporters leverage shared experiences to foster trust, decrease stigma and create a sustainable forum for seeking help and sharing information about support resources, as well as positive coping strategies. If you would like to talk to a Peer Supporter and are unsure how, contact your unit's CPPNC (click link below).

P2P Training SharePoint (to sign-up /become a Peer Supporter):

<https://teams.afsoc.af.mil/sites/hurlburtresilience/POTFF/Shared%20Documents/Peer%20Mentor%20Sign%20Up%20Master.pdf>

[Click here for a list of POTFF Providers and Associates](#)

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Preservation of the Force & Family (POTFF)



1st Special Operations Wing (1SOW)

- Mental Health Tech (SOMDG): Morgan Greenway 850-881-4237
- Nurse Case Manager (SOMDG): Stacey Eckert 850-881-4237

1st Special Operations Group (1SOG)

- Clinical Psychologist (34th SOS, 319th SOS, 11 IS): Dr. Joan Cook 260-602-5373
- Clinical Psychologist (1 SOSS, 25th IS): Dr. Malloree Smith 850-420-4281
- Licensed Clinical Social Worker (4th SOS, 23rd Weather, Det 2): Jerri Moore, 850-902-5483
- Licensed Clinical Social Worker (8th, 15th): Tracey Phillips 850-598-6081
- Community Programs & Peer Network Coordinator: Marisa Olin 850-884-6250

1st Special Operations Maintenance Group (1MXG)

- Licensed Clinical Social Worker: Carol Andrus 850-884-2510
- Psychological/Mental Health Technician: Jennifer Weigold 850-884-4199
- Community Programs & Peer Network Coordinator: Ellen Watson 850-884-5852 884-5852

1st Special Operations Mission Support Group (1SOMSG)

- Licensed Clinical Social Worker: Patricia Walsh 850-884-1045
- Community Programs & Peer Network Coordinator: Christina Lewis 850-884-7549

Air Force Special Operations Command (AFSOC)

- Community Programs & Peer Network Coordinator: Lisa Dunaway 850-884-6064
- Community Programs & Peer Network Coordinator: Kalie Walters 850-884-2025
- Defense Ready Component Manager: Paul Jones 850-884-4806



Preservation of the Force & Family (POTFF)



23rd Special Tactics Squadron (23STS)

- Licensed Clinical Social Worker: Monisha Sanabria 428-6169

24th Special Operation Wing (24SOW)

- Licensed Clinical Social Worker: Kelley Raschke 850- 582-8947 (also assists the Special Tactics Training Squadron)
- Psychological/Mental Health Technician: Kristin Decorte 850-884-3954
- Community Programs & Peer Network Coordinator: Kellie Stockdale 850-884-2196

720 Special Tactics Group

- Human Performance Physical Therapist: Kristen Corderman 850-884-7327
- Human Performance Dietitian: Lindsey Pfau 850-884-2330
- Psychologist: Dr. Tatiana Soria 850-902-3826
- Nurse Case Manager: Katie Anderson 850-884-1235/Cell: 850-758-5584

Air Force Special Operations Air Warfare Center (AFSOAWC)

- Community Programs & Peer Network Coordinator: Amy Dolin 850-884-2585
- Licensed Clinical Social Worker: Chelsea Spencer 850-884- 6107
- Clinical Psychologist: Dr. Christine Zastrow 850-884-7440

919th SOW / Duke Field

- Community Programs & Peer Network Coordinator: Jennifer Garraty-Hargett 850-883-6091

Please look for eligibility under each agency name.

Psychological

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

The A&FRC provides personal and work-life resilience coaching for individuals, couples, and families. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Chapel: 850-884-7795

Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Family Advocacy: 850-881-5113

Family Advocacy Outreach offers educational classes including Stress & Anger Management. Services provided to: Active Duty, Military Family Members, & intimate partners.

[CLICK](#)

Health and Wellness Center: 850-884-4292

Health and Wellness Center (HAWC) programs include all areas of nutrition and fitness education, weight management, tobacco cessation and stress management. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

Provides short-term, non-medical counseling services to service members and their families at no cost. With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential. Services provided to: Active duty and Family Members of AD.

[CLICK](#)

Military One Source: 800-342-9647

Confidential services are available 24 hours a day by telephone and online. Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available through Military OneSource. Provides help with money matters, deployment survival information, substance abuse education, Military 101, Transition to civilian life, legal matters, parenting information, and more. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

[CLICK](#)

Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

[CLICK](#)

Single Airman Program Initiative: 850-884-5080

Trips, events and resources that foster a strong culture, mission, and sense of community for single Airmen. All programs and activities are FREE.

[Return to Main](#)

Please look for eligibility under each agency name.

PTSD

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

Air Force Wounded Warrior Program (AFW2) supports Airmen who have been injured or wounded in the AOR and their families. Support services include extended transition assistance and five-year case management follow-up. Services provided to: Active Duty, Guard, Reserve, Retirees.

[CLICK](#)

Chapel: 850-884-7795

Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Health and Wellness Center: 850-884-4292

Health and Wellness Center (HAWC) offers stress management classes. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

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Military One Source: 800-342-9647

Confidential services are available 24 hours a day by telephone and online. Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available through Military OneSource. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

[CLICK](#)

Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

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Recreation, Morale and Welfare

Bowling Center

Hurlburt Lanes 12-lane facility offers: AMF BOSS scoring system with selective bumper capability, state-of-the-art lane conditioning machine that ensures consistent lane dressing every time, lockers for personal equipment, video games, limited pro-shop supplies (any item not in-stock can be special ordered), bowling leagues, YABA program for children, Sunday afternoon Family XTREME Bowling, 9-Pin No-Tap Tournaments, Individual XTREME Bowling, free bowling for immediate family members of deployed personnel, birthday parties for children at reasonable prices or reservations for all other parties, and the "Spare Time Grill" (breakfast, lunch and dinner Monday through Friday, and lunch and dinner Saturday and Sunday). **For more information call (850) 884-6941.**

Community Center/The Landing Zone

The Landing Zone serves as Hurlburt's Airman Center and family fun zone. The facility has a Movie Room, Game Room, Computer Room and more. It is open up to all DoD-ID cardholders and Guests. This state-of-the-art facility has it all: professional pool tables, cyber lounge, wireless Internet access, flat-panel television monitors, projection screens, movie theater, Xbox 360 gaming room and musician's "jam" room. In the center of it all is a concert-style stage all powered by a high-end sound board. As a bonus, it even has fog machines installed under the stage. Family members under 18 must be accompanied by a parent/guardian. The facility is located on the opposite side of the library building (bldg. 90337). **For more information call 884-5080.**

Community Park

Each year, the Splash Pad located in the Community Park near CDC Main will open Memorial Day weekend and close the last weekend of October.

The Dive Shop

The Dive Shop is open Monday and Friday, 5 p.m. to 6:30 p.m., for equipment rental and services. Regular meetings are the first Thursday of each month. Memberships are available featuring dive certification classes, equipment checkout/ rental and tank refills. **For an informational recording call (850) 884-6939.**

For more Recreation, Morale & Welfare options-, please visit: <http://myhurlburt.com/>

[Click here for additional information](#)

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Recreation, Morale and Welfare

FITNESS CENTERS

Aderholt Fitness Center

259 Tully Street, Bldg. 90517 • 884-6884

Mon.–Fri.: 5am–12:30am • Sat.–Sun. , Down Days & Holidays: 8am–8pm

- Indoor Facilities: Basketball, Racquetball (2 courts), Volleyball, Free Weights, Life Fitness (18 machines), Cardio (59 machines), Aerobics, Shower, Men's and Women's Locker Rooms with digital lockers and Kinesis Techno gym (13 machines). Contract Personal Trainers are available upon request. Parent-Tot room with 6 cardio machines and Spin Room with over 30 bikes.
- Outdoor Facilities: Softball (2 fields), Football/Soccer field, 1/4 Mile Running Track, Physical Conditioning Par Course , Fit Pad, Combat Fit West
- After-Hours Access: Open to all military personnel and DoD Civilians. Authorized users can register their ID card for After-Hours Access at the Aderholt Service Desk during normal business hours and enjoy access around the clock.

Riptide Fitness Center

150 Howie Walters Road, Bldg. 91007 • 881-5121

Mon.–Fri.: 5:30am–8pm • Sat.–Sun. & Holidays: Closed • Goal Days: 9am–4pm

- Indoor Facilities: Nautilus Cardio (20 machines), Nautilus Strength (40+ machines), Aerobics with "floating" low-impact flooring, Sauna (co-ed), Men's and Women's Locker Rooms with daily use full length lockers, Contract Personal Trainers are available upon request.
- Outdoor Facilities: Tennis (6 courts), In-line Skating Court, Physical Conditioning Par Course, Combat Fit East

Commando Fitness Center

452 Cody Avenue, Bldg. 90232 • 884-4412

Mon-Fri.: 5am-7pm • Sat., Sun., Down Days & Federal Holidays: Closed

- Indoor Facilities: Volleyball, Racquetball (2 courts), Free Weights, Life Fitness (17 machines), Cardio (40+ machines), Kinesis Techno gym (2 machines), Saunas and Men's and Women's Locker Rooms with digital lockers. Contract Personal Trainers are available upon request.
- After-Hours Access: Open to all military personnel and DoD Civilians. Authorized users can register their ID card for After-Hours Access at the Commando Service Desk during normal business hours and enjoy access around the clock.
- Personal Trainers Available

For more Recreation, Morale & Welfare options-, please visit: <http://myhurlburt.com/>

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information](#)

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Recreation, Morale and Welfare

The FamCamp

The FamCamp facility has 50 RV sites with water, electricity and sewage connections. Ten tent sites are also available. All sites have charcoal grills and picnic tables. The camper support building offers restrooms, showers and a coin operated laundry. The FamCamp is located off U.S. Highway 98, south of the main gate. Patrons may register at Outdoor Recreation or the Marina. **For more information call (850) 884-6939.**

Golf Course

Gator Lakes Golf Course includes an 18-hole championship layout course, complete practice facility, locker rooms, a pro shop, golf lessons and a quick service snack bar. The professional Pro Shop staff is available to assist with all golfing needs including advice, golf equipment and game improvement techniques. There is also a trained club repairer on staff. Gator Lakes Golf Course is located in one of the most beautiful areas of the base with large pine trees, lakes and wildlife. There is a great view of the taxiway from the back deck of the snack bar which makes it the perfect location to enjoy a relaxing lunch or have an after work snack and refreshment with a view. Please be sure to check out the visual tour link on our Web site for a glimpse of this great facility. **For more information call (850) 881-2251.**

Information, Tickets and Travel

Located next to the Commando Store is a full service travel agency offering discounted vacation packages, airline tickets, college and professional sports tickets, bus tours, hotel accommodations and even cruises. Brochures and tickets are available for local and regional attractions such as Disney World, Universal Studios, Busch Gardens and Six Flags. Tours include football and baseball games, Mardi Gras and the New Orleans Jazz Festival. **The office is open weekdays, and may be reached at (850) 884-7848 or by e-mail atleisuretravel@hurlburt.af.mil.**

Library

It's a multimedia world and the Base Library has the technology you're looking for: wireless Internet, public use computers, 1200+ DVDs, downloadable audio books, e-books, music and more. From foreign language learning materials to popular fiction, we offer a complete range of services for all ages and interests. The library has a print collection of 35,000 books and over 100 magazine and newspaper subscriptions. The library hosts Children's Story Time, Every Thu at 10am, All ages welcome for the reading of a story and activity. The Library also hosts Lunch Lingo: Mon–Thu 11am–1pm, practice your foreign language skills while eating our brown bag lunch. **For more information call (850) 884-6266.**

For more Recreation, Morale & Welfare options-, please visit: <http://myhurlburt.com/>

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information](#)

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Recreation, Morale and Welfare

The Marina

Facilities include free launching ramps and a fishing pier. Rentals include: ski boats, canoes, kayaks, sailboats and pontoon party boats. Pop-up camping trailers, tents, gear, coolers, water sports equipment, aquatic supplies, fishing licenses, tackle and bait, ice and gasoline are also available. Reservations for boats and campers can be made in person, or by telephone with a credit card. Hours of operation are seasonal. **For more information call (850) 884-4097.**

Outdoor Recreation Center

Adjacent to the Soundside housing area, the outdoor recreation center offers equipment and classes for the outdoor enthusiast. The inside of this beautiful waterfront facility may be rented for parties of 35 people. Outdoor recreation provides oversight for the Marina, Family Camp, Paintball Program, Rifle and Pistol Club, Dive Club, Swimming Pool, Picnic Grounds, POV Resale Lot and RV Storage Lot. Boating safety classes, which are a prerequisite for all motorized boat rentals, are offered Thursday at 2 p.m., and Saturday at noon. Additional boating and sailing classes are scheduled throughout the year. **For more information call (850) 884-6939.**

Rifle and Pistol Club

The Hurlburt Field Rifle and Pistol Club provides a ten-lane 20-yard range and a twenty-lane 100/200-yard range for recreational shooting. The Club is located just off Red Horse Road, 200 yards east of the Combat Arms Training complex (CATM). First Time Annual Membership Dues: \$75. Members are granted "lane share" guest privileges for a \$5 daily fee. **For more information call 884-6939 or 884-7629.**

Skeet Range

Skeet Range membership benefits include and reloadable card to pre-purchase rounds. Shoot anytime weather and daylight conditions permit (non-members limited to Fri., noon–4pm, Sat. & Sun.: 9am–4pm). **For more information call 883-3366.**

For more Recreation, Morale & Welfare options-, please visit: <http://myhurlburt.com/>

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Recreation, Morale and Welfare

Swimming Pool/Aquatic Center

The swimming pool provides relief from the summer heat and a variety of water safety courses. The pool is open May-September, Tuesday-Sunday and holidays. Lap swim, swimming lessons, water aerobics and life-saving classes are also available. The bathhouse contains showers, restrooms and lockers. The pool is available for private parties as well. **For information during the season call (850) 884-6866.**

Single Airman Program

The Single Airman Program Initiative (SAPI) is funded by the Chief Master Sgt. of the Air Force, and administered by Headquarters Air Force Services Agency, the program provides trips and events for single enlisted Airmen, regardless of rank, at no cost. The goal is to provide resources that encourage a strong way of life, duty and a sense of community for single Airmen. In an effort to better support single Airmen, the Air Force instituted the Single Airman Initiative in 2011, designed to provide programs to meet the needs and interests of the Airman community. The goal of the initiative, is to provide resources that foster a strong culture, mission, and sense of community for single Airmen. All programs and activities are FREE. **For more information call 884-5080.**

Hurlburt Field SAPI Experiences:

- Trips: Key West , Downtown Movie Night, Pensacola Ice Flyers, Deep Sea Fishing, Tandem Skydiving,
- Classes: Dormitory Cooking, Kayaking, Basic Automotive Skills, Get Golf Ready, Basic Surfing
- Special Events: Landing Zone Community Center UFC Fight Nights, Video Gaming Equipment, Airmen Cosmic Bowling Nights, Paintball, Glow Runs, Airmen Golf Fun Day

Most popular SAPI Programs:

- Tandem Skydiving (140+ Airmen)
- SCUBA certifications (43 Airmen)
- Dive Boat Charters (16 Trips)

For more Recreation, Morale & Welfare options-, please visit: <http://myhurlburt.com/>

Please look for eligibility under each agency name.

Relationships

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

The A&FRC provides personal and work-life resilience coaching for individuals, couples, and families. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Chapel: 850-884-7795

The Chapel offers Married Couples Ministry. Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Family Advocacy: 850-881-5061

Family Advocacy focuses on strengthening the bond between partners and/or the family by providing premarital counseling, martial counseling couples communication prep, and single parents meetings. Services provided to: Active Duty, Military Family Members, & intimate partners.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

Provides short-term, non-medical counseling services to service members and their families at no cost. With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential. Services provided to: Active duty and Family Members of AD.

[CLICK](#)

Military One Source: 800-342-9647

Confidential services are available 24 hours a day by telephone and online. Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available through Military OneSource. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

[CLICK](#)

Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

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Resilience Center

The **Resilience Center (RA)** offers a single point of entry into a variety of strengths-based services to build skills for wellness and resilience.

Resilience Center Services/Single Point of contact for:

- Comprehensive Airman Fitness (CAF) and Resilience Training Assistant Course (RTA)
- safeTALK Training
- ASIST Training

Comprehensive Airman Fitness (CAF) is a holistic approach to develop over-arching Airman fitness and Resilience. **Resilience Training Assistants (RTA)** support CAF by assisting Master Resilience Trainers (MRTs) with classes taught through out the wing and their respective units. RTAs are the front line trainers who provide resilience skills instruction to first term airmen, at resilience and reintegration events, and at Wingman Day activities. RTAs play a crucial role in helping AF Senior leadership bring balance to the Force by teaching resilience skills as part of the Comprehensive Airmen Fitness (CAF) initiative. RTAs teach resilience skills through 11 various classes/trainings.

safeTALK trained helpers are an important part of suicide-safer communities, working alongside intervention resources to identify and avert suicide risks. Since its development in 2006, safeTALK has been used in over 20 countries around the world, and more than 200 selectable video vignettes have been produced to tailor the program's audio-visual component for diverse audiences.

ASIST is the world's leading suicide intervention workshop; developed in 1983 , it is regularly updated to reflect improvements in knowledge and practice. During the two-day interactive session, participants learn to intervene and help prevent the immediate risk of suicide. Over 1,000,000 people have taken the workshop, and studies have proven that the ASIST method helps reduce suicidal feelings for those at risk.

424 Cody Avenue, Building 90229, Hurlburt Field, FL 32544

Phone: (850) 884-6820

Hours: 0730-1530

1SOWCC.CVB.ResilienceCenter@us.af.mil

<https://teams.afsoc.af.mil/sites/hurlburtresilience/default.aspx>

Please look for eligibility under each agency name.

Resiliency

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

The A&FRC provides personal and work-life resilience coaching for individuals, couples, and families. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Chapel: 850-884-7795

Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Comprehensive Airman Fitness: 850-884-6725 or 884-1047

The Comprehensive Airmen Fitness (CAF) initiative is a new paradigm of fitness that emphasizes a holistic approach to a person's health; mental, physical, social and spiritual fitness. Services provided to: All Military & Family Members.

[CLICK](#)

Family Advocacy: 850-881-5061

Family Advocacy focuses on strengthening the bond between partners and/or the family and the family readiness for deployment and reunification. Services provided to: Active Duty, Military Family Members, & intimate partners.

[CLICK](#)

Health and Wellness Center: 850-884-4292

Health and Wellness Center (HAWC) programs include all areas of nutrition and fitness education, weight management, tobacco cessation and stress management. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

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Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

[CLICK](#)

Resilience Center : 850-884-6820

Offers a single point of entry into a variety of strengths-based services to build skills for wellness and resilience. Services provided to: Active duty, reservists and Family Members of AD.

[CLICK](#)

Single Airman Program Initiative: 850-884-5080

Trips, events and resources that foster a strong culture, mission, and sense of community for single Airmen. All programs and activities are FREE.

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Services provided to: Active Duty and their Family Members,
Federal Civilian Employees & Contractors

850-884-5441

School Liaison Officer (SLO) for Military Children

The **School Liaison Program** aims to connect schools, families and communities in order to meet the educational needs of the military associated child.

The School Liaison Program is an Airman and Family Readiness (A&FRC) Program that provides a link between Hurlburt Families and the area schools they attend to assist them with the unique problems facing military children. It is **designed to improve the educational environment and academics of K-12 school aged military families.**

The goals of the school Liaison Program are to:

- Promote communication between local K-12 schools, military families, the military installation and surrounding communities to achieve academic success
- Promote parental involvement in their children's education
- Identify barriers to academic success
- Develop solutions with local educational activities and military connected families for successful educational and school transitions

The School Liaison program can help:

- With school choice
- Transfer of records
- Students with special needs
- Clarify graduation requirements
- And much more

220 Lukasik Avenue, Building 90213, Hurlburt Field FL 32544
Phone: (850) 884-5441 /Fax: (850) 884-2600
Hours: 0730-1630, Mon-Fri

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Please look for eligibility under each agency name.

Sexual Assault/Harassment

Sexual Assault Prevention & Response (SAPR): Sexual Assault Prevention and Response (SAPR) 850-884-7272 SARC 24/7 Hotline; SARC Non-Emergencies 850-603-7785 cell and 884-6094; Deputy SARC 850-902-5298 and 850-884-1172; Staff Victim Advocate 850-602-2486 and 850-884-1417

The Sexual Assault Response Coordinator (SARC) office provides a 24-hour, seven-day a week sexual assault response capability for all victims. Anyone who feels they have been a victim of sexual assault may contact the SARC office. After you contact the SARC office, you will be assigned a trained Victim Advocate. Your Victim Advocate will explain reporting options, and may meet you at the hospital for a medical evaluation, treatment and examination. It is your option to accept or decline victim advocacy. Services provided to: All Military & Family Members, and all DoD Civilians. (minors are referred to Family Advocacy; see above).

Equal Opportunity: 850-884- 7888

The Equal Opportunity (EO) office provides guidance in assisting commanders, staff agency chiefs, military and civilian personnel, family members and retirees on equal opportunity and human relations issues. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

Family Advocacy: 850-884-5113

Assists with family member sexual assault and/or harassment. Offers emergency services and counseling (shelter, medical care, counseling, legal services, other resources), a safety plan, Military protective order or restraining order guidance, explanation of confidentiality and military reporting options, information about military or civilian response, and transitional compensation info. Preventative programs and maltreatment programs, and counseling sessions . Family Advocacy Outreach offers a domestic abuse victim advocate on call 24/7. Services provided to: Active Duty, Military Family Members, & intimate partners.

Chapel: 850-884-7795

Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

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Sexual Assault Prevention and Response (SAPR)

Sexual Assault Prevention and Response Coordinator (SARC) and Victim Advocates assist victims (survivors) of sexual assault. The SARC is responsible for ensuring a victim support system exists, capable of responding to all reported sexual assaults, 24 hours a day-7days a week, occurring on or off the installation.

Reports of sexual assault, for military members, adult family members and Federal civilian personnel assigned to Hurlburt, may be made to the SARC, Victim Advocate or healthcare provider. The SARC shall assist as necessary to ensure victims of sexual assault receive the appropriate responsive care. Services are offered for victims regardless if the assault is recent or occurred in the past.

Additionally, the SARC is responsible for facilitating continuity of care and case management in the event the victim has a permanent change of station, is deployed or redeployed. Continuity of care and case management transfer is contingent upon victim's concurrence. The SARC also ensures implementation of prevention programs, to include sexual assault awareness, prevention training and response training.

Victims may make a **restricted report** (available to AD/Guard/Res military personnel and their adult family members as well as GS and NAF Federal Employees) or an **unrestricted report** (available to anyone over the age of 18 affiliated with Hurlburt).

The SARC engages in coordination and oversight efforts for the following services/areas:

- Victim response, care, and support
- Victim referral and support services including SVC
- Restricted Reports
- Unrestricted Reports
- Victim Advocates
- Case Management Group
- Track status of sexual assault cases in their area of responsibility
- Sexual Assault Awareness Month
- Outreach programs within local communities

424 Cody Avenue, Hurlburt Field, FL 32544

884-7272 SARC 24/7 Hotline; SARC Non-Emergencies 850-603-7785 cell and 850-884-6094; Staff Victim advocate 850-602-2486 and 850-884-1417
1SOW.SARC@hurlburt.af.mil

[Click here for additional information](#)

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Sexual Assault Prevention and Response (SAPR)

Restricted reporting option is for victims of sexual assault who wish to confidentially disclose the crime to the SARC, victim advocate or military healthcare personnel and receive medical treatment and counseling **without activating the official investigative process.**

- It allows for the collection of forensic evidence without giving up confidentiality. Evidence includes, but is not limited to, a sexual assault forensic exam to be completed by a trained sexual assault nurse examiner. The evidence is anonymously coded and stored for up to 5 years and will not be processed without the victim's consent.
- The exceptions to restricted reporting include any communication that reveals imminent danger; the victim's release of information regarding the alleged assault; ordered by military justice; ordered by civilian court; or child abuse.
- Service members and their adult family members, who are sexually assaulted and desire restricted reporting under this policy must report the assault to the Sexual Assault Response Coordinator (SARC), Victim Advocate (VA), or military healthcare provider.
- The SARC must be notified when a victim wishes to initiate a restricted report.
- Supervisors, Commanders, and First Sergeants are mandatory reporters. If a victim reports the assault to anyone in their chain of command it will automatically become an unrestricted report and an investigation will occur.

Unrestricted reporting option is for victims of sexual assault who desire medical treatment, counseling and **request to activate an official investigation of the crime.**

- When selecting unrestricted reporting, personnel can use current reporting channels e.g., chain of command, law enforcement, or report the incident to the Sexual Assault Response Coordinator (SARC) or request healthcare providers to notify law enforcement.
- At the victim's discretion/request, a trained healthcare provider shall conduct a sexual assault forensic examination (SAFE), which may include the collection of evidence.
- Details regarding the incident will be limited to only those personnel who have a legitimate need to know.

Independent Reporting:

- If you notify law enforcement or your chain of command, the report is considered unrestricted.
- If you tell someone who subsequently notifies the chain of command, or if someone observes the assault and notifies command, the report is considered unrestricted and an investigation is launched.
- To preserve your right to restricted report, contact the SARC first.

424 Cody Avenue, Hurlburt Field, FL 32544

884-7272 SARC 24/7 Hotline; SARC Non-Emergencies 850-603-7785 cell and 850-884-6094; Staff Victim advocate 850-602-2486 and 850-884-1417

1SOW.SARC@hurlburt.af.mil

Please look for eligibility under each agency name.

Single

[CLICK](#)

Single Airman Program Initiative: 850-884-5080

Trips, events and resources that foster a strong culture, mission, and sense of community for single Airmen. All programs and activities are FREE.

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

The A&FRC assists service members and their families in identifying and clarifying personal and work-life needs, determining appropriate forms of assistance, and providing linkage to on- and off-base resources. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Chapel: 850-884-7795

The Chapel offers a Single Outreach Program, Munch and Mend (patch sewn for free and home cooked meal), Dorm Ministry, and Singles Basic Bible Study (middle age singles). Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Family Advocacy: 850-881-5061

Family Advocacy Outreach offers single parent meetings cooperative parenting and divorce programs, and healthy marriage/healthy relationship programs. Services provided to: Active Duty, Military Family Members, & intimate partners.

[CLICK](#)

Health and Wellness Center: 850-884-4292

Health and Wellness Center (HAWC) programs include all areas of nutrition and fitness education, weight management, tobacco cessation and stress management. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

Provides short-term, non-medical counseling services to service members and their families at no cost. With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential. Services provided to: Active duty and Family Members of AD.

[CLICK](#)

Military One Source: 800-342-9647

Confidential services are available 24 hours a day by telephone and online. Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available through Military OneSource. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

[CLICK](#)

Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

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Recreation, Morale and Welfare

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Single Airman Program Initiative

The **Single Airman Program Initiative (SAPI)** is an Air Force initiative, endorsed by the office of the Chief Master Sergeant of the Air Force (CMSAF), to provide trips and events for single enlisted Airmen, regardless of rank, for a nominal fee; the program provides resources that encourage a strong way of life, duty and a sense of community for single Airmen.

It's **OBJECTIVE** is to provide a wide variety of social and recreation opportunities through recreational activities and offer MWR-life skills classes to create a single Airman culture that supports the “whole person – healthy lifestyle.”

Its main **GOAL** is to provide resources that foster a strong culture, mission, and sense of community for single Airmen.

What do a trip to Key West, Tandem Skydiving, UFS Fight Nights, Basic Surfing Classes and Deep Sea Fishing all have in common? These are just a few of the exciting activities offered through Single Airman Program Initiative (SAPI). SAPI provides airmen an opportunity to stretch beyond their comfort zone through high adrenaline adventures. The participants who take advantage of this FREE program strengthen social bonds, enhance self-esteem, and experience a sense of accomplishment. SAPI activities include trips, classes, and special events, all of which empower airmen while building resiliency.

Examples of Hurlburt SAPI Experiences:

- **Trips:** Key West , Downtown Movie Night, Pensacola Ice Flyers, Deep Sea Fishing, Tandem Skydiving,
- **Classes:** Dormitory Cooking, Kayaking, Basic Automotive Skills, Get Golf Ready, Basic Surfing
- **Special Events:** Landing Zone Community Center UFC Fight Nights, Video Gaming Equipment, Airmen Cosmic Bowling Nights, Paintball, Glow Runs, Airmen Golf Fun Day

*Definition of a single Airman: An Air Force Active Duty or Air Reserve Component officer or enlisted member without a spouse. The target age group for this initiative is 18-25; however, no age group is excluded.

443 Cody Avenue, Bldg 90337, Hurlburt Field, FL 32544

Phone: (850) 884-5080

Gov Cell: 850-598-4253

Hours: vary

Please look for eligibility under each agency name.

Sleep

[CLICK](#)

Health and Wellness Center: 850-884-4292

The HAWC offers Sleep Smart, a one hour workshop exploring: the science of sleep, the health connection, factors affecting your sleep and how to establish a healthy routine. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

Provides short-term, non-medical counseling services to service members and their families at no cost. With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential. Services provided to: Active duty and Family Members of AD.

[CLICK](#)

Military One Source: 800-342-9647

Confidential services are available 24 hours a day by telephone and online. Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available through Military OneSource. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

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Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

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Social

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

The A&FRC assists service members and their families in identifying and clarifying personal and work-life needs, determining appropriate forms of assistance, and providing linkage to on- and off-base resources. The A&FRC also offers Welcome Spouse, Heart Link (AF 101), and the Key Spouse Program. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Chapel: 850-884-7795

The Chapel offers Bible Studies. Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Family Advocacy: 850-881-5061

Family Advocacy outreach offers single parents meetings, couples communication prep, safe date for teens & families programs, and healthy marriage/healthy relationships programs. Services provided to: Active Duty, Military Family Members, & intimate partners.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

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[CLICK](#)

Military One Source: 800-342-9647

Confidential services are available 24 hours a day by telephone and online. Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available through Military OneSource. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

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Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

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Recreation, Morale and Welfare

Services provided to: Active duty, reservists and Family Members of AD.

[CLICK](#)

Single Airman Program Initiative: 850-884-5080

Trips, events and resources that foster a strong culture, mission, and sense of community for single Airmen. All programs and activities are FREE.

Spouse

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

The A&FRC assists service members and their families in identifying and clarifying personal and work-life needs, determining appropriate forms of assistance, and providing linkage to on- and off-base resources. The A&FRC also offers Welcome Spouse, Heart Link (AF 101), and the Key Spouse Program. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Chapel: 850-884-7795

The Chapel offers Adult Bible Study, Adult Sunday School, KJV Bible Study, Walking With Christ, Friday Night Fellowship and Discover Discipleship. Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Family Advocacy: 850-881-5061

Family Advocacy Outreach offers many programs for spouses such as; a variety of parenting programs, marriage counseling, preventative programs, maltreatment programs, and maltreatment programs. Services provided to: Active Duty, Military Family Members, & intimate partners.

[CLICK](#)

Health and Wellness Center: 850-884-4292

Health and Wellness Center (HAWC) programs include all areas of nutrition and fitness education, weight management, tobacco cessation and stress management. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

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Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

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[CLICK](#)

Military One Source: 800-342-9647

Confidential services are available 24 hours a day by telephone and online. Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available through Military OneSourceServices provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

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Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

Please look for eligibility under each agency name.

Stress

[CLICK](#)

Airman & Family Readiness Center: 850-884-5441

The A&FRC assists service members and their families in identifying and clarifying personal and work-life needs, determining appropriate forms of assistance, and providing linkage to on- and off-base resources. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Chapel: 850-884-7795

Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Family Advocacy: 850-881-5061

Family Advocacy Outreach offers educational classes including Stress & Anger Management. Services provided to: Active Duty, Military Family Members, & intimate partners.

[CLICK](#)

Health and Wellness Center: 850-884-4292

Health and Wellness Center (HAWC) programs include all areas of nutrition and fitness education, weight management, tobacco cessation and stress management. Services provided to: Active Duty, Guard, Reserve, Retirees, & Federal Civilian Employees.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

[CLICK](#)

Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

Provides short-term, non-medical counseling services to service members and their families at no cost. With the exception of child abuse, domestic abuse and duty to warn situations services are private and confidential. Services provided to: Active duty and Family Members of AD.

[CLICK](#)

Military One Source: 800-342-9647

Confidential services are available 24 hours a day by telephone and online. Confidential services, including non-medical counseling (Face-to-Face Counseling, Online Counseling, Telephonic Counseling and Video Counseling) and specialty consultations, are available through Military OneSource. Services provided to: Active duty, reservists and Family Members. Website: www.airforceonesource.com

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Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

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Please look for eligibility under each agency name.

Suicide

[CLICK](#)

Chapel: 850-884-7795

Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Mental Health: 850-881-4237

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Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

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Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

National Suicide Hotline: 1-800-784-2433

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Transition/Separation/Retirement

Airman & Family Readiness Center: 850-884-5441

The A&FRC is the focal point for transition assistance activities at the base level, providing mandatory pre-separation counseling and guidance in the development of an individual transition plan to separating and/or retiring individuals and their family members. Services provided to: Active Duty, Guard, Reserve and Retirees.

[CLICK](#)

Chapel: 850-884-7795

Chaplains offer privileged communication counseling. These sessions are 100% confidential and exempt from reporting to chain of command, this includes topics that indicate harm or potential harm to self or others. A Chaplain is always on-call after-hours through the Command Post (884-8100) by requesting the Duty Chaplain. Services provided to: All Military & Family Members, Retired Military, and all DoD Civilians.

[CLICK](#)

Mental Health: 850-881-4237

The Mental Health Clinic offers individual and group counseling to individuals experiencing difficulty with personal or relational problems. Services provided to: Active duty; Family Members of AD & Retired Mil seen on space available basis.

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Military Family Life Counselors (MFLC) [Click for list of MFLCS](#)

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Military One Source: 800-342-9647

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Preservation of the Force and Families [Click for list of POTFF Providers](#)

POTFF psychologists and/or Licensed Clinical Social Workers are available for face-to-face consultation or counseling. Services provided to: Active duty, reservists and Family Members of AD.

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Frequently Dialed Base Phone Numbers

Aderholt Fitness Center.....	884-6884	Hurlburt Lanes Bowling Center.....	884-6941
Air Force Office of Special Investigations (OSI).....	884-6102	Human Resources.....	884-6464
Airman & Family Readiness Center (A&FRC).....	884-5441	Inspector General (IG).....	884-6322
Airman's Attic.....	884-7769	ITT Ticket & Tour Office/Leisure Travel Office.....	884-6795
Airmen Against Drunk Drivers (AADD).....	884-8844	Landing Zone Airman Center.....	884-5080
Airman Defense Counsel.....	884-5216	Legal Office.....	884-7821
Alcohol & Drug Abuse Prevention & Treatment Program.....	881-4237	Loan Closet.....	884-6201
American Red Cross.....	1-877-272-7337	Library.....	884-6266
Area Defense Counsel.....	884-5216	Lodging (Commando Inn).....	884-6254
Auto Hobby Shop.....	884-6674	Mental Health.....	881-4237
Base Exchange (BX).....	581-0030	Medical Clinic Appt Line.....	881-1020
Career Advisor (for Active Duty).....	884-3912	Military Clothing Sales.....	884-7395
Chapel.....	884-7795	Military Equal Opportunity.....	884-6844
Child Development Center.....	884-6664	Military Personnel Customer Service.....	884-5252
Civilian Personnel.....	884-5212	Military Pay/Finance.....	884-4110
Clinic (Appointments).....	884-7882	NAF Employment – Human Resources.....	884-6464
Command Post.....	884-8100	Operational Security (OPSEC).....	881-4456/57
Commando Fitness Center.....	884-2780	Outdoor Recreation Center.....	884-6939
Commando Inn (Lodging).....	884-6245	Pass & Registration.....	884-5233
Commissary (DECA).....	881-2138	Pharmacy.....	881-2133
Community Center/Landing Zone.....	884-5080	Postal Service Center/Office.....	884-6219
Credit Union (Eglin Federal Credit Union).....	862-0111	Public Affairs.....	884-7464
Dental Clinic and Dental Appointments.....	884-7881	Retirees Activities Center.....	884-5443
Disaster Preparedness.....	4-7670/4304	Recycling Office.....	884-7577
Drug Demand Reduction.....	884-3992	Safety Office.....	884-5243
Dry Cleaners/Laundry.....	881-3614	School Liaison Officer.....	884-5441
Eglin Emergency Room.....	883-8228	Security Forces.....	884-7777 (24/7)
Education Office.....	884-6724	Security Forces (Desk Sergeant).....	884-6423
Environmental Flight.....	884-4651	Security Forces (Crime Prevention Line).....	884-6185
Equal Opportunity (EO).....	884-6844	Sexual Assault Prevention & Response (SARC)...	499-7425 (24/7 Hotline)
Exceptional Family Member Program-FS.....	884-5441	Shoppette/Class 6.....	581-2224
Fam Camp.....	884-6939	Soundside Catering & Hooch.....	884-7507
Family Advocacy.....	881-5061	Tax Office/DMV on base.....	651-7300
Family Child Care Programs.....	884-4300	Teen Center.....	884-6063
First National Bank.....	581-2222	Toast Masters.....	884-3945
Florida Dept. of Labor & Veterans Services.....	884-3812	Thrift Shop.....	884-3098
Fraud Waste & Abuse Hotline.....	884-6322	TMO – Passenger.....	884-6619
Gator Lakes Golf Course.....	881-2251	TMO – Personal Property.....	884-6051
Health & Wellness Center (HAWC).....	884-4292	Wingate Area Travel.....	884-4771
Honor Guard.....	884-5330/7583	Weather Conditions/Traffic Alert.....	884-5977
Housing Office.....	884-7505	Youth Center.....	884-6355

External Agencies Quick Reference Phone Numbers

Adult Basic Education/Adult Literacy	1-850-729-5387
American Cancer Society	1-888-244-9599
American Diabetes Association	1-800-DIABETES
American Heart Association	1-800-AHA-USA1
American Red Cross, NW Florida	1-850-682-3356 (24 hrs.)
Big Brothers/Big Sisters, NW Florida	1-850-664-5437
Catholic Charities	1-850-244-2825
Children/Adults w/ADD and ADHD (CHADD)	1-800-233-4050
Deaf & Hard of Hearing of NW FL	1-850-433-7128
Department of Children and Families, Circuit 1, NW FL	1-850-595-8200
Children's Medical Services	1-800-381-3685
Career Source Okaloosa/Walton	1-850-833-7587
Crisis Center	1-800-273-8255 (TALK)
Developmental Center (FWB)	1-850-862-0108
Domestic Violence Hotline	1-800-500-1119
Epilepsy Society	1-860-586-7505
First Call for Help-(help w/ unique situations or human services) - Okaloosa / Walton County	1-850-243-9111
Federal Occupational Health http://www.foh.dhhs.gov/	1-800-222-0364
Florida Division of Blind Services	1-800-342-1828
Florida Abuse Hotline	1-800-962-2873
Ft Walton Beach Housing Authority	1-850-243-3224 ext. 219
Head Start, Early Head Start; Okaloosa	1-850-651-0645
Healthy Start Coalition (parent/infant healthcare)	1-850-833-9284
HIV/AIDS Treatment Information Service	1-800-448-0440
Horizons of Okaloosa County (assistance for developmentally disabled individuals) - Fort Walton Beach - Crestview	1-850-682-9224 1-850-863-8578

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[CLICK FOR ADDITIONAL AGENCIES](#)

External Agencies Quick Reference Phone Numbers

International English School	1-850-243-3163
Kid's Link (Mental Health Association)	1-850-244-1393
Legal Services of North Florida, Inc.	1-850-862-3279
Lutheran Services (short-term shelters for troubled /runaway youths) ADULT Elderly and Disabled Guardianship Program 24 line Ryan White Title II AIDS Program	1-850-469-4600 1-850-497-7157
CHILD/FAMILY: Youth Shelters - Ages 10-17 - Curry House Pensacola - HOPE House Crestview	1-850-453-2772 1-850-682-2374
Family In need of Services outpatient counseling/Sexual/Physical Abuse Treatment - Okaloosa- Walton, Crestview/ Fort Walton - Escambia - Santa Rosa - Gulf Coast Kids House - Teen Court Fort Walton	1-850-682-2374/1-850-664-0145 1-850-453-2772 1-850-626-4730 1-850-595-5815 1- 850-664-0145
March of Dimes Ft Walton	1-850-422-3152 or 1-850-785-6460
Medicare Information Hotline	1-800-633-4227
Mental Health Association Referral Agency (local counties)	1-850-244-1040
Military One Source http://www.militaryonesource.mil/	1-800-342-9647
National Association for Sickle Cell Disease	1-800-421-8453
National Suicide Prevention Line	1-800-273-8255
Okaloosa AIDS Support & Info Services	1-850-314-0950
Okaloosa County Health Department	1-850-833-9240

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[CLICK FOR ADDITIONAL AGENCIES](#)

External Agencies Quick Reference Phone Numbers

Okaloosa County Transit	
- Fort Walton Beach	1-850-833-9168
- Crestview	1-850-689-7809
Okaloosa-Walton Child Care Service	1-850-833-9330
Parents Anonymous Support Group	1-850-884-4936
Poison Information Center/(Emergency after hours)	1-800-222-1222
Ronald McDonald House	1-850-477-2273
Salvation Army	1-850-243-4531
Sharing & Caring (emergency food, prescription funds)	
- Fort Walton Beach	1-850-244-0778
- Crestview	1-850-682-1907
- Niceville	1-850-678-8459
Shelter House Domestic & Sexual Violence Center (Sexual Assault/Domestic Violence Crisis Hotline)	1-850-863-4777
Shelter for Youth (Children in Crisis)	1-850-864-4242
Suicide Prevention Line	1-800-273-8255 (TALK)
Speech & Hearing Center Pensacola	1-850-434-4957
United Way (local counties) Info Helpline Okaloosa/ Walton	1-850-243-0315
United Way 2-1-1 http://united-way.org/211.htm	Simply dial 211 from your home or cell phone
Unions on Hurlburt:	
- AFGE Local 1897	1-850-882-5714
- AFGE Local 1942 - Rocky Tasse	1-850-882-5270
Women, Infants, & Children Program (WIC)	1-850-833-9254
Youth and Family Service	
- Fort Walton Beach	1-850-664-0145
- Hope House Youth Shelter, Crestview	1-850-682-2374
- Currie House Youth Shelter, Pensacola	1-850-453-2772