

Photo by Staff Sgt. Carrie Hinson

Retired Brig. Gen. Harry Aderholt speaks at his surprise dedication ceremony of the main fitness center, Tuesday. The facility has been named the Aderholt Fitness Center.

Commando legend Aderholt honored with fitness center name dedication

By Master Sgt. Ginger Schreitmueller
AFSOC Public Affairs

He is a recipient of the Air Force Special Operations Command Order of the Sword and the U.S. Special Operations Command Bull Simmons Award.

The accolades and achievements for retired Air Force Brig. Gen. Harry "Heinie" Aderholt are extensive, recognizing the contributions of a man many consider the father of Air Force Special Operations.

In celebration of his 84th birth-

day, one more honor has been bestowed on "Air Commando One" with the naming of the main fitness center in his honor.

A plaque designating the Aderholt Fitness Center was unveiled during the opening events of the AFSOC headquarters staff's Fit for Fight test, Tuesday.

AFSOC leadership invited General Aderholt to help kickoff the test under the guise of his commitment to physical fitness.

"Every day at 5 a.m., you can find General Aderholt in the gym," said Brig. Gen. John Folkerts, AFSOC's vice commander. "It's

only fitting we ask him to join us for this test, especially since today he celebrates his 84th birthday."

After a round of "Happy Birthday" and the presentation of a cake, General Folkerts turned the celebration over to the 16th Special Operations Wing commander.

"General Aderholt's support to this community is exceptional, and in honor of his dedication to Special Operators the Air Force Chief of Staff has authorized the naming of the fitness center in his honor," said Col. O.G. Mannon,

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Force protection alters Lukasik

By Paul Kendrick
16th Civil Engineer Squadron

Adding to the abundance of construction projects at Hurlburt Field is the "Upgrade Force Protection" project around buildings 90210, 90213, 90208, 90215 and Building One.

The latest Military Construction project will provide an increased level of safety for the users and visitors at a number of buildings, as well as additional parking and a more appealing campus like setting.

Phase one began Dec. 24 and includes the closure of Lukasik Avenue and demolition of the First National Bank building. Areas along Lukasik Avenue north of building 90213 and 90210, east of building 90210 and a portion south of 90210 will be included in the first phase of construction.

New work includes upgrading and
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Photo by Senior Airman Sam Taylor

A construction worker demolishes Lukasik Avenue, behind Building 90210, Wednesday.

News



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Program giving gifts to kids dubbed a success

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Speedy sprinter

Hurlburt Field runner nets medals for America

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Weather

Weekend forecast

Today – isolated showers, High 60 Low 45

Saturday – partly cloudy, High 53 Low 38

Sunday – mostly sunny, High 45 Low 32



www.hurlburt.af.mil/milonly/weather/5day

Open Line

The Commander's Open Line is your direct line to me for questions or suggestions about subjects of concern to the Hurlburt Field community. I really appreciate your feedback.

To receive a response, leave your name, unit and telephone number. Open lines of general interest will be printed in the

COMMANDO. I'll answer the others by letter or phone call. Remember, the quickest and most efficient way to resolve a problem is to talk directly to the agency responsible. This gives them an opportunity to help you, and perhaps improve their process.

However, if you're not satisfied with the answer you receive, feel free to give me a call at 884-OPEN (6736), or e-mail your concerns to commando@hurlburt.af.mil.



Col. O.G. Mannon

Playing it safe

Comment: I have 2-year-old twins and it's almost impossible to bring them to the park by myself due to the constant danger of them running off into the woods or down into a drainage ditch. If possible, I'd really like to see a fence placed around this area. Thank you.

Response: As a result of your query, some valid safety

concerns were identified at the playground you've described on Weaver Ave. To correct the situation and ensure the safety of our families, we're taking steps to install barriers between the playground and the road and along the large drainage ditch immediately behind the playground. Our long-term plan is to plant a "living fence" along the ditch to keep small children from wandering near this potential hazard. We'll also be replacing the sand with a properly configured rubberized fall surface. Thanks for bringing this to our attention.

The honor of observing retreat

By Deeana Stamm-Holley
16th Communications Squadron

As a contractor working here at Hurlburt Field, I usually end my workday around 5 p.m.

Above the hubbub of my thoughts, the blare of my radio, and the whirr of my over-extended air conditioner, I often hear retreat.

How the notes of that lone bugle catch my attention over all the noise in my car, I will never know. Still, it always does, so I bring my car to a stop, become silent, and pay respect to the American flag and all it represents. I consider my presence on base during retreat ceremonies to be an honor. Unfortunately, not all people on Hurlburt Field feel the same.

Many times I've seen frustrated gestures in my rear view mirror when I have paused for retreat. I've even seen service members knowingly snub their duty to pay honor to the flag while the notes of retreat clearly play. It's sad to know the sounds of freedom represented in the national anthem fall upon the deaf ears of many here.

I believe it's up to us, as members of the base community, to understand and observe the rituals of the Retreat Ceremony.

The retreat ceremony serves a twofold purpose. It signals the end of the official duty day and serves as a ceremony for paying respect to the flag.

If you're in uniform and not part of the formal retreat ceremony, and you hear retreat over the public address system, you're expected to pause, face the direction of the flag or the music, come to attention and then go to parade rest.

Upon playing of the national anthem or "To the Colors," come to

attention at the first note and salute. At the last note of the song, lower your salute and continue on your way.

Military who are outdoors in civilian clothing take the same action as when in uniform, except men should remove head gear with the right hand and hold it over their left shoulder with the right hand over the heart. People without hats should pay respect by standing at attention and placing the right hand over the heart.

If you are in a vehicle during an Air Force flag ceremony, the driver stops at the first note of the national anthem or "To the Colors." The driver and passengers remain seated at attention until the last note is played.

And what about civilians? According to the Flag Code, approved by Congress on July 7, 1976, it states that they too should stand at attention, facing the flag with the right hand over the heart during the playing of the national anthem.

The music lasts approximate two minutes. Think about it like this:

In the time we spend listening to one song on the radio, we can stop and be thankful for our freedom from tyranny.

In the time it takes to read this article, we can be silent and ponder what life is like without freedom of speech.

In less time than most parents spend tucking a child in at night, we can pay respect to the flag that waves over every school in our country.

So, if you hear that bugle come across the public address system or you see a couple of cars stopped around 5 p.m. on base, rise above the hurried frenzy and clamor of life and embrace the chance to observe the Retreat ceremony.

Aircrew members to receive flying crosses

Twenty Distinguished Flying Crosses with Valor will be presented to Hurlburt Field aircrew members at the Corrosion Control facility at 11 a.m., Jan. 27. All base members are invited to attend.



Attendees should remember these tips regarding proper respect to the flag and the national anthem:

○All personnel in uniform and outside must face the flag and salute during the raising and lowering of the flag. Upon the first note of the national anthem or "To the Colors," all personnel in uniform who aren't in formation should stand and face the flag (or the sound of the music if the flag is not visible) and salute. Hold the salute until the last note of the music is played.

○All vehicles in motion should come to a stop at the first note of the music and the occupants should sit quietly until the music ends.

○When in civilian clothes, face the flag (or the sound of the music if the flag is not visible) and stand at attention with the right hand over the heart.

○If indoors during retreat or reveille, there's no need to stand or salute. However, everyone must stand during the playing of the national anthem before a showing of a movie while in the base theater. When listening to a radio or watching television, no specific action is necessary. Additionally, a folded flag is considered cased; therefore, it is not necessary to salute or continue saluting.



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Submitting articles

The deadline for submissions to the COMMANDO is 4 p.m. Wednesday, the week prior to publication. Articles may be submitted on IBM format computer disk or via electronic mail. Non-electronic submissions must be typed, double-spaced and all submissions must include the name and telephone number of a person to call for questions.

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Hurlburt Field DUI Tracker

Jan. 1 – Jan. 9:

No DUIs

**Airmen Against
Drunk Driving
Don't Drink and
Drive.**

Days since last
DUI: 27

Call 884-8844

Total DUIs this
year to date: 0

Potential saves
this year: 17

Total DUIs for
2003: 53

2003 Angel Tree

Wing spreads holiday cheer

By 1st Lt.
Amanda Cheatham
Air Force Special
Operations Command

Twenty-one squadrons helped make the 2003 Angel Tree program a success by allowing 220 Hurlburt Field children to receive more than 700 gifts valued at \$8,900.

From November to December, children were nominated by squadron first sergeants, based off the rank of the military parent and the number of children in the family. Each "angel" ornament was placed on the tree with their holiday wishes.

Many generous individuals pulled an angel off the tree and purchased a new gift (or two or three) for the child. Each day the drop-off box was overflowing with new gifts for the children.



Photo by 1st Lt. Amanda Cheatham

Tech. Sgt. Herbert Passmore, 16th Equipment Maintenance Squadron (right), and Sherry Senzig load up Angel Tree gifts for Hurlburt Field children.

These gifts were collected daily and all gifts were logged for accountability.

Last minute donations from individuals and organizations such as the Hurlburt Top 3 provided funding for the \$1,563 shopping spree for the missing angel gifts at the end

of the program. The Company Grade Officer's Council managed the program, and ran the massive gift-wrapping operation the weekend prior to gift distribution.

Thanks to the entire Hurlburt Field community for supporting this year's Angel Tree.

Holiday decoration disposal

Members of Hurlburt Field housing are reminded that holiday decorations should be removed from houses and yards by Tuesday. Trees may be set next to the curb to be picked up and disposed of.

Also, residents are encouraged to trim and edge yards and trim shrubs this month. For more information, call 884-7505 ext. 107.

AFC2TIG unit participates in Task Force Paul Revere

By Tech. Sgt. George White
605th Test and Evaluation Squadron

The 605th Test and Evaluation Squadron from the Air Force Command and Control Training and Innovation Group is participating in a program helping to shape the future of command and control - Task Force Paul Revere.

"Paul Revere, a battle management command and control test bed aircraft, provides a unique platform to experiment with the latest BMC2 tools and applications in an operational environment," said Lt. Col. Melvin Fitzpatrick, 605th TES project manager. "It demonstrates capabilities which could transition command and control, intelligence, surveillance, and reconnaissance systems to future and existing airborne C2 platforms."

The primary focus of the Paul Revere concept demonstration during the recent exercise Virtual Flag 03-4, hosted by Detachment 4, AFC2TIG at Kirtland Air Force Base, N.M., was to show how a sundry of airborne BMC2 tools could aid the warfighter with combat identification primarily

through the use of unmanned aerial vehicles/remotely piloted aircraft, such as Predator, and the integration of space assets.

"The findings from the concept demonstration will be investigated for possible use in the development of C2ISR requirements," said Colonel Fitzpatrick. "However, the systems used on Paul Revere are not limited strictly to supporting combat identification. The BMC2 suite can support the entire kill chain, commonly referred to as the Find, Fix, Track, Target, Engage and Assess, or F2T2EA, process."

A team composed of Air Force and Lincoln Laboratories people along with various contractors and other entities in the government are following the newly coined "blue collar systems engineering" process, where technical personnel work side-by-side with actual users throughout the development process. It has proven to be the basis for the successful prototype effort.

In many instances the task force is breaking new ground with some of the systems they are integrating into the project.

"Many of the systems that we use on the aircraft have never flown, have never been on an aircraft before," said Maj. Niles Cocanour, Paul Revere Test Director, Electronic Systems Center, Hanscom AFB, Mass. "They've never been subject to the kind of stress that aviation puts on them, both from the communications perspective, as well as the requirements that aviation puts on them just going on board."

When all that goes into a project like this, the results can be impressive.

"We're bringing together systems that have never flown before, in an environment they've never been stressed in before, with people who have never operated them before. We're employing new concepts of operation, concepts of deploying, tactics, techniques, and procedures that have never been done before. We're bringing together an entire team of contractors, military, and federal civilians, with the goal of trying to improve our ability to prosecute targets, and conduct and wage war successfully," said Major Cocanour, "It's just phenomenal."

Prior service members receive SKT exemptions

AIR FORCE PERSONNEL CENTER – Prior service members who don't possess the minimum required Primary Air Force Specialty Code skill level commensurate with their grade will now automatically receive a two-year exemption from taking the specialty knowledge test during promotion fitness exams.

The exemption will become effective with the next staff, technical and master sergeant promotion cycles.

"This will bring promotion consideration for all prior service members in line with current procedures used for retrainees," said Chief Master Sgt. Mark Billingsley, chief of the Enlisted Promotions Branch here. "The change will ensure all members are given fair, timely, and equitable promotion consideration under the Weighted Airman Promotion System.

"Those retraining without any break in service are given an SKT exemption for two years to allow them to continue to progress through the ranks, with the understanding that while they were "upgrading" in the new skill," the chief continued, "they wouldn't be disadvantaged by having

to test along with those who had been in the specialty their entire career.

"Until now, when it came to prior service folks returning to active duty, there was no such 'grace period' built into the system," he added. "They were required to immediately test on both PFE/SKT.

"We've fixed the inequity by giving both groups the opportunity to learn a skill before it becomes part of the promotion equation for them," said Chief Billingsley.

The change in policy won't be grandfathered, and supplemental requests won't be accepted for past promotion cycles.

For the 2004 promotion cycles, any prior service member that entered active duty Jan. 1, 2002, or later, who doesn't possess the minimum required PAFSC skill level commensurate with their grade, will be eligible for the two-year SKT exemption. The change is expected to affect about 1,000 people per year.

For more information on personnel programs, call the Air Force Contact Center at (800) 616-3775 or visit <http://www.afpc.randolph.af.mil/cst>.

New law gives military tax relief

WASHINGTON – The Internal Revenue Service is helping taxpayers use a new law providing income exclusions for death benefit payments and certain home sales.

Both provisions are retroactive, so some qualifying taxpayers must file amended returns to claim these tax breaks.

The IRS asks them to put the words "Military Family Tax Relief Act" in red at the top of such returns to speed processing.

The new law doubled the benefit paid to survivors of deceased Armed Forces members to \$12,000, made the entire amount tax-free and made the changes effective for deaths occurring after Sept. 10, 2001. Previously, only \$3,000 was tax-free.

Recipients who already paid tax on benefits received for deaths after the effective date may file an amended return on Form 1040X, reducing their adjusted gross income by the \$3,000 they had reported as taxable. Those who receive such "gratuity" benefits in 2003 and future years will not have to report them on their tax returns.

Taxpayers may exclude gain on a home sale, provided they have owned and used the home as a prin-

cipal residence for two of the five years before the sale. The new law allows persons on qualified extended duty in the U.S. Armed Services or the Foreign Service to suspend this five-year test period for up to 10 years of such duty time.

A taxpayer is on qualified extended duty when at a duty station that's at least 50 miles from the residence sold, or when residing under orders in government housing, for more than 90 days or for an indefinite period. This change applies to home sales after May 6, 1997. A taxpayer may use this provision for only one property at a time and may exclude gain on only one home sale in any two-year period.

Although an amended return must usually be filed within three years of the original return's due date, the law gives qualifying taxpayers who sold a home before 2001 until Nov. 10, 2004, to file an amended return claiming the exclusion.

A taxpayer may use Form 4506, "Request for Copy or Transcript of Return," to get an earlier year's tax return. This form and Form 1040X are available on the IRS Web site at www.irs.gov, or by calling (800) TAX-FORM.

News Briefs

3650th BMT reunion

Sampson Air Force Base Veteran's Association, Inc. is looking for all 3650th Basic Military Training Wing, permanent party, Women's Air Force, basic trainees and Special Training School personnel from 1950 to 1956 for the 2004 reunion. For more information, e-mail Chip Phillips at chip34@aol.com or by mail at P.O. Box 331 Williamsville, NY 14231-0333.

AFSA meeting

The Air Force Sergeants Association, Chapter 567 holds a general membership meeting Thursday at 3:30 p.m. at J. R. Rockers. For more information, call Master Sgt. Bernadette Garces at 884-7633.

Asian-Pacific course

The Joint Special Operations University invites all Special Operations personnel to attend the Asian-Pacific Orientation Course Feb. 2-6. The course is designed for personnel preparing to live in or deploy to the Asian-Pacific region, personnel who work with individuals from this region and personnel with a professional or analytical interest in the Asian-Pacific region. The course provides non-technical education on the cultural, historical, political, economical, social, religious and security dynamics of the region.

For more information, call Joyce Weber at 884-

4731 or Capt. Jae Sim at 884-1858. Also, visit www.hurlburt.af.mil/milonly/tenantunits/jsou/.

Limited service station hours

The Military Service Station will operate on limited hours from Jan. 19 to Feb. 9 due to scheduled construction, which will encompass the replacement of the unleaded fuel tanks and their island servicing pumps. During the construction period, unleaded customers will be serviced via a C-300 ground fuel truck staged at the service station.

The following is a list of the temporary operating hours:

Monday through Friday	Weekends/holidays
8 to 10 a.m.	8 to 9 a.m.
1 to 3 p.m.	1 to 2 p.m.
6 to 8 p.m.	6 to 7 p.m.
2 to 3 a.m.	2 to 3 a.m.

For emergency/after-hours support, call the Fuels Resource Control Center at 884-7374 or 884-6528.

Military Order Purple Heart

Chapter 566, Military Order Purple Heart in Pensacola is interested in contacting any former members or anyone at Hurlburt Field who is a recipient of the Purple Heart. The chapter meets on the third Saturday of each month at 11 a.m. at the Second Cup Café in Gulf Breeze through

March. For more information, call Norman Meeker at 932-0824 or Bill Sharon at 936-9284.

Nametag regulations reminder

As of Jan. 1, the new metallic nametag must be worn on the wearer's right side of the service dress jacket with the bottom of the nametag level with the bottom of the ribbons as directed by Air Force Personnel Center officials. It should be centered between the sleeve seam and the lapel. The nametag will also be worn on pullover sweaters on the wearer's right side with the bottom of the nametag centered between the middle of the sleeve seam and the seam of the neckline. It won't be worn on the cardigan sweater.

For more information, call the military personnel flight at 884-5251.

NY Air Guard

The 109th Airlift Wing in Scotia, N.Y., home of the C-130 ski-birds, has traditional Guard vacancies in the following career fields: 1A2X1, 1C3X1, 1N0X1, 2A5X1, 2A5X3, 2A6X1, 2A6X2, 2A6X4, 2A6X5, 2A6X6, 2A7X1, 2A7X3, 2E1X3, 2F0X1, 2S0X1, 2T0X1, 3C1X1, 3C3X1, 3M0X1, 3P0X1, 4A0X1, 4A1X1, 4A2X1, 4D0X1, 4N0X1, 4P0X1, 4T0X1 and 6C0X1. For more information, call Master Sgt. Wesley Ryerson at DSN 344-2456 or e-mail wesley.ryerson@nyscot.ang.af.mil or call 1 (800) 524-5070.

LUKASIK, Continued from Page 1

realigning multiple utilities, rerouting Lukasik Avenue, adding parking spaces on the north and east sides of 90210 and the eastern portion of a new landscaped pedestrian mall along the south side of 90210. Sixty-six new parking spaces will be added to this area.

Phase one is scheduled to be completed in approximately 150 days and access to building 90210 will be maintained at its western entrance during this time.

Phase two begins with switching the entry point to 90210 from the west side to the east side. Areas south of 90213, east of Building One and south of 90210 will be worked in this phase. Again major utility work will be

included, the middle section of the pedestrian mall will be constructed, but most of the work will be parking lot construction with the addition of 141 new parking spaces. This portion of work should be completed 210 days after phase one is finished.

The north and west areas of Building One will be the site for phase three. Utility work will be completed, parking realignment with nine additional spaces will be included and the final western portion of the pedestrian mall will be finished. This area will have 210 days to be completed after phase two.

Once the upgrades are complete, a landscaped walkway will provide an

east-west pathway from Terry Avenue to Cody Avenue for pedestrians. Parking and roadways will be situated in accordance to force protection guidelines.

The "Upgrade Force Protection" project will enhance the living and working atmosphere at Hurlburt Field by the creation of pleasing landscaping, safe pedestrian/automobile traffic and additional parking.

Temporary parking is now available in the 16th Logistics Readiness Squadron vehicle maintenance motor pool yard. There are 54 parking slots available and people are advised not to park on the side pass the barriers or they will be ticketed.

FITNESS,**Continued from Page 1**

16th SOW commander.

The event was a true surprise, said General Aderholt.

"This is incredible and quite the birthday present," he said. "But every day is a celebration when I can be associated with (Special Operators)."

For more than six decades, General Aderholt has made it a point to wake early and do some form of exercise.

"Trying to stay as fit as possible is important to me," said the general. "I have no specific workout program; I just start at 5 a.m. and go for an hour. Let me tell you, after 60 years it doesn't get any easier!"

General Aderholt said during his tenure at Hurlburt Field there wasn't a fitness center per se, but six days a week all the commanders were expected to get out and run with their troops. The general served as the vice commander, then commander of the 1st Air Commando Wing from 1964-1965.

"I haven't stopped working out since then," he said. "Though it will seem a bit strange walking into the center each day and seeing my name, I'm going to keep working out until I can't work out any more."

General Aderholt retired from service in 1976 after more than 34 years of service to the nation.

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Airlines limit baggage items for security purposes

By John Milo
Federal Aviation Administration

Along with passenger's facing increased security at the nation's airports, each passenger's baggage is also being examined closely.

As a result, more and more items are being discovered that are considered hazardous material and aren't allowed to be carried.

Most of the people traveling by air are unaware of the dangers posed by many commonly used hygiene and household items.

Many of these items have the potential to be a risk to the health and safety of everyone.

In an effort to minimize these risks during flight, hazardous material regulations (Title 49 Code of Federal Regulations Part 171 - 180) provide detailed information on authorized exceptions, forbidden items and quantity limits.

Individuals violating these regulations could face civil penalties of up to \$30,000.00.

Many of the items passengers previously carried without being discovered are now found and removed from the passenger's baggage.

Most passengers are unaware of exactly what items are allowed to be carried and which ones aren't.

Each passenger is authorized to carry small quantities of medical and toiletry items. The aggregate quantity of hazardous material items carried by a passenger may not exceed 70 ounces by mass (68 fluid ounces). The capacity of any one item may not exceed 18 ounces by mass (16 fluid ounces).

This exception (if within quantity limits) allows each passenger to carry items such as hair spray, colognes and body sprays legally.

One of the most often permitted items not authorized by the exceptions is spray starch. Most spray starch products come in 20 or 22-ounce cans and aren't considered a

medical or toiletry item.

Smoking materials are authorized under limited conditions. Two lighters or packs of matches may be carried on the passenger or packed in the passenger's carry-on items only. However, lighters containing unabsorbed liquid fuel, torch lighters, lighter fluid or refills aren't permitted on a person, or in checked or carry-on baggage.

One self-defense spray (not to exceed 4-fluid ounces) that incorporates a positive means to prevent accidental discharge may be carried in checked baggage only.

Small arms ammunition for personal use may be carried in checked baggage only, provided the ammunition is securely packed in a fiber, wood or metal box or other packaging designed to carry small amounts of ammunition.

Items not authorized under any circumstance are butane refills, fireworks, strike-anywhere matches or loaded fire arms (authorized agents only).

For more information, visit <http://www.faa.gov>.

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USAF symbol: Guidelines for use

The U.S. Air Force symbol is based on the original Hap Arnold wings and represents many different aspects of the service's proud heritage and future. (Consistent use of the symbol is crucial to institutionalizing its use.)

Commanders may use the symbol effective immediately on "perishable" products and those involving limited expense, such as printed materials, clothing, coins, etc.

Approved guidelines for using the symbol on base gates and waters towers is available. The symbol should not be applied at this time to other "nonperishable" uses such as aircraft and vehicles.

Commanders retain discretion to decide how the symbol is used in their organizations, consistent with these guidelines. Guidance on other uses is forthcoming.

Approved versions of the symbols described in this guidance are available at www.af.mil/airforcestory/symbol.html. New versions will be posted as they are developed.

Symbol Components

The U.S. Air Force "signature" is made up of two key elements—the symbol and the customized logotype.

These elements are in a fixed relationship to each other and should never be repositioned or altered.

The logotype—U.S. Air Force—can be excluded from the set, but never placed anywhere but below the signature. No other logotype will be placed in that space.

The symbol must always have enough room around it equal to the height of the letters of the logotype.

Think of the symbol as a handwritten signature, with the logotype being the signature block printed below it.

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Flu symptoms:

Upper Respiratory Tract Infection

Upper respiratory tract infections are a common complaint of many patients this time of year. In most cases, URIs can be taken care of at home without physician intervention.

The upper respiratory tract consists of the nose, nasal cavity, larynx and trachea, as well as some of the sinuses and air cells.

URIs include the common cold, influenza, laryngitis (inflammation of the voice box), sore throat, sinusitis, tonsillitis, and croup (in children).

There are more than 200 viruses that can cause URIs. These types of viruses are extremely contagious and are spread by direct contact, such as shaking hands, sharing food or drink and kissing. They can also be spread through coughing and sneezing. A virus can be spread from the hands to the upper respiratory tract by touching the eyes, nose or mouth.

The common cold has symptoms ranging from sneezing, coughing and runny nose, to congestion, headache and sore throat. Colds may or may not include a fever, but if so, it's usually mild.

Influenza begins suddenly and causes more discomfort than a cold. In addition to cold symptoms, flu sufferers usually have high fever, headache, chills, body aches, weakness and fatigue.

The flu also typically causes headache, body aches, fatigue, weakness, exhaustion, chest discomfort and other symptoms that are uncommon or mild in a cold. Symptoms such as sore throat, runny nose, stuffy nose and sneezing are more prominent in a cold than the flu, but can occur with either.

Tonsillitis is an inflammation of the tonsils that causes sore throat and difficulty swallowing.

The most telltale symptom

of croup is a harsh, bark-like breathing sound called stridor. Croup symptoms in children usually occur at night. See your doctor whenever cold symptoms don't go away within a reasonable period of time, worsen or include high fever, earache, severe headache and severe sore throat.

Approximately 69 percent of URIs are viral in nature. The most recommended treatment for URIs is rest and plenty of fluids.

Over-the-counter cold, flu and sinus remedies and pain relievers may provide temporary relief from symptoms, but don't shorten the duration of the infection.

Gargling with salt water may relieve sore throat

symptoms. A steaming bowl of soup can help relieve congestion by loosening nasal secretions.

Antibiotics are not effective in treating viral infections and are only prescribed when the cause of symptoms is bacterial, such as with strep throat, tonsillitis, earaches or sinus infections.

The best treatment for laryngitis is to rest the voice. Repeated bouts of tonsillitis are treated with surgery to remove the infected tonsils. Mild croup can be treated at home with rest, fluids and a humidifier.

If you have a cold or see someone else who does, avoid shaking hands or sharing any food or drinks. Those who do have colds should wash their hands especially after covering their mouth during coughing and should avoid shaking hands.

If you have a URI, get plenty of rest and fluids. Keep mucous membranes moist with a humidifier and petroleum jelly around the nose. Saline nose drops can also help loosen mucus.

If your symptoms last longer than a week, you should see your doctor.



Hurlburt History

Where did Hurlburt Field get its name?

First Lt. Donald Wilson Hurlburt enlisted in the U.S. Army in August 1941, and was assigned to Fort Dix, N.J., where he completed basic training. During October of that year, following his promotion to private first class, he was assigned as an aviation cadet to the Preflight Training School at Maxwell Field, Ala.

Starting in April 1942, PFC Hurlburt attended Advanced Flying School at Moody Field, Ga. As a private first class, Hurlburt was honorably discharged July 2, 1942, from the U.S. Army to accept his commission as a second lieutenant. He was then assigned as a pilot with the 358th Bomb Group at Alamogordo Army Air Base, N.M.

Subsequently, in October 1942, he departed the United States for service in the European theater of operations with the 258th Bomb Squadron, 303rd Bomb Group. Just one month before returning to the United States in July 1943, Lieutenant Hurlburt was promoted to the grade of first lieutenant.

He was next assigned to Headquarters, 1st Air Force, Mitchel Field, N.Y. Then in August 1943, he reported to the 1st Proving Ground Electronics Unit at Eglin Field, Fla.

First Lieutenant Donald W. Hurlburt died Oct. 1, 1943, of injuries sustained when the aircraft he was piloting crashed on takeoff during a local mission at the Eglin Field Military Reservation.

For his actions overseas and his military service, Lieutenant Hurlburt was awarded the Distinguished Flying Cross and Air Medal with three oak leaf clusters. He was also authorized to wear the World War II Victory Medal, the American Defense Service Medal, the European-African-Middle Eastern Campaign Medal with one Bronze Star for participation in Air Offensive Europe Campaign, and the Aviation Badge "Pilot."



First Lt. Donald Hurlburt

Do your part: Help stop terrorism

The first step is knowing what to look for. Always keep an Eagle Eye out for these suspicious behaviors in the contracting environment:

■Surveillance

Any person, including subcontractors, surveying the area by recording or monitoring DoD activities that included the use of cameras (both still and video), note taking, drawing diagrams, taking maps or facility drawings.

■Acquiring Supplies

Any person, including subcontractors, attempting to purchase or steal uniforms, decals, flight manuals, passes or badges as well as attempting or inquiring about obtaining explosives, weapons, ammunition, or any other controlled items.

■Elicitation

Any person, including subcontractors, suspiciously attempting to gain information about the installation, military operations or people.

■Suspicious Persons

Any person, including subcontractors, out of place and who doesn't seem to belong in the work area, business establishment, or other areas. This also includes workers wandering into restricted or unauthorized or potential employees or subcontractors who have questionable documentation when inquiring about work or employment.

■Dry Run



U.S. AIR FORCE
EagleEyes

WATCH.REPORT.PROTECT.

Putting people into position and moving them about without actually committing a terrorist act. An element of this activity could also include mapping out routes, gate opening and closings.

■Deploying Assets

Positioning people or supplies to commit the act. For example, parking a suspicious vehicle next to a building. This is the last opportunity to alert authorities before the terrorism occurs.

■Tests of Security

Any attempts by people, including subcontractors, to measure reaction times of security breaches or by penetrating physical security barriers or procedures.

Contact AFOSI Det 309 – Duty hours at 884-6443/7203, 24 hours at 884-6423 to report suspicious activity.

Dress and Appearance

Occupational Badges:

Badges listed in AFI 36-2923 are directly related to an award Air Force Specialty Code and time in that AFSC. Officers wear the basic badge after graduating from technical school (or after attaining a fully qualified AFSC when technical school is not required), the senior badge after 7 years in the specialty and the master badge after 15 years in the specialty. Officers who are prior enlisted and serving in the same career field as their previous enlisted time can include that time.

Enlisted are authorized to wear the basic badge after completing technical school, the senior badge after award of the 7-skill level, and the master badge as a master sergeant or above with 5 years in the specialty from award of the 7-skill level.

For more information on Aeronautical, Duty, and Occupational Badges, please refer to AFI 36-2923.



Retiree Activities address changes

The Retiree Activities Office sends a newsletter to all Hurlburt Field area Air Force retirees and many are returned because the address is not correct. Addresses are received directly from the Air Force Personnel Center, and they receive them from the Defense Finance and Accounting Service. Addresses can not be updated by the Hurlburt Field Retiree Activities Office. If you need to change an address, it must be done via the appropriate agency. Notifying your respective financial institution is not enough to have your address changed in official records.

All retirees and Annuitants should notify: DFAS at (800) 321-1080. Air Force non-annuitants must fax AFPC/DPPTR at Randolph Air Force Base, Texas, at (201) 665-2322. This office will only accept faxes because they are not manned to take phone in changes. The fax must include the sponsor's name, retired grade and social security number.

Air Force Grey Area retirees: Call the Air Reserve Personnel Center in Denver, Colo., at (800) 321-0102. Army Grey Area retirees, should call (800) 325-2660.



**AADD
available
24/7**

Airmen Against Drunk Driving is now a 24 hours a day, seven days a week alternative to drinking and driving. The program offers a free, confidential ride home, call 884-8844.

Community

Change of command

The Detachment 1, 46th Operations Group invites the public to attend its change of command ceremony Jan. 16 at 10 a.m. at the Soundside Club, where Lt. Col. John Shapland will relinquish command to Lt. Col. Edward (Tony) Arrington. Seating is limited; call 884-3589 to reserve a space.

WIAO closure

The 16th Special Operations Wing Information Assurance Office is closed Jan. 20-23 for renovations. WIAO services will be severely limited during this time, responding only to emergencies via pagers. For any communications security issues, page Master Sgt. Gregory Potts at 881-8368. For any information security issues, page Master Sgt. Keith LeFevre at 881-6739. For more information, call 2nd Lt. Joseph Ketchum at 884-1922.

Relax on Us campaign

Hurlburt Field club members can be eligible to win a cruise to the Bahamas between Jan. 2 and Feb. 27. By signing up new members at J.R. Rockers, the member and new member will be automatically entered into the drawing for the cruise. For more information, call 884-6469.

Couples' massage class

Couples are encouraged to attend the main fitness center's massage class Feb. 13. Guests will learn massage techniques to help relieve stress for \$68 per couple. Space is limited - call the fitness center at 884-7928/4412 to reserve a space.

Legal office closure

The 16th Special Operations Wing Legal office will be closed Wednesday for an official briefing/function. Emergency legal assistance will be available by calling the command post at 884-7774.

Mardi Gras trip

A round-trip Mardi Gras Day trip from Hurlburt Field to New Orleans Feb. 21 is only \$30 person. All eligible participants must be at least 18 years old. For more information or to sign up for the trip, visit the Information, Tickets and Travel office or call 884-7848.

EOSC luncheon

The Eglin Officers' Spouses' Club, along with Hurlburt Field's and Tyndall Air Force Base's OSCs, hosts a joint luncheon Jan. 21 at 10:30 a.m. at the Eglin Officer's Club. Guests will learn how to pamper themselves, receive relaxation tips and be eligible for door prizes. Massage therapists will also be available at the luncheon. For more information or to make a reservation, call Chryl Toth at 678-4084 or e-mail actoth@hotmail.com.

Munch and Mend

The Hurlburt Field Chapel hosts Munch and Mend Monday from 5 to 7 p.m. Airman can enjoy a free dinner while having minor repairs, stripes, patches or nametags sewn on to one article of clean clothing. For more information, call Bill White at 884-7371 or Jimmie Thomas at 881-3344.

Classes

FSC classes

For more information on family support center classes, call 884-5441.

Employment Orientation - Monday, 9 a.m.; Wednesday and Jan. 21, 1 p.m.; reservations required

Sponsorship Training - Monday, 1 p.m.; reservations required

Transition Assistance Program - Tuesday and Jan. 20, 7:20 a.m.; Wednesday, Thursday, Jan. 21 and 22, 7:30 a.m. Reservations required, call 884-6281.

Moms, Pops and Tots - Tuesday, Wednesday, Jan. 20 and 21, 10 a.m.

Heart's Apart Machine Quilting Class - Jan. 24, 9:30 a.m.

HAWC classes

For more information on health and wellness center classes, call 884-4292.

Eating Heart Healthy - Tuesday, 10 a.m. and Thursday, 1 p.m.

Lean and Healthy Eating - Tuesday, 3 p.m.

Total Fitness Enhancement Nutrition - Wednesday and Jan. 21, 8:30 a.m.

Pre-Deployment Nutrition - Thursday, 10 a.m.; Jan. 21, 1 p.m.

Diabetic Nutrition - Jan. 20, 10 a.m.

Healthy Living Workshop - Jan 20 and 22, 1 p.m.;

Jan. 22 and 23, 8:30 a.m.

Lean On Me - Jan. 21, 11 a.m.

Body Composition Improvement Program - Jan. 21, 3 p.m.

Diabetic Nutrition Follow Up - Jan. 22, 3 p.m.

Prenatal Nutrition/Fitness

Guests at the Prenatal Nutrition/Fitness class learn what to eat while pregnant to have a healthy baby and gain the proper amount of weight. They also learn essential prenatal exercises and skills to monitor their exercise program.

Lean and Healthy Eating

Learn to evaluate and improve eating habits, develop a healthy eating/cooking plan, and read food labels to lose body fat, lower the risk of cancer, heart disease, diabetes and osteoporosis in the Lean and Healthy Eating class.

Tobacco Cessation Program

The Tobacco Cessation Program class is an intense four-week program that explores the physical and mental barriers to tobacco cessation.

Lean On Me

Through the Lean On Me/Weight Loss Group, participants are provided a step by step support plan to assist in weight loss and nutritional goals.

Hurlburt Field Chapel

884-7795



Catholic Mass

Saturday, 5:30 p.m.

Sunday, 7:15 and 10 a.m.

Confessions: Saturday, 4:30 to 5 p.m., or by request.

Youth: 5 p.m. Sunday

Religious Education: September- May

Protestant Services

Sunday, 8:30 a.m. (praise & worship),

11:30 a.m. (traditional),

12:45 p.m. (Gospel)

Religious Education: August - May

Youth and Singles groups available

Jewish Services (882-2111)

Sabbath services: Friday, 7:30 p.m., Eglin

Chapel Center

Havdallah services: next-to-the-last Saturday of each month, 7 p.m., Chapel annex

Muslim Services (882-2111), Eglin Chapel

Center

Jumuah: Friday, 12:45 p.m.

Qur'an: Saturday, 6 p.m.

At the movies

Prices are \$3 for adults and \$1.50 for children. Movies start at 7 p.m. unless otherwise indicated.

Hurlburt Field 884-7648

Friday - (PG) "Dr. Seuss: The Cat in the Hat," starring Mike Myers and Kelly Preston - Sally and her brother Conrad, are left home on a rainy day and are rowdily entertained by a mysterious man-size cat. The problem is that their mother has left strict instructions to keep the house spotless.

Saturday - (R) "The Missing," starring Tommy Lee Jones and Cate Blanchett - In the late 19th century in the southwestern United States, Maggie struggles to raise her two daughters on her own. When a psychopath who has been murdering young teenage girls kidnaps Lily, Maggie must turn to her father Samuel, with whom she had a falling-out long ago, for help before it's too late.

Sunday - (PG-13) "Master and Commander: The Far Side of the World," starring Russell Crowe and Paul Bettany - During the Napoleonic Wars, Lucky Jack Aubrey captains the crew of the H.M.S Surprise. When a superior enemy suddenly attacks the ship, it's badly damaged and much of the crew is injured. In a bold and dangerous move, Captain Aubrey decides to set sail in a high stakes chase across two oceans to intercept and capture their foe.

Eglin 882-1066

Friday - (PG-13) "Timeline," starring Paul Walker and Frances O'Connor - In France, professor Johnston, his son Chris and a team of archaeology students are working on the ruins of 14th century castle. Kate and Andre make a startling discovery - an old bifocal lens and a letter from professor Johnston. It turns out that the head of the corporation running the dig, Robert Doniger, opened up a wormhole leading to the 14th century. Professor Johnston is now trapped in history and it's up to his students to find a way to get him back.

Saturday - (R) "Tupac: Resurrection," starring Tupac Shakur - This is the first authorized biopic of the late rapper-actor Tupac Shakur. It includes poetry readings, musical clips and video from his life as well as various interviews, private home movies and previously unreleased concert footage.

Sunday - (R) "Gothika," starring Halle Berry and Robert Downey Jr. - Criminal psychologist Miranda hears confessions from a satanic patient Chloe and later has an experience with a mysterious woman. This leads to nightmares, but her life really becomes horrific when she wakes up and discovers she's been locked in her own sanitarium for a murder that she can't remember committing. Miranda then tries to figure out what's happened and separate fact from fiction.

(Editor's note: Movies are subject to change. Telephone numbers are provided for patrons to confirm scheduled playdates.)

Remembering the life of Dr. Martin Luther King Jr

By Capt. William Woodall
16th Special Operations Wing, Equal
Opportunities office

In 1983, the U.S. Congress designated the third Monday in January a national holiday in honor of Dr. King, beginning in 1986.

Martin Luther King, Jr. was born January 15, 1929, in Atlanta, which was home to his parents and maternal grandparents.

The King family life revolved around worship and church activities, with each day beginning and ending with family prayer. Martin Jr. learned early on from preachers the power of language and the spoken word.

He graduated Morehouse College in 1948 and elected to attend Crozer Seminary in Pennsylvania. He graduated Crozer in 1951 and began pursuing his doctoral degree at Boston University's prestigious School of Theology.

In May of 1954, Dr. King accepted the call to the

Dexter Avenue Baptist Church in Montgomery, Alabama.

While in Montgomery, Dr. King was soon thrust to the forefront of an effort to win respect and fair treatment for African Americans.

His leadership and implementation of the principle of nonviolent resistance, led to a successful yearlong boycott of Montgomery's bus system that inspired additional boycotts in Birmingham and Mobile, Alabama, and Tallahassee, Florida.

In 1963, Dr. King agreed to speak at the March on Washington rally, which had been organized by labor leader A. Philip Randolph, to demonstrate support for the civil rights bill President John Kennedy had introduced to Congress. More than a quarter of a million people gathered in front of the Lincoln Memorial.

During this rally, Dr. King delivered his famous "I Have A Dream" speech, which captured the attention of many Americans who had never thought seriously about civil rights for African

Americans and was instrumental in garnering support for federal civil rights legislation.

On April 3, 1968, while in Memphis, Tenn., Dr. King delivered his famous "Moun-taintop" speech to a crowd of 2,000 supporters.

The next day, Dr. King, 39, stepped out onto his motel balcony and was assassinated. His assassination shock-ed the entire nation. In fact, President Johnson declared April 7 a day of national mourning. Dr. King was buried in South View Cemetery, near his grandparents.

On his marble crypt is inscribed with Dr. King's famous words, "Free at Last. Free at Last. Thank God Almighty, I'm Free at Last."

There'll be a commemorative breakfast at the base chapel Thursday from 7:30 to 9 a.m.



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**SUNBELT CREDIT/FWB
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Exercise can be habit-forming

Exercising regularly can be a difficult habit to maintain, despite all the facts heard on the merits of exercise and activity.

It's already known that physical activity can be the single most important factor in successful weight maintenance. Without exercise, weight loss progress may be agonizingly slow.

Exercise helps lessen stress levels and reduces risk for many health problems, such as high blood pressure and high cholesterol. And passing the annual Air Force fitness test will be taxing at best without participation in regular aerobic exercise. So, why is making exercise a priority so difficult?

One of the most common reasons for lack of physical activity is the inability to find the time and motivation due to a busy lifestyle. But starting and maintaining a fitness routine isn't impossible. There are many strategies to help incorporate exercise into an already busy day. Here are some tips for making an exercise program "stick."

- Find a work out partner, someone at a similar fitness level who shares your goals, or has similar goals.

- Write down your goal and keep it somewhere where you will see it frequently – in your day planner, on your computer or desk top.

- Bribe yourself. Set up your goal for a set amount of time – for example, a month – then establish how you will reward yourself once you reach that goal. You may decide to buy a new pair of workout shoes, or treat yourself to a body massage, a movie or a new exercise outfit.

- Focus on the benefits of exercise – how it makes you feel, how your body is changing. Having a reward established is one more positive thing to focus on.

- Don't get bogged down if your weight loss or other hoped-for benefits are slow in coming. Try to stay focused on the long term, and again, if you have a reward system you can look forward to that short term reward.

- If you find it difficult to make exercise fit into your day, block it out in your calendar as if it were an important meeting that you must attend, then don't let anything interfere with that "appointment."

- Start slowly. Don't risk injuring yourself. An injury will slow your progress toward your goals, and it may be very discouraging.

- Talk to your doctor if you have any medical concerns, or are taking any medications that might impact your heart rate or ability to exercise.

Trying a few of these tips could help make exercise a regular part of your life.

To get more information on starting and maintaining an exercise program, call the Hurlburt Field Health and Wellness Center at 884-4412.

16th LRS athlete gets first track medals for U.S. in military games

By Journalist 1st Class
Craig Coleman
Naval Air Station Sigonella
Public Affairs

CATANIA, Sicily – Omolade Akinremi, an Airman 1st Class with the 16th Logistics Readiness Squadron, took the silver medal in the 400 meter hurdles and the bronze in the 400 meter run Dec. 7 to become the first American track and field medalist in the third Military World Games.

Akinremi's first final was the 400-meter hurdles. She started slowly, building speed and passing opponents as the runners moved over the obstacles. She caught the leaders at the final turn, but could only manage a second place finish.

"My last two hurdles were horrible," Akinremi said. She estimated that the final hurdles cost her half a second. "In a race, sometimes results can be unpredictable."

Latvian Irena Zauna won the gold medal with a time of 57.35 seconds, Akinremi's silver-winning time was 58.82 and Lara Rocco of Italy won the bronze medal with a time of 58.90.

A little more than an hour later Akinremi made another attempt at winning a gold medal, but it was not to be. Feeling fatigued, she decided on a risky strategy. "I wanted to get out of the curve before



Photo by Senior Airman Sam Taylor

Track runner Omolade Akinremi, an Airman 1st Class with the 16th Logistics Squadron (right), gets ready for a 100-yard dash while practicing at the Aderholt Fitness Center track with her coach, Martin Roderick.

everybody," Akinremi said. "But I also wanted to save enough energy for the last 150 meters. I didn't want to waste too much energy before the finish."

Her slow start cost her again. She was unable to make up much ground on the leader after the last turn and settled for the bronze medal with a

time of 54.44. Tunisian sprinter Awatef Ben Hassine took the gold medal with a time of 54.37 and Russia's Olga Makhimova won the silver with 54.40.

Akinremi was philosophical after missing out on gold: "Sometimes the time is what matters. You run as best you can."

Sports shorts

Rugby players

The Okaloosa Islanders Rugby Football Club is looking for new players at all levels of playing experience. Training sessions are currently held every Tuesday and Thursday evening from 5 to 7 p.m. For more information, call J.C. at 882-6128.

Fitness center hours

The Aderholt Fitness Center is open from 5 a.m. to 1 a.m. Monday through Friday, and from 8 a.m. to 6 p.m. Saturday and Sunday. The Health and Wellness Center is open from 6 a.m. to 9 p.m. Monday through Friday, and is closed weekends.

Youth base/softball

Registration for youth baseball (age 5-14) and girls softball (age 7-14) begins Monday at the youth center. Cost is \$42 per player or \$84 for two

or more family players. Please register weekdays from 6:30 a.m. to 5 p.m.

Coaches are also needed for all age groups. Applications are available at the youth center. For more information, call 884-6355.

Elks Hoop Shoot

The Fort Walton beach 32nd annual Elks Hoop Shoot, a basketball free-throw contest for boys and girls age 8-13, will be held at Fort Walton Beach High School gymnasium Jan. 17, at 8:30 a.m. Local winners will move on to the district competition with hope of reaching the national finals, where winners are enshrined in the Basketball Hall of Fame.

There are no registration fees. To register, call 581-1931, e-mail d_stake@yahoo.com, or register the morning of the event.



July to September (clockwise from top left)

- More than 12,000 people showed up for Hurlburt Field's Sound of Independence celebration July 3 to enjoy food, contests and fireworks.
- The 23rd Special Tactics Squadron received a new training tool – an MH-53 fuselage suspended from a 50-foot tower – to provide a realistic training environment for Special Tactics personnel.
- Hurlburt Field was chosen as one of nine Air Force bases to test the new Air Force uniforms that will replace the current battle dress uniforms.
- Base personnel began preparing for the Air Force's new physical fitness test, scheduled to begin in 2004.
- Tops in Blue celebrated 50 years of entertainment in a special concert in August.

Additional highlights

- The 823rd RED HORSE Squadron went airborne over Camp Rudder Army Ranger camp as part of a training concept developed by the Air Force Chief of Staff and the Air Combat Command, who determined its RED HORSE units as the best air-droppable teams.
- The Hurlburt Field Ground Safety Office finished construction on a new motorcycle-training pad.
- Secretary of the Air Force Dr. James Roche presented medals to Air Force Special Operators for their role in Operation Enduring Freedom.



JULY - SEPTEMBER

HURLBURT FIELD, FLORIDA



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2003

YEAR IN REVIEW

January to March (clockwise from top left)

Secretary of the Air Force, James Roche visited Hurlburt Field to see some of the command's innovative projects aimed at technological advances.

Hurlburt Field was a finalist for and later that year won the Aviation Excellence Award.

The Florida National Guard augmented the 16th Security Forces Squadron with more than 70 personnel to assist with base security for one year.

The Ziplock program was implemented by the United States Air Force to provide deployed troops with comfort items.

The 16th Medical Group was awarded the Air Force Chief of Staff 2002 Team Excellence Surgeon General Award for being the best military treatment facility in the Air Force.

April to June (clockwise from top left)

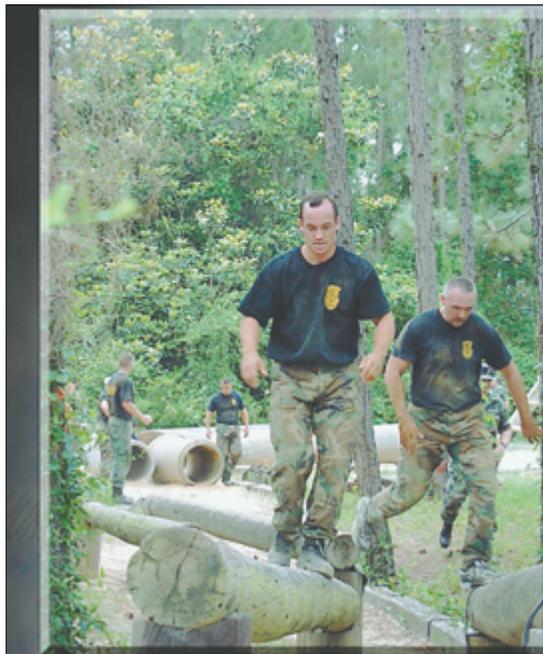
Approximately 12 teams of law enforcement officers gathered at Hurlburt Field for the National Police Week competition hosted by the 16th Security Forces Squadron.

Thousands came out for the annual Family Fest for food, fun and games for the whole family.

The second annual motorcycle rally kicked off the "101 Critical Days of Summer."

The base celebrated the opening of the community park during a ribbon cutting ceremony.

The base participated in the Billy Bowlegs parade in Fort Lauderdale Beach.



APRIL - JUNE



OCTOBER - DECEMBER



October to December (clockwise from top left)

Col. O.G. Mannon accepted the 16th Special Operations Wing guidon from Lt. Gen. Paul Hester, Air Force Special Operations Command commander, and became the new commander of the 16th SOW.

U.S. Marines "invaded" the Emerald Coast to conduct a training exercise.

A memorial service was held to honor three 20th Special Operations Squadron airmen killed in an MH-53 crash in November.

A hazardous material Major Accident Response exercise was conducted on base to test the emergency responders and support agencies' ability to respond to a HAZMAT spill.



Additional highlights

The 16th Equipment Maintenance Squadron opened a new corrosion control facility.

The 16th Medical Group received an In-Place Patient Decontamination Capability to improve the decontamination process after a Nuclear, Biological or Chemical attack.

The 16th Security Forces Squadron reinstated a base bike patrol.