



Hurlburt Field's PLACES TO GO AND THINGS TO DO



HURLBURT LANES 884-6941

Bowling specials are subject to lane availability.



2005 AF Bowling Training Camp in Dallas, Texas - Tentative dates are January 4-8, 2005. Submit 303's to the Aderholt Fitness Center **NLTOct. 30!**

Every day FREE Bowling for Families of Deployed Personnel, \$1.25 Shoe Rental - Limit 3 games per person, subject to lane availability.

TGIF Bowling - Fridays from noon to 3 p.m., 75 cents a game, \$1 shoe rental. Note: Open bowling only.

50 Cent Mania - Saturdays from 1 to 6 p.m., \$3 cover charge and shoe rental, games, hot dogs, fries and medium drink are 50 cents each!

Oct. 9: The Forty Frame Game - \$20 entry fee per person from 7 p.m. to 9:30 p.m. Improve your chances to win \$\$ with 40 frames of fun ways to score points. For more details, call 884-6941 or check it out on our calendar - now available online via our web page on the 16th Services website.

Happy Halloween! Oct. 31 from noon to 5 p.m. - Come in with a costume on and bowl for 75 cents a game, \$1.25 shoe rental.



FITNESS CENTERS

ADERHOLT FITNESS CENTER 884-6884
Hours of operation: Monday thru Friday - 5 a.m. to 1 a.m.
Weekends/Holidays - 8 a.m. to 6 p.m.
Commando 5K Run starts at 8 a.m. on Sat., Oct. 16. Open to all age groups! Check-in times are 7 a.m. to 7:30 a.m. at Aderholt Fitness Center. **Register by noon, Oct. 15** at Aderholt (884-6884) or Commando Fitness Center (884-4412). Call either fitness center for more details!

COMMANDO FITNESS CENTER 884-4412
Hours of operation: Monday thru Friday - 6 a.m. to 9 p.m.
Weekends/Holidays - Closed

New Parent & Tot Room at the Commando Fitness Center is open during normal hours of operation. **Important: Children must be in direct line of sight of parent/legal guardian at all times.**

RIPTIDE FITNESS CENTER 881-5121
Hours of operation: Monday-Friday, 6 a.m. to 6:30 p.m.
Weekends/Holidays - Closed

Classes are now available (subject to change):
Pilates Mon. & Wed. 9:30 a.m. - 10:05 a.m.
Circuit HEAT Tue. & Thurs. 6:15 a.m. - 7 a.m.
Step w/ ABC Mon. & Wed. 11:10 a.m. - 12:15 p.m.
Total Step Mon. 4:45 p.m. - 5:15 p.m.
Inter. Step Wed. 4:45 p.m. - 5:30 p.m.
Step 20/20 Fri. 4:45 p.m. - 5:30 p.m.
Yoga Mon. & Thurs. 5:15 p.m. - 6:15 p.m.

J.R. ROCKERS 884-6469

Football Frenzy 2004 - Join the Fun!

Members Only Specials:

Sunday: NFL games broadcast at 11 a.m. with "Apps & Taps" specials for \$10! Offered all day from 11 a.m. to closing.
Monday: Wings only 25 cents each from 6 to 9 p.m.
Tuesday: All-you-can-eat tacos for only \$1 per person from 5 to 7 p.m.
Thursday: Family Night from 5 to 9 p.m. For each adult meal purchased, one Kid Club Member (ages 12 & under), receives a FREE buffet meal. Kid Club Bingo starts after dinner with great prizes!
Friday: Dance to the tunes of DJ LSB from 4 p.m. to midnight.
Saturday: Best Pizza Deal in town! One-topping LARGE pizza for only \$5! Call 884-6310 for take out or dine-in orders.



SOUNDSIDE 884-7507

Oct. 7 & 21: Two-For-One Buffet - Join us for a wonderful buffet featuring carved prime rib au jus, BBQ Memphis ribs, chicken parmesan, chef's seafood selection, Caribbean vegetables, baked potato bar and assorted desserts. Buffet served from 5:30 to 8 p.m. Cost is \$17.95 per couple (or \$9 for singles). Reservations can be made weekdays from 8 a.m. to 4 p.m. ***Price listed is special member price, Commando Cash and Member Value Pricing does not apply.*

Oct. 26: French Wine Tasting at 5 p.m. Free for members who make a wine purchase, \$15 for all other wine connoisseurs.



CATERING - Call one of our catering specialists at 884-7507 to help make your special function a rousing success!

Note: The Soundside will be closed Monday, October 11 for Columbus Day.

INFORMATION, TICKETS & TRAVEL 884-7848

New Orleans Saints Football Home Games

LEAVE THE DRIVING TO US!	SPEND THE NIGHT IN THE BIG EASY
Denver versus Saints Nov. 21, 2004 Per person: \$65 Includes transportation and ticket to game	Kansas City versus Saints Nov. 13-14, 2004 Per person occupancy rates: Single \$160, Double \$115 Includes transportation, one night hotel stay at Holiday Inn Downtown Superdome, and ticket to game
Carolina versus Saints Dec. 5, 2004 Per person: \$65 Includes transportation and ticket to game	Atlanta versus Saints Dec. 25-26, 2004 Per person occupancy rates: Single \$125, Double \$95 Includes transportation, one night hotel stay at Holiday Inn Downtown Superdome, and ticket to game

40% Off Disney Resorts
Special offer to active duty, retirees, and activated members of the National Guard and Reservists.
Valid now through Dec. 25, 2004
Only available at your ITT office!

Florida Resident Special: Disney 4 Day Park Wopper - \$124 per person

Valid until Nov. 21, 2004



Call ITT at 884-7848/5699 or 581-0469 for more details or visit the ITT offices located in the Mini Mall for great travel opportunities and savings!

SKILLS DEVELOPMENT CENTER 884-6942

SDC is closed first Tuesday of month. Pre-registration is required for all classes.

Treat yourself to a creative class and see our online calendar for more classes:

Wednesday, Oct. 20 & 27: Adult Basic Pottery at 6 p.m., \$7 per person per class, plus supplies.
Thursday, Oct. 7, 14, 21 & 28: Beginner Stained Glass from 5:30 to 7:30 p.m., \$50 per person per six week session, plus supplies.
Saturday, Oct. 16 & 30: Bob Ross Oil Painting from 9 a.m. to 3 p.m., \$35 per person per class, plus supplies.
Saturday, Oct. 23: Scrapbook Workshop from 10 a.m. to 2 p.m., \$25 per person per class, basic supplies included.
Every Wednesday and Thursday: Wood Shop Project classes at 6 p.m., \$6 plus supplies. Pre-registration required and call 884-7244.



Hurlburt Field Presents

2004 COMMANDO CRUISE-IN • BIKE, CAR & TRUCK SHOW

Open to the Public

\$750 Cash Awards & Trophies!

Pre-Registration \$20
Day of Event \$25

Saturday • 9 OCT 2004
8am-4:30pm
Rain date 11 Oct 2004

For More Information

General Event Information & Registration
Chuck - 850-884-2189
Email: charles.touray@hurlburt.af.mil

Sponsorship & Donations
Melanie - 850-884-4252
Email: Melanie.Wilson@hurlburt.af.mil

Mike - 850-884-3131
Email: Jorg.Junghann@hurlburt.af.mil

Rick - 850-884-6674
Email: Richard.Appleton@hurlburt.af.mil

Interested in judging? Contact category POCI

Soundside Area • Across from Hurlburt Field Main Gate on Hwy 98



Courtesy of 16th Services Marketing

