

Wing snags four to bolster award streak

by **Tech. Sgt. William Seabrook**
Public Affairs

Members of the 16th Special Operations Wing continued their recent domination of Air Force level award competitions by being selected for the Aviator Valor Award, Cheney Award, Mackay Trophy and the Daedalian Exceptional Pilot Award.

“For one command to stand out above the rest in the selection competition process is a distinct recognition of the exemplary efforts put forth by your personnel and reflects the tremendous contribution made by all Air Force Special Operations Command members supporting our national objectives,” said Gen. John Jumper, U.S. Air Force Chief of Staff in a March 10 dated congratulatory letter to Lt. Gen. Paul Hester, AFSOC commander.

Congratulations to the following Hurlburt Field airmen:

Maj. Daniel Turner, 16th Special Operations Squadron – awarded the Aviator Valor Award, which is presented to one member from each branch of the military annually by the American Legion Aviators Post for “a conspicuous act of valor or courage performed during aerial flight.

Maj. Kevin Churchill and Capt. Sean Leroy, 20th Special Operations Squadron – awarded the Cheney Award, which is given annually to an Air Force member for an extreme act of valor or self sacrifice in a humanitarian interest performed in connection with an aircraft. It’s named for Lt. William H. Cheney, who died in an aircraft crash during World War I.

Capt. Dean Hoekstra and the crew of Grim 31 (AC-130H Gunship), 16th SOS – awarded the Mackay Trophy, which is presented annually to the

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Photo by Airman 1st Class Sam Taylor

Heave Ho

Members of the 16th Security Forces Squadron team (above), tug their way to victory over the 16th Aircraft Maintenance Squadron in the tug of war competition during the Fit Eagle Challenge March 7. See Page 15, for more on the Fit Eagle competition.

2003 AFAF campaign gets underway

by **Tech. Sgt. Andre Nicholson**
Public Affairs

The official Air Force Assistance Fund campaign kick-off rally was held at the new Community Park pavilion March 4 to mark the beginning of the 2003 campaign.

Col. Raymond Killgore, 16th Special Operations Wing vice commander, addressed nearly 100 volunteers at the rally about the importance of the AFAF and how important their jobs are by making contact with people.

“It’s tough because no one likes to go out and ask for money,” he said. “But, the Air Force Assistance Fund

helps us take care of our people and that’s why it’s important to at least make contact with everyone. Avoidance is the easiest way for people not to contribute.”

“At Hurlburt Field last year we collected \$79,605 for the AFAF and \$49,627 of that went directly to the Air Force Aid Society,” Colonel Killgore said. “In return, the Air Force Aid Society provided \$381,541 in total assistance to the base community, which is nearly an eight to one return on contributions.”

“That’s really taking care of our own,” he said.

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News

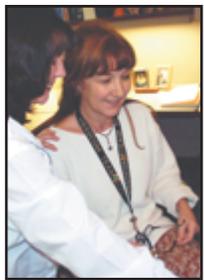


Full birds

Nine Hurlburt Field members selected for promotion to colonel.

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Feature



Webmasters

Base Web developers offer insight into Web design

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Sports



Fit Eagle competition

Component Maintenance Squadron proves their mettle at fitness competition

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VIEWPOINTS

Open Line

The Commander's Open Line is your direct line to me for questions or suggestions about subjects of concern to the Hurlburt Field community. I really appreciate your feedback.

To receive a response, leave your name, unit and telephone number. Open lines of general interest will be printed in the **COMMANDO**. I'll answer the others by letter or phone call. Remember, the quickest and most efficient way to resolve a problem is to talk directly to the agency responsible. This gives them an opportunity to help you, and perhaps improve their process. However, if you're not satisfied with the answer you receive, feel free to give me a call at 884-OPEN (6736), or e-mail your concerns to commando@hurlburt.af.mil.



Col. Frank Kisner,
16th SOW commander

service for our personnel and family members.

The center is a team effort, managed by professionals from our base legal office and staffed with volunteers from squadrons across the installation who've undergone tax assistance training.

Last year, our volunteers helped save our military taxpayers over \$150,000 in tax preparation fees. This year, with nearly five weeks left in the tax season, our volunteers have already saved our military members and families nearly \$180,000

in tax preparation fees.

The success of this year's tax center is due to the dedication of the staff and volunteers and is another example of Hurlburt Field personnel taking care of our own. People can call 884-7542 to make an appointment at the center.

Great tax assistance

Comment: Thank you and congratulations to the wonderful people you have working over at the tax office on Hurlburt Field. I'd like to specifically recognize Maj. Joseph Orlando and

Mabel Insko for their help. They were very professional and helpful in doing our taxes. They're doing a great job and should be praised. The tax office is a great benefit to the base.

Reply: We're very proud that our tax center is able to provide free, expert tax

OPSEC is everybody's business

by Chief Master Sgt. Philip Withers
16th SOW Information Operations office

All of us are in some way wrapped up in on-going world events, and we all want to discuss the issues and how they're affecting each of us.

In many ways this is a good and healthy way to help us understand and reach resolution with what's going on around us. However, the danger in doing so is that we may inadvertently release information that could be useful to our adversaries and potentially harmful to our loved ones.

Below are some "do's" and "dont's" with regards to your decision process when discussing such issues:

Do not

- Identify exact dates of current or projected deployments
- Identify exact deployment locations
- Identify unit/number of personnel deployed

- Identify exact name/description of units supported
- Identify exactly why the unit is deployed (its mission)
- Identify deployed members by full name and rank

Do

- Use first/nicknames or generic terms
- Use general length of tour such as "179 days" or "several months"
- Use regional descriptions such as "near Afghanistan" or "around Southwest Asia"
- Use "command" and other generic descriptions such as "AFSOC" or Special Operations
- Use general mission descriptions, such as "supporting aircraft sorties," "in direct support of Operation Enduring Freedom"

And last of all, remember "need-to-know." Don't even discuss the do's with anyone that just doesn't have a "need-to-know."

Help us, help you protect your loved ones, and remember the Do's and heed the Dont's.

by Col. A.J. Stewart
71st Flying Training Wing commander

VANCE AIR FORCE BASE, Okla.

- I read the news every day and it occurs to me I have been fairly disconnected from the current financial cloudy days. For 22 years, I've never wondered about my paycheck. I've never actually seen one since they have been direct-deposited to the exact same account number since I was a cadet.

I've never worried about affording health care for my family. Most of the time, health care was free. My kids were all born in military hospitals and

received the very best of care.

Truthfully, I've always made enough money to live comfortably, and today very comfortably. Every year I've earned 30 days of paid vacation and lived in "gated" communities among my very good friends and colleagues.

The opportunities for education, experience and career advancement have been nearly boundless. I have received, free of charge, training in an array of courses from small arms, unarmed combat, survival, CPR, chemical warfare defense, navigation, leadership and too

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Serving your country makes a great career

NEWS



Photo by Airman 1st Class Sam Taylor

Best base

Col. Raymond Killgore, 16th Special Operations Wing vice commander, holds the Air Force Times Best Base plaque, which was presented to Hurlburt Field Feb. 27, by Lance Bacon (left), managing editor of the Air Force Times, Army Times Publishing Company and Richard Kidd, GEICO assistant vice president, military services. Hurlburt Field was recognized for its quality of life, community spirit and support for service members and their families.

Spotlight on ...



Sanita Moreno

Rank/Duty Title: Senior Airman/Optometic Technician
Organization: 16th Medical Operations Squadron
Hometown: Los Angeles, Calif.

Hobbies: Shopping, traveling, volunteering with children and studying African American history

Contribution to the mission: Airman Moreno is one of Hurlburt Field's top technicians.

In the one year she's been on station she's managed the largest Air Force contact lens ordering system – more than \$35,000 lenses ordered.

She processed eyewear for more than 7,500 patients.

Airman Moreno screened 220 children and provided invaluable medical education to parents/family members. She also identified 15 children with undetected vision abnormalities.

Airman Moreno is always willing to go above and beyond the call of duty.

(Editor's Note: The COMMANDO highlights airmen, junior NCOs, company grade officers, Department of Defense civilians and volunteers in units who do a great job, and should receive day-to-day recognition. Supervisors can call the 16th Special Operations Wing Public Affairs Office at 884-7464 for more information on nominating an individual for the "Spotlight on..." column.)

Special Operator represents AFSOC

by Amy Oliver
Public Affairs

They came from different bases and services, representing a diverse mixture of experience and expertise to represent the Special Operations community.

Among the seven who visited New Orleans March 1-5 as guests of the Special Forces Association, was an Air Force Special Operations Command Special Operator from the 23rd Special Tactics Squadron.

A staff sergeant, whose name is not being released for security purposes, was chosen to represent his unit because of his outstanding duty performance and recent combat experience.

This is the second year in a row Chapter XXX Special Forces Association, "Bo" Baker Memorial Chapter, of Kenner, La., has honored seven Special Operators from the various military services at Mardi Gras in New Orleans.

According to Jack Vincent, the chapter's vice president of communications, it's a privilege to honor these low-profile warriors who get a lot of general press and coverage in movies, but little recognition.

"Our objectives are twofold," said Mr. Vincent. "First, to recognize and honor those fighting the war on terrorism, principally those in Special Ops units. We believe that by honoring one representative from each branch, we're indirectly showing our appreciation to all. Second, we want to show the public the inter-service cooperation that exists and is needed to successfully defend our country."

The association is an organization comprised of former and present members of the U.S. Army Special Forces and associate members from groups supporting Special Operations Forces.

Last year, they hosted seven U.S. Army Green Berets at Mardi Gras. The event was such a success that this year they wanted to include a representative from each service.

According to Mr. Vincent, they were looking for someone who's representative of AFSOC, deserving of special recognition and someone that other Air Force Special Ops members know and respect.

"The sergeant's a super troop," explained the 23rd STS first sergeant. "This was a nice incentive to offer to him for his hard work."

In addition to touring the city, visiting two museums and

being the guests of honor at two parties, the schedule of activities included riding in two Mardi Gras parades where more than a million spectators gathered to greet the riders.

"During both parades, spectators greeted the Special Operations float with spontaneous chants of 'USA!, USA!, USA!,'" said Mr. Vincent. "Others stood at attention and saluted the riders."

The sergeant agreed that the entire city of New Orleans was extremely pro-military.

"Everywhere we went, people were pushing us to the front of the lines, wanting to shake our hands and show their gratitude for our service," he said. "It was unbelievable. I've never seen anything like it."

The opportunity to meet such fine representatives of our military and to know them, and indirectly all those in their units, could not be compared, Mr. Vincent explained.

"It's our genuine hope that they bring with them, and to their comrades in arms, the outpouring of support that's directed toward them for the important work they perform on our behalf," Mr. Vincent said. "Thank God there are those who volunteer, prepare themselves and step forward to do what must be done in defense of our freedom."



Photo by Jack Vincent

The seven service members ride on the "Special Ops" float during the New Orleans Mardi Gras parade.

AIR FORCE NEWS

Dazzling deployment

SOUTHWEST ASIA – The Mardi Gras parade goes through a forward-deployed location in Southwest Asia on March 2. In true New Orleans style, participants threw coins, beads and masks out to parade watchers from the 379th Air Expeditionary Wing. (AFPN)



Courtesy Photo

Medics armed with new technology

by Jennifer Whittle
U.S. Special Operations Command
Public Affairs

MACDILL AIR FORCE BASE, Fla. – When Special Operations Forces medics returned from an Operation Enduring Freedom mission in 2002, they said they needed blood-clotting technology, according to the U.S. Special Operations Command surgeon. Now they have it.

“They needed something to stop hemorrhaging. And they wanted a more accommodating tourniquet. And we sat across from them and listened,” said Col. David Hammer.

Today, the medics are armed with a one-handed tourniquet and a hemostatic bandage that can stop severe bleeding within two minutes.

“This bandage will have a direct impact on reducing battlefield death,” Colonel Hammer said. “It has such a potential that the Food and Drug Administration is allowing SOF medics to use it in accordance with stringent guidelines under an ‘investigational new drug’ status.”

According to Colonel Hammer,

medics like Col. (Dr.) John Holcomb saw similar wounds during operations in Mogadishu, Somalia, in 1993.

Colonel Holcomb, who now commands the Institute for Surgical Research, witnessed battlefield trauma and uncontrollable bleeding. He said he felt the frustration. Back then a bandage to stop uncontrollable bleeding was forecasted for 2007. Now, these bandages are available.

There are two types of blood-clotting bandages – chitosan and fibrin, according to Master Sgt. Michael Brochu, senior enlisted adviser to Colonel Hammer.

“The chitosan product is FDA-approved, but the manufacturing process is still being refined,” he said. “It’s actually a derivative from shrimp shells, so you can imagine factory standards for its production.” These bandages will cost about \$100 each.

“The fibrin bandage, on the other hand, is impregnated with human blood-clotting factors in the material,” Sergeant Brochu said.

“When applied to a wound, it actually becomes part of the blood clot. The FDA approved (new drug) protocols for SOF use because we have a smaller populace,

meaning the bandage would be more manageable, more accountable and used with specialized care.”

“It is important for folks to understand that we are not interested in using experimental medicine on our troops, Colonel Hammer said.

The (investigational new drug) label from the FDA has strict guidelines, and all medics must use those guidelines in accordance with the FDA. Our medical personnel control this bandage like a narcotic.” When Special Operators are in a tactical situation, they wear Kevlar body armor, according to Sergeant Brochu. But, Kevlar is not foolproof.

“It leaves three areas exposed: the neck, underarm and groin,” he said. “If one of our Special Operators (is) hit in any of these three areas, the bleeding can be so severe that hemorrhaging and even death could result.

SOF normally operates in remote areas, where a hospital is hundreds and hundreds of miles away. Traditional methods to stop bleeding are pressure and gauze battlefield dressings, Sergeant Brochu said.

“SOF medics are to use these steps first. If the bleeding persists, the wound-

ed troop is informed about the fibrin bandage before its use.”

Then the bandage is applied to the wound, and after about two minutes with pressure it actually seals the hole and clotting begins, the sergeant said.

This technology is available because senior military leaders went to Congress after understanding what the medics needed. Congress replied with \$8.2 million to accelerate the fielding of the fibrin bandage.

About \$500,000 is invested into training each Special Operator for war, according to Sergeant Brochu. The \$1,000 fibrin bandage becomes a precious commodity on the battlefield to protect that investment. For more than a decade the command’s biomedical initiative steering committee has listened to Special Operations medics returning from tactical situations.

“We bring the four component commands’ surgeons to the table,” said Robert Clayton, biomedical research and development coordinator. “We look at the issues laid out by our SOF soldiers, sailors and airmen who practice medicine. Then we push technology toward real fixes.” (AFPN)

Look who’s talking: What would you tell airmen to deter drug usage during spring break?



“Airmen should keep in mind the Air Force’s ‘zero tolerance’ policy. Just say no.”

Chief Master Sgt. David Force,
16th Mission Support Group



“Airmen should know who they’re partying with, and shouldn’t leave their drinks unattended.”

Chief Master Sgt. Randall Keen,
16th Special Operations Wing



“Airmen should utilize the police ride program – ride with an officer during his shift and observe how drug crimes are handled.”

Tech. Sgt. Bobby Foster,
16th Civil Engineer Squadron

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AF Reserve band comes to Panhandle

Duke Field, Fla. — Seven different musical groups from the Air Force Reserve Band will converge on Northwest Florida March 22-27 for a series of concerts and public performances.

The groups include Reserve Generation (rock/pop), Jazz Ensemble, Dixie Express (New Orleans style jazz), Woodwind Quintet, Bagpipe, Southern Aire (Celtic), and the Air Force Reserve Concert Band.

“The goal of the performances by these talented musicians is to raise awareness of the Air Force Reserve, support recruiting efforts and provide family oriented entertainment in the local community,” said Capt. Beena Maharaj, chief of public affairs at Duke Field.

The Air Force Reserve Band and its individual components are from Robins Air Force Base, Ga. The band’s 60 musicians travel more than 100,000 miles per year to perform more than 500 concerts.

“We are very pleased with the wide variety of concerts and performances that have been scheduled,” said Captain Maharaj. “The reaction and support have been outstanding.”

The schedule for the seven musical groups includes many appearances at schools and for selected groups. For a complete concert listing visit <https://wwwmil.afrc.af.mil/919sow> and click on the “links” section. The following performances are open to the public:

March 22

○ Bagpipe Band at Okaloosa County Veterans Memorial, Crestview, 9:30 a.m.

○ Air Force Reserve Concert Band at Central Baptist Church, Crestview, 5 p.m.

March 23

○ Southern Aire at Eglin Air Force Base exchange, 1 p.m. (military members)

○ Reserve Generation at Children’s park Outdoor Amphitheater, Niceville, 2 p.m.

○ Jazz Ensemble at the Landing, Fort Walton Beach, 3 p.m.

○ Woodwind Quintet at Westwood Retirement Resort, Fort Walton Beach, 3 p.m.

○ Dixie Express at Navarre Community Park, Navarre, 4:30 p.m.

March 24

○ Southern Aire at University Mall, Pensacola, 1 p.m.

○ Jazz Ensemble at The Pavilion, Pensacola Beach, 6 p.m.

○ Southern Aire at Cordova Mall, Pensacola, 7 p.m.

March 25

○ Dixie Express at baseball game, Okaloosa-Walton Community College, Niceville, 2:15 p.m.

Women's History Month

Maya Lin

Maya Lin was born Oct. 5, 1959 in Athens, Ohio. She was born to Chinese-American parents originally from Beijing and Shanghai, China.

Maya grew up in a household surrounded with art and literature. She originally wanted to major in art and architecture, but was told by schools she could only major in one and not both, so she decided to major in architecture.

In 1981, she received her Bachelor of Arts degree in architecture from Yale University. In 1985, she graduated from Yale's School of Architecture with a masters degree in architecture.

As a senior attending Yale, Maya entered a national design competition for the Vietnam Veteran's Memorial to be built in Washington D.C. Her entry was chosen from among 1,400 others. She was only 21 at the time of the selection.

From the start, the project was criticized for a couple of reasons: one being, Maya's heritage. Maya was shocked and hurt by many of the sexist comments and racial slurs. However, she didn't let this stop her. She personally oversaw the construction process.

The memorial was dedicated in 1982 and over the years has become one of the most widely revered and appreciated public memorials in the United States. It has become a place of healing for some. Maya was also asked to design a memorial in Montgomery, Ala., for those who died in the civil rights struggle.

Maya has made various contributions to American history and she's honored for her architecture expertise.

Antonia Coello Novello

Antonia Novello was born Aug. 23, 1944 in Fajardo, Puerto Rico. As a child, Antonia suffered an abnormality of the colon; she spent at least two weeks in the hospital during the summer. She finally received the surgery that was needed when she was eighteen. Her medical problems and her "hero - doctors" inspired Antonia to become a doctor herself.

After graduating from high school at fifteen years old, Antonia attended the University of Puerto Rico at Rio Piedras. Antonia received her Bachelor of Science degree in 1965 and her Doctor of Medicine degree in 1970 from the University of Puerto Rico. Later on, Antonia received her Master of Public Health in 1982 from John Hopkins University in Baltimore.

She moved to the mainland to continue her medical training at the University of Michigan at Ann Arbor, where she worked as an intern at the university's pediatric nephrology unit. Dr. Novello moved to fellowship at the Department of Pediatrics of Georgetown University Hospital in Washington D.C. before moving on to a career in public health. She joined the Commissioned Corps of the U.S. Public Service in 1978.

In 1989, President George Bush Sr. nominated her for Surgeon General. The Senate confirmed her, and on March 9, 1990, she became the nation's fourteenth surgeon general. Antonia was the first woman, Hispanic and first Puerto Rican to hold the position as "first doctor." Antonia's job was to protect the health of the American people and promote that all Americans should have good healthcare.

Special OPERATORS

Top cops

Two Hurlburt Field security forces sergeants with Air Force Special Operations Command won command security forces awards for 2002:

Senior Master Sgt. Raymond

Gauthier - Outstanding higher-headquarters NCO award; and **Master Sgt. Denise Lebert** - Julie Y. Cross award for outstanding law enforcement.

Gunner glory

Tech. Sgt. Bryan McMahan, an AC-130U Gunner with the 14th Weapons Squadron, was named the U.S. Air Force Weapons School's overall nominee for the 2003 American Legion Spirit of Service Award.

Chaplain champ

Each year chaplain service officials name four Chaplain of the Year award winners, in memory of four World War II chaplains who

sacrificed themselves by giving their lifejackets to others after the USS Dorchester was torpedoed by a German submarine. **Lt. Col. Perry Irby**, a chaplain here, was named one of these four 2002 winners.

Personnel winner

Tech. Sgt. Stephanie Faber has been named the 2002 AFSOC Personnel Manager of the Year for her contributions in a military personnel function.

25th IOS honors

The 25th Information Operations Squadron is the Air Force winner of the 2002 Command Language Program of the Year award. Specifically honored were **Lt. Col. Kevin Wooten**, 25th IOS commander, and **Tech. Sgts. Carmen Ibarra** and **Rolando Ortiz**, command language program managers for the squadron. This is the fourth time in the past five years the squadron has earned the award.

Commando health tip

Like food and other perishable items, medications have expiration dates. The following liquid medications expire after 10 days: Augmentin, Cefdin, Erythromycin, Omnicef and Zithromax. Medications that expire after 14 days include Amoxicillin, Cephalexin, Pediazole and Penicillin. To sum it all up, remember to follow doctor's orders, finish medications and be aware of expiration dates.



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Photo by Tech. Sgt. Andre Nicholson

Col. Raymond Killgore, 16th Special Operations Wing vice commander, makes the first contribution to the Air Force Assistance Fund during the kick-off rally March 4, as 2nd Lt. Jim Hair, 16th Equipment Maintenance Squadron, AFAF project officer, looks on.

AFAF, Continued from Page 1

“You can’t beat that.”

The AFAF was established to provide an annual effort to raise funds for charitable affiliates that provide support to the Air Force family (active duty, retirees, Reservists, Guard and family members, including surviving spouses) in need.

People can make contributions to four charitable organizations that help Air Force people with aid in an emergency, with educational needs, or to have a secure retirement home for widows or widowers of Air Force members in need of financial assistance: the Air Force Aid Society; the Gen. and Mrs. Curtis E. LeMay Foundation; the Air Force Enlisted Foundation; and the Air Force Village Foundation.

The 2003 Air Force campaign goal is \$4.8 million, which is established by the Air Force Chief of Staff and Secretary of the Air Force. The 2002 AFAF campaign goal was \$4.6 million Air Force wide and contributions were \$5.1 million, which was 111 percent of the goal.

Hurlburt Field’s goal is \$99,612 this year, and since the start of the campaign the base has collected \$29,483 in donations, according to 2nd Lt. Jim Hair, 16th Equipment Maintenance Squadron, AFAF project officer.

Donations can be made by cash, check or payroll deduction and can be made through your unit AFAF representative. For more information, call 2nd Lt. Jim Hair, Senior Master Sgt. Michael Weber at 884-7212 or 2nd Lt. William Savage at 884-5471.

AWARDS, Continued from Page 1

Air Force member, crew or organization that made the most meritorious flight of the year. Clarence Mackay, a former industrialist, philanthropist and aviation enthusiast, established the award.

Capt. David Tabor, 20th SOS – awarded the Daedalian Exceptional Pilot Award, which is presented annually to one Air Force pilot selected by the Air Force Chief of Staff, for exceptional deeds performed to assure mission success, acts of valor as an aviator, or an extraordinary display of courage or leadership in the air in support of air operations.

Look for full stories on all the above award winners in future editions of the COMMANDO.

Hurlburt Field’s Airman Council

The Airman’s Council is a way to get information out about issues around the base community as well as address concerns with senior leadership. Anyone interested in becoming a member of the Airman’s Council should attend a meeting on the first Tuesday of every month at 3 p.m. in the base theater.

Family advocacy discusses 'Safe Pets, Safe People'

by Airman 1st Class Heidi Sawyer
Public Affairs

The Hurlburt Field Family Advocacy program in partnership with the Panhandle Animal Welfare Society, presented the "Safe Pets, Safe People" program to Elliot Point Elementary School students, Feb. 19.

The program, led by Cathy Holmes, 16th Medical Operations Squadron, Family Advocacy Outreach program, is designed to teach school-age children the importance of keeping themselves safe in potentially dangerous situations by comparing animal cruelty to human violence. For the past five years, Ms. Holmes has worked with Dee Thompson, PAWS executive producer, to spread this message to local elementary school children.

"Children really connect with animals, so it's a great avenue to use animals as a way to connect with people," Ms. Holmes explained.

During the presentation at Elliot Point, Ms. Holmes and Ms. Thompson covered topics that were age appropriate for each grade level. For the younger children, kindergarten to second grade, topics included good character traits to possess, pet care, and the importance of honoring the Golden Rule, which states the importance of people treating others, including animals, as they would want to be treated.

Tech. Sgt. Symika Taylor, 16th MDOS, helped entertain the children when she dressed up in the "Patches the Dog" mascot costume and danced into the classroom to the chorus, "Who Let the Dogs Out," while she handed out Safe Pets, Safe People education materials and gave high-fives to the children.

"We kept it very basic for the K-2nd graders because

they can't really grasp the concept of animal cruelty/human violence," Ms. Holmes explained.

The third through fifth graders, however, got into more depth concerning the issue of animal cruelty, to include how animal violence relates to school violence. They also engaged in interactive discussions concerning the importance of keeping themselves safe in potentially dangerous situations, the emphasis of building good character, and experiences they have had with either animal or human violence.

At the end of each presentation, all of the children were given goodie bags with coloring books, stickers, erasers and pencils inscribed with the program logo – "It's Cool to be Kind."

The "Safe Pets, Safe People" program, which began in 1997, used the Humane Society of the United States First Strike campaign as a model and later developed into a violence prevention campaign that was geared toward professionals in law enforcement, human services and animal services. In October of 2002, the program began educating schools in the Okaloosa County area.

"The Hurlburt Field Family Advocacy program and PAWS both believe that children who learn to care about animals and each other and develop a respect for all life, will grow up to be more compassionate adults," Ms. Holmes said.

The mission of the U.S. Air Force Family Advocacy Program is to build healthy communities through implementing programs designed for the prevention and treatment of child and spouse abuse, Ms. Holmes said.

The Safe Pets, Safe People program has training available to professionals in human and animal services, both on base and in the local community. For more information, call Ms. Holmes at 884-4936 or PAWS at 243-1525.

Look who's new in pink and blue



Girls

Aurora Alana, born Dec. 8 to Staff Sgt. Michael and Christina Collazo, 505th Systems Squadron

Mellany Gabrielle, born Dec. 10 to Staff Sgt. Aaron and Diana Dominick, 16th Helicopter Maintenance Squadron

Madison Faith, born Dec. 25 to Airman 1st Class Daniel and Deborah Biggerstaff, 16th Component Maintenance Squadron

Aryanna, born Dec. 31 to Senior Airman Joseph and Clara Mulgado, 16th Medical Operations Squadron

Sarah Marie, born Dec. 31 to Tech. Sgt. James and Tina Schuchard, 16th Civil Engineer Squadron

Charlize Nicole, born Jan. 6 to Airman 1st Class Kenneth Gould, 16th CMS and Christina Wilson

Emma Lilly, born Jan. 7 to Tech. Sgt. Brian and Staff Sgt. Carrie Hinson, 16th Logistics Readiness Squadron and 16th Communications Squadron

Jill Amanda, born Jan. 14 to Tech. Sgt. Cynthia and Staff Sgt. Brian Graves, Air Force Special Operations Command and 9th Special Operations Squadron

Kiley Nicole, born Feb. 25 to Staff Sgt. David and Carissa Nevius, 16th CMS

Boys

Ryan Forrester, born Dec. 22 to Staff Sgt. Shawn and Jaime Rice, 823rd RED HORSE Squadron

Dylan Evan, born Jan. 1 to Master Sgt. Darren and Kristen Martenson, 16th Equipment Maintenance Squadron

Gage Evan, born Jan. 11 to Staff Sgt. Joshua and Heather Chamberlin, 16th EMS

Mark Anthony, born Jan. 14 to Senior Airman Mark and Katy Lorenzo, 16th Aircraft Maintenance Squadron

Wesley Alexander, born Feb. 21 to Airman 1st Class Alexander and Adrienne Mason, 16th Security Forces Squadron

CAREER, Continued from Page 2

many more to begin to name.

Help for anything I needed was never more than a phone call away to a first sergeant or commander at worst, and at best right next door.

Commissary, base exchange, my very own club, a world-class fitness center, a bowling center, golf course, child care facility, library, auto skills center, wood hobby shop, youth center, swimming pools – I can use them all for nominal fees or for free.

My retirement system is outstanding. Don't believe me? Ask some of your civilian friends or family members with company-funded retirement funds based in the stock market. The news is not good. Some folks who planned to retire, can't.

Best of all, I get the immeasurable satisfaction that comes from honorably and proudly serving our country. I have the respect of the American public. Check the polling data and you'll find uniformed military men and women are at the top of the list of respected professions.

So, what has this great life cost me? Family separations, early mornings and late nights, hard work, and missed holidays and birthdays, among others. But that list applies to most professions today.

I left out the fact I might be put in harm's way or even die for my service to the country. So did thousands on Sept. 11, 2001, at the World Trade Center.

What's my point? Serving the country in the Air Force is a tremendous career when you take into account all the tangible and intangible benefits. Knowing what I know now, I'd start over and do it all again. (AFPN)



SOD party

Nearly 80 volunteers laid 100 pallets of sod in 3 hours at the site of the new Community Park March 6. The park, which is located west of the main gate and next to the child development center, is scheduled to open March 29 in conjunction with Family Fest.

Photo by Airman 1st Class Heidi Sawyer

**DR HOWARD GOOD-
PASTER
CS/ANNOUNCING DR
518741
2 X 3.50**

**BOB BAKER
COMMAN-
DO/RENTAL
517756
1 X 3.50**

**ARMED FORCES COMM INC
COMM/AF SVC- FEE
520724
3 X 7.00**

March is American Red Cross Month

Throughout our history, Americans have been committed to helping the suffering, the disadvantaged, and those in need of help. The American Red Cross represents the compassion of our nation in action. During Red Cross month, we honor this remarkable organization and recognize its proud heritage of service.

AF reaches 75 percent deployment capability rate

by Master Sgt. Scott Elliott
Air Force Print News

WASHINGTON – In just more than a year, the number of “deployable” airmen has increased to nearly 75 percent of all Air Force members. That increase reflects a growth of nearly 100,000 in just the past year.

The increase in deployment roles isn’t because more people joined the service. According to Maj. Gen. Timothy Peppe, special assistant for air and space expeditionary forces at the Pentagon, it’s simply a matter of Air Force people working very hard on the problem.

“It’s Air Force Chief of Staff Gen. John Jumper’s vision that we should maximize the number of Air Force positions available for deployment,” General Peppe said.

According to General Peppe, commanders and career field functional area managers at both major command and Air Force levels examined each position in their fields to determine deployability.

The managers then built the unit type codes, commonly referred to as UTCs, which posture each position. Only people in select career fields or positions are exempt from deployment.

Those groups include people in scheduled “pipeline” training, many instructors, ROTC staff members, recruiters, the space cadre, missile crews and missile security professionals.

The increase, General Peppe said, came from MAJCOMs, Air Force headquarters staff, direct reporting units and field operating agencies, and they cover all career fields to some degree.

“Most of this increased deployment capability is in ‘associate unit type codes,’ so they’re not primary deployers,” General Peppe said.

“But the bottom line is we have them (ready), and we have their specialties and positions cataloged. They’ve been put in an AEF, and if we have a need for a particular Air Force specialty code, the AEF Center at Langley Air Force Base, Va., has the means to find them.”

While the service has identified 269,000 deployment positions, the general said that there isn’t always a person available to deploy in the required specialty. “It goes back to our career-field shortages and the skills-mix issues we have in the Air Force,” General Peppe said.

“We have some career fields with shortages, but it takes time to re-align manpower authorizations to our relatively new expeditionary posture, and then recruit and train personnel in these specialties. That’s part of the rebalancing act we’ve been dealing with.”

According to the general, the increase is significant because greater numbers help meet the needs of combatant commanders and spread the “pain” of deployment over a broader population. (AFP)

Webmasters craft face of base networks



Photo by Airman 1st Class Sam Taylor

Deeana Stamm-Holley (left) and Karen Ashford, Web site designers here, discuss possible changes to the main Hurlburt Field Web site. (below) The newest face of the base Web site, designed by Ms. Ashford and scheduled to be online by the end of March, will look similar to this screen shot.

The screenshot shows the "Hurlburt Field Commando Link" website. At the top left is a logo of a stylized eagle. Below it is a navigation menu with buttons for "AFCOMAP", "Chief's Group", "Commissary", "FAQ's", "Heritage", "Images", "News", "Newcomers", "Retiree Link", and "Services". To the right of the menu is a large image of an eagle's head and a military aircraft in flight. Below the image is a welcome message: "Welcome to Hurlburt Field, Florida, and the Fort Walton Beach area. Hurlburt Field is a base with unique challenges and a very special job to do." Below that is a paragraph about the motto "Any Time...Any Place" and the 16th Special Operations Wing. At the bottom, there is a "Hurricane Watch" section and a footer with a list of links: "[AFCOMAP] [Chief's Group] [Commissary] [FAQ] [Heritage] [Images] [News] [Newcomers] [Retiree Link] [Services Link] [AFSOC Units] [16th SOW Units] [Tenant Units]".

by Airman 1st Class Sam Taylor
Public Affairs

Dwelling in a hidden office high in a corner of Eason Hangar, a small civilian team designs one of the most visual aspects of Hurlburt Field – the network Web pages.

This three-person team is the “content design” section of a 10-person unit called Applications Development, which is only a small part of the more than 60 people who make up the U.S. Special Operations Command-sponsored “Enterprise Information Technology Contract team” here.

Together, the trio helps design and maintain more than 200 Web pages base-wide, across both internal and external networks, said Deeana Stamm-Holley, Hurlburt

Field Webmaster. They ensure sites hosted on Hurlburt Field servers conform to operations security and other regulations, and make sure policies and quality assurance guidelines are maintained by all Web pages hosted on base Web servers.

“We take care of the entire wing. Anyone from flights, squadrons or any unit who wants a Web site can come to us, and we’ll build it for them,” said Ms. Stamm-Holley. “In addition, we maintain sites and make sure there’s training for all other Web page maintainers on base,” she said. “We go through Web sites daily to make sure everyone knows about and abides by all regulations that come down.”

When people express interest in developing a unit Web site, the content team sits down and helps find the best place for it, said Karen Ashford, Hurlburt Field Web developer and part of the content team.

“Everyone from our Applications Development team works together to make sure Web sites look good and work right,” she said.

In addition to the Web sites, the content team also does application development. This is when they take something normally done on paper and convert it to a Web-based application, said Ms. Ashford. A good example is the annual suicide prevention briefing done over the base network. Base members originally completed the briefing on paper.

“We’re focusing more and more on the Web,” said Ms. Ashford. “Everyone has a Web browser on their computer.”

When people come to the team with pages they’ve already designed, they’re counseled on how to clean it up and make it conform to regulations, she said. “We’re the focal point for every Web site on base.”

For people who want to build their own sites or need information on how to get one built, a link has been set up that contains all the information people need, said Ms. Stamm. For more information, visit the Web Development Café at <https://intranet.hurlburt.af.mil/local/webmaster>.

Courtesy graphic

LIFESTYLE

Military

New York Air Guard

The 109th Airlift Wing, Scotia N.Y., home of the C-130 ski-birds, has traditional Guard vacancies in the following career fields: 1A1X1, 2A5X1, 2A5X3, 2A6X1, 2A6X2, 2A6X4, 2A6X5, 2A6X6, 2A7X1, 2A7X3, 2E1X3, 2E6X3, 2F0X1, 2S0X1, 2T251, 2W0X1, 3E0X1, 3E1X1, 3E2X1, 3E4X1, 3E7X1, 3M0X1, 3P0X1, 4A0X1, 4A1X1, 4A2X1, 4E0X1, 4N0X1, 4T0X1 and 4Y0X1. Also, full-time active-duty positions in 2A6X6. For more information, contact Master Sgt. Wesley Ryerson at 344-2456 or e-mail Wesley.Ryerson@nyscot.ang.af.mil; also call 1-800-524-5070.

Munitions inventory

The 16th Equipment Maintenance Squadron, Munitions Flight will be conducting its semi-annual inventory Monday through Friday, and only bonafide emergency munitions issue requests approved by the 16th Maintenance Group Commander will be honored. Any questions may be directed to Master Sgt. Kenneth Scott, NCO in-charge, munitions operation, at 884-2007 or Staff Sgt. Jeffrey Chandler, munitions stock control, at 884-2747.

Airmen needed for manpower

The Air Force is looking for sharp senior airmen and NCOs to cross-train into the manpower and organization career field (3UOX1). People available to cross-train who are interested in a challenging, high-visibility and rewarding career in an area of human resource management, should e-mail Chief Master Sgt. Ramon Rogado at ramon.rogado@hurlburt.af.mil.

Nuclear weapon troops needed

The nuclear weapons maintenance career field has opportunities for senior master sergeants to cross-train into the 2W291 Air Force Specialty Code. Applicants must be an E-8 or an E-8 select, have a top-secret security clearance, and comply with the requirements outlined for the Personal Reliability Program in Air Force Instruction 36-2104. Training for these positions will be conducted on the job. For more information, call Senior Master Sgt. Anthony Daubach at (703) 695-0809 or Senior Master Sgt. Ron Dryburgh at (719) 554-5967.

CGO Council meeting

All Hurlburt Field Company Grade Officers are invited to join the Hurlburt Field CGOC. The next meeting will be held March 21 at 3:30 p.m. in the Soundside Garden room. For more information, e-mail 1st Lt. Kerya Reyes or 2nd Lt. Jennifer Baker at hurlburt.cgoc@hurlburt.af.mil.

Community

NCMA luncheon

The National Contract Management Association holds its next luncheon meeting Wednesday from 11 a.m. to 1 p.m. at the Eglin Enlisted Club dining room. Guest speaker, Christopher Lettiere, vice president and

director of engineering for IDT Metric Systems will conduct a short presentation on iIncentiving Contractors to Reserve Diminishing Manufacturing Source Trends. To make reservations or for more information, call Cheryl Owens at 882-0243 or Jillian Pate at 882-4686, ext. 318.

Fuel alternative

The 16th Logistics Readiness Squadron Fuels Management Flight will convert diesel fuel to biodiesel April 1. Organizations that use diesel fuel and maintain a vehicle identification link key need to have the keys recoded by March 31 by taking them to the fuels management flight in Building 90037.

Appreciation ceremony

The Hurlburt Field Volunteer Advisory Council hosts the annual Volunteer Appreciation Ceremony April 11 from 10 a.m. to noon at the Soundside. The event will recognize over 600 volunteers supporting 12 base organizations and will announce the winners of the Angel and Volunteer Excellence Awards. Award packages need to be turned in by March 21 to Shannon Skoula-Clark at the family support center. For more information, call 884-1533.

FOCUS 56 meetings

All staff sergeant selects through technical sergeants assigned to Hurlburt Field are invited to join FOCUS 56 meetings every third Tuesday of the month at 3 p.m. at the deployment control center auditorium. For more information, call Tech. Sgt. Timothy Gray at 884-5199 or Staff Sgt. Mary Williams at 884-2308.

Self-help store changes hours

The Hurlburt Field self-help store will be closed for business March 26 to 27 to conduct inventory. Also, due to the high operations tempo at Hurlburt Field, the store is operating with minimal personnel, and has reduced its hours of operation to Mondays through Fridays from 8 to 11 a.m., and noon to 3 p.m. For more information, call Master Sgt. Chester Gnatek at 884-7130.

Pharmacy med list upgrades

The Hurlburt Field Pharmacy Clinic has stocked its shelves with a larger variety of medications. Newer antacids and non-sedating antihistamines are now available. A full list of all medications will be posted on the 16th Medical Group's Web site. For more information, call the pharmacy at 881-2133.

Mail Order Pharmacy change

The new TRICARE Mail Order Pharmacy contract replaced the existing National Mail Order Pharmacy March 1. TMOP is a worldwide, full-service mail order pharmacy program that provides cost-effective prescription resource services to all TRICARE-eligible beneficiaries. TMOP services can be used in addition to prescription services available through military and retail pharmacies. For more information, visit the TRICARE Web site at www.tricare.osd.mil.

Summer employment

Hurlburt Field will be sponsoring a Summer Hire Program for local high school and college students age 16 and older that will provide temporary jobs from May 27 to Aug. 1. For application packages and more information, visit the Hurlburt Field Civilian Personnel Office in building 90210, Room 135.

Hurlburt Field Chapel 884-7795



Catholic Mass

Saturday, 5:30 p.m.
Sunday, 7:15 and 10 a.m.
Confessions: Saturday, 4:30 to 5 p.m., or by request.
Youth: 5 p.m. Sunday
Religious Education:
September ñ May

Protestant Services

Sunday, 8:30 a.m. (praise & worship),
11:30 a.m. (traditional),
12:45 p.m. (Gospel)
Religious Education: August ñ May
Youth and Singles groups available
Jewish Services (882-2111)
Sabbath services: Friday, 7:30 p.m., Eglin Chapel Center
Havdallah services: next-to-the-last Saturday of each month, 7 p.m., Chapel annex
Muslim Services (882-2111), Eglin Chapel Center
Jumuah: Friday, 12:45 p.m.
Qur'an: Saturday, 6 p.m.

At the movies

Prices are \$3 for adults and \$1.50 for children. Movies start at 7 p.m. unless otherwise indicated.

Hurlburt Field 884-7648

Friday ñ (PG-13) iDarkness Falls, i starring Chaney Kley and Emma Caulfield ñ Kyle Walsh must return home to confront his troubled past and save his childhood sweetheart Caitlin and her younger brother Michael from an unrelenting evil that has plagued the town of Darkness Falls for more than 150 years.

Saturday ñ (R) iNARC, i starring Jason Patric and Ray Liotta ñ A narcotics cop, who happens to be a recovering drug addict, is assigned to help uncover the truth behind the murder of a young officer. He teams up with the dead officer's partner, and the cover-up they expose could destroy them both.

Sunday ñ (R) iConfessions of a Dangerous Mind, i starring Sam Rockwell and Julia Roberts ñ Chuck Barris, Gong Show host, creator of The Newlywed Game and The Dating Game, was recruited by the CIA and trained to become a covert operative. As he basks in the glamour of two worlds, television producer by day, CIA assassin by night, his life begins to spin out of control.

Eglin 882-1066

Friday and Sunday ñ (R) iFinal Destination 2, i starring Ali Larter and A.J. Cook ñ Kimberly watches helplessly as a logging truck careens out of control, loses its deadly payload, and sets off a horrifying chain reaction. A moment later, she is still stuck in on-ramp traffic, with a line of commuters she saw die moments before trailing behind her. It was only a vision, but was it also a warning?

Saturday ñ (PG-13) iBiker Boyz, i starring Laurence Fishburne and Tyson Beckford ñ An undefeated racer known as Smoke, is the undisputed King of Cali. But Smoke's dominance of the set is about to be threatened by a young motorcycle-racing prodigy known as Kid, who is determined to win Smoke's helmet and earn the coveted title.

(Editor's note: Movies are subject to change. Telephone numbers are provided for patrons to confirm scheduled playdates.)

Community

MPF limitations

The 16th Mission Support Squadron, Military Personnel Flight, will have limited services March 24 through 26, due to MilPDS being down for upgrades. Customers should call the MPF agency they wish to see before visiting on these days. The MPF will be closed today due to a 16th Special Operations Wing training day. This includes the MPF Customer Service section, which includes active-duty and dependent ID cards, and the records section. For more information, call Senior Master Sgt. Brian Johnston at 884-2652.

Deployment "Ditty" bags

The Hurlburt Field and Eglin Air Force Base Red Cross stations are collecting deployment "ditty" bags that include a variety of disposable items a service member can use or enjoy on a long trip. The bags should include items that are individual serving sizes and individually wrapped for hygiene, recreational or food purposes. Contributors may also make monetary donations. For a list of items and more information, call the Hurlburt Field Red Cross at 884-6107 or the Eglin AFB Red Cross at 882-5848.

Free HAZMAT collection

Hazardous Material collection, which is sponsored by the Okaloosa Board of County Commissioners, is open every Thursday from 1 to 3 p.m. and every third Saturday from 7 to 11 a.m., to collect, recycle, treat and properly dispose of household hazardous waste for free. HAZMAT is located at 84 Ready Ave, Fort Walton Beach. For more information, call 651-7395.

OWCC 4-year scholarships

Military and dependents are encouraged to apply for

the OWCC full-time scholarships by March 28. The scholarships will provide assistance for up to two years of study at OWCC or \$1,500 annually for two years at any Florida public university.

Interested people need to complete the general scholarship application in the OWCC scholarship booklet. For more information, call the OWCC Financial Aid Office at 729-5370 or the OWCC Foundation at 729-5357.

16th CPTS Policy changes

Financial Services customer counter hours are now 8 a.m. to 3 p.m. Also, routine printing of leave and earnings statements will no longer be provided at the customer service counter. Exceptions may be made for those permanent change of station in-bounds or people who are on temporary duty to Hurlburt Field. All others will need to go to the DFAS Web site and open a My Pay account. For more information, call 884-4053.

Heart Link

Heart Link is a program established to strengthen military families and enhance mission readiness by increasing spouse awareness of the Air Force mission, customs, traditions, protocol, support resources and services available to them.

To help achieve this task, a two day class is being offered for spouses who are five years and newer to the Air Force. The program involves all members of the "Commando Agencies Reaching Everyone" team, including the youth flight, health and wellness center, behavioral health flight, chapel, family support center, as well as TRICARE, the military personnel flight, and legal. For more information, call the FSC at 884-5441.

ERAU term registration

Embry-Riddle Aeronautical University Spring B term registration will be held through today in the education center. Class dates are Monday through May 17. For more information, call 581-2106.

Classes

FSC Classes:

Employment Orientation – Monday, 9 a.m. and Wednesday, 1 p.m.

Sponsorship Training – Monday, 1 p.m.

Moms, Pops & Tots – Tuesday and Wednesday, 10 a.m.

Kids Smooth Move – Tuesday, 4 p.m.

HAWC Classes:

Diabetic Nutrition – Tuesday, 9 a.m.

Eat Heart Healthy – Thursday, 9 a.m.

Lean On Me – Thursday, 11 a.m.

Fitness for Weight Management – Thursday, 1 p.m.

Sports

Golf tournament

The annual John E. Ray Memorial Golf Tournament, which is open to military members and dependents, will be held March 21 beginning at 7 a.m. at the Hurlburt Field Gator Lakes Golf Course. The cost is \$30 per person, and a portion of the proceeds will be donated to the American Heart Association. Those interested in participating should sign up by Monday. For more information or to sign up, call Staff Sgt. Mark Goujon at 884-6899 or e-mail mark.goujon@hurlburt.af.mil.

Spring sports seasons

The following spring sports will begin:

Outdoor soccer – March 26

Co-ed volleyball – April 2

Intramural softball – April 9

Women's softball – April 15

BLUEWATER BAY DENTAL
CS/WE LOVE CHILD
518557
2 X 5.00

SPRAYGLO/FWB
CS/RHP/LOVE YOUR
518985
3 X 5.00

SPORTS

16th CMS takes tops in Fit Eagle

by Airman 1st Class Sam Taylor
Public Affairs

After competing head-to-head with 10 other teams, the 16th Component Maintenance Squadron team brought home the Fit Eagle Challenge crown at the main fitness center March 7.

Fit Eagle, an annual inter-squadron fitness competition, pits teams of five against one-another in feats of strength and skill. Teams were made up of one male over 40 years old, one male over 30, one male any age and two females any age.

Fifty-five people on 11 teams competed in a 5K run, push-ups, sit-ups,

pull-ups, flexibility, the tug of war and a team-building mystery event, said Staff Sgt. Tamara Johnson, 16th Services Squadron.

"The Fit Eagle Challenge was established in 1990 to bolster squadron esprit de corps," she said. "The event is designed to reflect the high levels of fitness required of Air Force Special Operations Command people."

Each team member competes for an individual and team trophy, said Sergeant Johnson. This year the fitness center implemented a wall plaque that's being hung to display the overall Fit Eagle champions for the year. The winning team also gets an overall team

trophy to take back to their squadron display case.

"(Our team) worked hard and we're all in shape," said Jessica Moore, 16th CMS team captain. "I think we did really good in the run. That trophy is going to look good in our display case."

Morning thunderstorms threw an unexpected wrench in the works of the competition, but "the word on the street about this year's event is that it was an overwhelming success, despite the weather," said Sergeant Johnson.

After checking with weather to get a lightning warning update, the status looked bleak so the 5K run, which usually starts the Fit Eagle Challenge, was moved after the individual events.

"Surprisingly enough, some of the competitors actually liked doing the calisthenics before the run," said Sergeant Johnson.

When it came time for the run the weather was still stormy – rain began pouring down just before the start.

"We again checked with the weather folks and were given a go on the

event," said the sergeant. "There was rain but no lightning."

Russell Stevens, 25th Information Operations Squadron, finished first in 17:18. Sarah Mandes, 16th Civil Engineer Squadron, was the top female, crossing the finishing line in 18:40.

"The weather did a complete reverse and we had beautiful weather for the tug of war," said Sergeant Johnson. The 16th Security Forces Squadron team defeated all to take first place in the single-elimination tug of war, the final event of the competition.

Security forces also took first place in the mystery event, where team members had to climb through a hula-hoop while keeping their hands clasped between each other's legs.

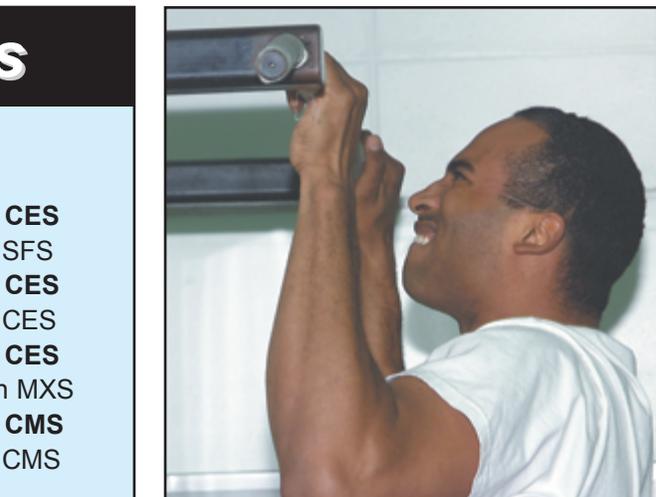
The 16th CMS team had a winning total of 740 points. The 16th SFS trailed closely behind with 710 points, and the 16th CES took third with 680 points.

"Fit Eagle couldn't have been a success without the volunteers who took the time out of their day to help," said Sergeant Johnson.



Photos by Airman 1st Class Sam Taylor

The 16th Security Forces Fit Eagle Challenge team climbs through a hula-hoop with their hands clasped during the mystery event Friday.



Runners (above) take off into the rain during the 5K run. (left) John Mahan, 16th Equipment Maintenance Squadron, finishes a set of pullups.

Fit Eagle Challenge results

Event	1st	2nd	3rd
Overall winners	16th CMS	16th SFS	16th CES
5K run (team)	16th CMS	16th CES	16th SFS
Push-ups	16th CMS	16th SFS	16th CES
Situps	16th CMS	16th SFS	16th CES
Pull-ups	16th SFS	16th CMS	16th CES
Flexibility	16th CES	16th LRS	716th MXS
Tug of war	16th SFS	16th AMXS 2	16th CMS
Mystery event	16th SFS	716th MXS	16th CMS