



COMMANDO

Any Time Any Place

Vol. 52, Issue 35

16th Special Operations Wing, Hurlburt Field, Fla.

Sept. 10, 2004



Photo by Airman 1st Class Kimberly Gilligan

A maintainer with the 16th Helicopter Maintenance Squadron, prepares an MH-53 PAVE LOW for takeoff, during the evacuation of base aircraft to Fort Campbell, Ky.

16th SOW inducts honorary commanders

By Amy Oliver
Public Affairs

The 16th Special Operations Wing kicked off the new Honorary Commanders Program with an introductory tour, mission briefing and barbecue at the home of Col O.G. Mannon, 16th SOW commander, Aug. 30.

"The program is designed to enhance community relations and to provide our honorary commanders the opportunity to learn more about Hurlburt Field," said Colonel Mannon. "It'll also provide a forum, in which the base can solicit advice and support from them on matters affecting our military and civilian communities."

Thirteen local community leaders from Santa Rosa, Okaloosa and Walton Counties, including mayors, Chamber of Commerce officials and county commissioners, make up the inaugural group.

While the agenda for the program will vary, at a minimum, it will include quarterly base tours designed to showcase the diverse mission of the 16th SOW. In addition, each community leader is paired with a Hurlburt Field wing, group or squadron commander. These sponsoring commanders are encouraged to invite their honorary commanders to unit functions, such as holiday celebrations, dining outs and changes of command.

"I believe there's a strong and neces-

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Base orders aircraft evacuation, braces for storm

By Capt. Tom Knowles
Public Affairs

Base officials ordered the evacuation of military aircraft to Fort Campbell, Ky. Saturday as a precautionary measure designed to safeguard military assets in anticipation of weather effects associated with Hurricane Frances.

"It takes a lot of work, but it's much cheaper to move aircraft than risk losing them in a storm," said Col. O.G. Mannon, 16th Special Operations Wing commander.

Meanwhile, faced with the possibility of a head-on collision with the powerful hurricane, officials took prudent steps to prepare the base infrastructure and personnel for the worst.

"Each base has a hurricane plan which directs pre- and post-storm preparation and recovery actions, said Master Sgt. Douglas Smith, 16th Civil Engineer Squadron Readiness Flight. "Doing so allows the base to safeguard people and assets in an organized and efficient manner, should we be faced with a hurricane."

As part of the pre-storm preparations, all Soundside

military family housing units were outfitted with storm shutters. Preparations were also made to open shelters at the health and wellness center and base chapel, in the event they were needed.

Teams of personnel scoured the base picking up or securing loose items in an effort to reduce the likelihood of wind-related damage or injuries caused by flying debris. Base services facilities were also closed Monday to include the commissary, shopette and base exchange.

"My sincere thanks go out to everyone involved with preparing the base for the storm," said Colonel Mannon. "Your superb efforts brought out your best, while allowing us to effectively prepare for the worst."

Fortunately, the hurricane was downgraded to a tropical storm as it moved across the Florida peninsula. It later made landfall Monday near St. Marks, 20 miles south of Tallahassee, missing the base completely. All aircraft and crews returned to Hurlburt Field Tuesday.

For hurricane-preparedness tips, see Page 4

Sept. 14 ceremony

Team Hurlburt is invited to the Air Park Tuesday from 2 to 4:30 p.m. to honor prisoners of war/missing in action recognition day and the 57th anniversary of the U.S. Air Force. The uniform for the ceremony is short-sleeve blues for military personnel.

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CPAC impact

Commando Pride Airman's Center preps students for Spec Ops mission

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Weather

Weekend forecast

Friday – Sunny, High 87 Low 69

Saturday – Sunny, High 88 Low 69

Sunday – Sunny, High 89 Low 70

www.hurlburt.af.mil/milonly/weather/5day



Open Line

The Commander's Open Line is your direct line to me for questions or suggestions about subjects of concern to the Hurlburt Field community. I really appreciate your feedback.

To receive a response, leave your name, unit and telephone number. Open lines of general interest will be printed in the **COMMANDO**.

I'll answer the others by letter or phone call. Remember, the quickest and most efficient way to resolve a problem is to talk directly to the agency responsible. This gives them an opportunity to help you and perhaps improve their process. However, if you're not satisfied with the answer you receive, feel free to give me a call at 884-OPEN (6736), or e-mail your concerns to commando@hurlburt.af.mil.



Col. O.G. Mannon

Base celebrates service, mourns tragic loss

By Col. O.G. Mannon
16th SOW commander

September represents a time of celebration and sorrow for many of us. We celebrate the establishment of the world's greatest Air and Space Force, while honoring the sacrifices of prisoners of war and missing in action service members and remembering the infamous events of Sept. 11, 2001. The one theme consistently present throughout these events is the greatness, selflessness and heroic actions of Americans in action. Whether we remember Gen. Billy Mitchell, our comrades in arms who returned with honor from faraway lands, or the first responders climbing the World Trade Center steps as everyone else ran to the ground floor, we can't help, but feel touched by the absolute dedication of those individuals to a cause greater than themselves.

As we all stride through the seemingly endless struggles of our day-to-day trials, the importance of those who have gone before us drifts into the farthest recesses of our minds. The job, new car, our children's grades, cancelled vacation all take too much prominence in guiding our decision-making process. We take for granted the freedoms of voting, dissent, religion and the opportunities our children experience in this wonderful country.

We should never need the vivid pictures of Sept. 11,

2001 to remind us of just how precious our freedoms are! Many of our number have suffered grievously to protect the flag that flies so proudly over freedom's flame. Pitzenbarger, Levitow, Sijan, Day, Mitchell, Cunningham – and the list goes on for much too long. Those of us who wear the uniform do so for many reasons, but all with the heartfelt dedication necessary to ensure we never fail those of our number who have paid the ultimate sacrifice for our flag, their country and your freedoms.

In celebrating the 57th birthday of our service, we remember the men and women of our Air Force who have ceaselessly and selflessly answered our nation's call – no matter when or where needed. The men and women, who continue to remember those Patriots, who died on Sept. 11, 2001 through their dedicated service and continuing willingness to go into harm's way, are the strength of our nation and continue the legacy of the world's greatest Air and Space Force. We will remember our POWs/MIAs and recognize the start of another year in our force's history through a ceremony Wednesday at 2 p.m. in the Hurlburt Field Air Park. We ask you to take a moment to remember the families of those missing or lost in the service to their country.

Thanks to all of you and your families for your continuing service to this great nation and Air Force. We hope to see you at the celebration.

Secretary, CSAF honor military on Patriot Day

WASHINGTON – The following is a Patriot Day message from Secretary of the Air Force Dr. James Roche and Air Force Chief of Staff Gen. John Jumper:

On the third anniversary of Sept. 11, 2001, the world will remember those tragically lost (because of) the heinous actions of terrorists in New York, the Pentagon and Pennsylvania.

These were attacks against freedom, democracy and humanity that carried a high human toll as citizens from the United States and many other countries lost their lives. This Patriot Day, we honor the memories of those lost, and pay tribute to those answering freedom's call to combat terrorism around the world.

Your efforts over the last three years have been phenomenal. You continue to professionally safeguard the skies of America. You have dispersed al-Qaida and toppled the Taliban government in Afghanistan. And, you were instrumental in ending a cruel regime in Iraq, ensuring that a new, democratic government could take root.

Our superior total force of active-duty, Guard, Reserve and civilian Airmen continue to brilliantly answer America's call to defend peace and freedom. Our country is confident in your capabilities and proud of your service. Unfortunately, on this, the third Patriot Day, our mission isn't com-

plete. Those who indiscriminately killed more than 3,000 people on Sept. 11, 2001 are still dedicated to terrorizing our nation and the world because we value life, believe in liberty and welcome democracy as the people's voice.

Let's remember those who are deployed in harm's way to defend the American way of life. And, let's ensure their families are taken care of while they're away from home. As Airmen, our cause is just and noble. Our country depends on us to stay the course.

Thanks for all you do for America and our Air Force. May God bless you, and may God bless America." (AFPN)

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Submitting articles

The deadline for submissions to the COMMANDO is 4 p.m. Wednesday for briefs the week prior to publication. Articles may be submitted on IBM format computer disk or via electronic mail. Non-electronic submissions must be typed, double-spaced and all submissions must include the name and telephone number of a person to call for questions.

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The 2004-2005 Combined Federal Campaign kicked off nationally Sept. 1 and will continue through Dec. 15. Hurlburt Field is scheduled to begin next month. This annual fall fund-raising drive allows nearly four million federal employees and military personnel to contribute to thousands of local and national non-profit organizations. Contributions can be in cash, check or by payroll deduction.

For more information, visit www.opm.gov/cfc.

DUI tracker

Sept. 3-9: 1 DUI
This year: 28
DUIs for 2003: 54
Last DUI: 4th
Special Operations
Squadron, Sept. 4
Airmen Against Drunk
Driving: Don't Drink and Drive.
Call 884-8844



Potential saves this year: 750
16th OG...5 16th MXG...17
16th MSG...33 16th MDG...191

As of Feb. 15, individual groups get a down day for 60 consecutive days without a DUI. Totals are current as of Sept. 9.

Spec Ops welcomes visiting former CMSAF

By Senior Master Sgt. Jon Jaramillo
16th LRS

Sixth Chief Master Sergeant of the Air Force James McCoy visited the men and women of Hurlburt Field Aug. 31–Sept. 2.

The Chief had a full itinerary that included touring base facilities, having breakfast and lunch with Hurlburt Field's professional organizations, and serving as the guest speaker for the Airman Leadership School class 04-F graduation held Sept. 1 at the Emerald Coast Conference Center.

At the ALS graduation, Chief McCoy emphasized the need for NCOs to take responsibility for themselves and their troops and to lay a solid foundation for success.

Following, Class 04-F presented the Chief with a \$100 check in his name to the Air Force Enlisted Heritage Hall, "Berlin To Baghdad" Memorial Fund. The Air Force Enlisted Heritage Hall serves as a repository for an array of historical memorabilia and source documents. The "Berlin to Baghdad" Memorial Fund supports the hall by providing funding to acquire the materials and items to preserve and display the hall's extensive artwork and artifacts.



Staff Sgt. James Albanesi (left), 16th Logistics Readiness Squadron, explains to Chief McCoy the purpose of a Forward Area Refueling Point and the equipment it uses.

Photos by Airman Ali Flisek



Retired Chief Master Sgt. James McCoy (left), sixth Chief Master Sergeant of the Air Force, pins on Chief stripes for Senior Master Sgt. Lefford Fate, 16th Medical Group.



Chief McCoy (above) signs an autograph for a Commando Pride Airman's Center student, during his visit to the CPAC.

POW remains loyal in face of enemies, death

By Wade Scrogham
16th SOW History office

On Aug. 26, 1967, Col. George E. "Bud" Day flew a Forward Air Control mission in support of a B-52 strike in North Vietnam.

While making a pass of the target area, Colonel Day's F-100 took a lethal hit in the aft section, forcing him to eject over

hostile territory. The violent bailout and landing resulted in several injuries, including a broken arm with multiple fractures, a dislocated knee and temporary blindness in his left eye.

Knocked unconscious by the ordeal, Colonel Day awoke to find himself in the custody of a North Vietnamese militia group. His youthful captors subjected him to physical torture, but he seized on their inexperience within a few days of capture and escaped into the Vietnamese countryside.

He quickly moved south toward the Demilitarized Zone and traveled nearly twenty miles in a 24-hour period. After successfully crossing the Ben Hai River into the DMZ, Colonel Day paused to rest under a few bushes, waiting for the cloudy sky to clear and offer him a better sense of direction.

As he slept, a U.S. artillery barrage targeted the area. The blasts tossed Colonel Day into the air, sending shrapnel into his leg, and rupturing his eardrums and sinuses. With the additional injuries, it took him nearly 48 hours to summon enough strength to resume his journey.

Suffering from severe wounds, sleep deprivation and hunger, Colonel Day eventually began walking in circles and hallucinating.

This attracted the attention of a nearby Viet Cong patrol, who shot him in the leg and hand during an ambush. He regained consciousness two weeks later, only to discover that he was back in the northern camp that he had previously escaped.

Despite of debilitating physical and mental torture, Colonel Day continued to offer maximum resistance throughout the duration of his captivity, refusing to betray fellow Airman still flying against the enemy. He remained imprisoned for 67 months, with 38 of those in solitary confinement, before his eventual release on March 14, 1973.

In 1976, Colonel Day received the Medal of Honor for "conspicuous gallantry and intrepidity at the risk of his life above and beyond the call of duty."

Colonel Day will be speaking at the prisoners of war/missing in action remembrance ceremony Tuesday at 2 p.m. at the Air Park.

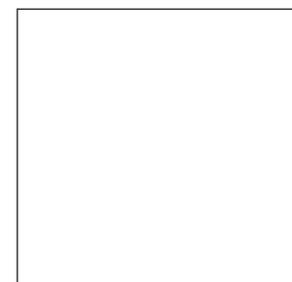
Air Force history trivia

Over the past two weeks, the Commando has featured Air Force history trivia questions in celebration of the Air Force Birthday. Be the first to correctly answer and e-mail this weeks trivia answers to commando@hurlburt and win \$10 in Marlin money. Marlin money can be used like cash at most 16th Services Squadron facilities. This will be the final week of the trivia contest. The public affairs office will notify the winner.

- What was the largest aircraft ever to serve with the Air Force?
- Who was the first Chief Master Sergeant of the Air Force?
- On Nov. 21, 1970, Air Force personnel participated in a joint rescue operation at which North Vietnamese prison camp?
- On May 15, 1975, Air Force Special Operations helicopters carrying 175 Marines landed on the island of Kho Tang to rescue a U.S. merchant ship. What was the name of the ship?
- On April 14, 1986, F-111 Aardvarks left England launching what operation?

Last week's answers in the order questions appeared were: Gen. Carl A. Spaatz, Operation Vittles, 1949, Capt. James Jabara and 1952.

Spotlight on...



Heidi Turner

Rank/Duty Title: Staff sergeant/NCO in charge

Organization: 16th Mission Support Squadron, commander support section

Hometown: Golva, N.D.

Hobbies: Hiking, camping, fishing and hunting

Contribution to the mission:

As NCOIC, Sergeant Turner has revamped the emergency evacuation program, ensuring all personnel would be notified of an impending evacuation. She also developed a database and tracking systems required for the new Air Force fitness program. This ensured 100 percent of the members were tested, and the results were annotated. Sergeant Turner also developed a transition registry continuity book to track daily transactions in PCIII, which will eliminate the possibility of problems going unnoticed in a member's records. Sergeant Turner has also finished her second Community College of the Air Force degree in human resource management/personal administration.

(Editor's Note: The Commando highlights Airmen, junior NCOs, company grade officers, Department of Defense civilians and volunteers in units who do a great job, and should receive day-to-day recognition. Supervisors can call the 16th Special Operations Wing Public Affairs Office at 884-7464 for more information on nominating an individual for the "Spotlight on..." column.)

24-hour Fraud, Waste and Abuse hotline:

Hurlburt Field 884-6322
Air Force (800) 538-8429
Department of Defense
(800) 424-9098

Hurricane survival tips

The threat from Hurricane Frances has subsided, but we have to remain prepared for Hurricane Ivan, currently moving toward the Gulf of Mexico.

It's of the utmost importance that all family housing residents have a plan to secure their personal property and ensure yards are free of debris. Every resident needs to realize that a hurricane's winds are capable of turning even large heavy objects into projectiles. When the wing leadership directs that all loose items are secured, all must act expeditiously.

If dependents of temporary-duty assignment members require assistance, they should ask the spouse's squadron to help. Additionally, the shutter



contractor will not be removing shutters from the Soundside housing area homes or the health and wellness center at this time.

In order to ensure our people's safety and the safety of their possessions, the shutters will remain in place until Hurricane Ivan has passed, or the threat has subsided.

Housing residents are permitted to remove some of the shutters from their windows/doors if they so desire.

However, if they choose to remove them, they will be

responsible for replacing those shutters in short order, should Hurricane Ivan pose an increased threat to Hurlburt Field.

Wing leadership appreciates recent efforts to help secure personal property and preparing base

facilities to ride out Frances.

For future reference:

- Secure loose items (garden hoses, plants, trash cans, basketball hoops, recycle bins, lawn furniture, trampolines, butt cans, picnic tables, etc.) in hurricane condition four and three. Items must be placed inside or securely tied down.

- Unit Control Centers are responsible for disseminating information from the SRC to all unit personnel, to include family members of deployed temporary duty assignment or remote members.

- Have a hurricane kit available in the event evacuation becomes necessary. Shelters offer space to sleep, but won't have all the niceties. Your kit should include items such as bedding, water, food, non-electric can opener, books, games for children, baby supplies and medication.

- Build hurricane kits for your home, to include extra water (fill up bathtubs), food, non-electric can opener, battery operated radio, flashlight, extra batteries and medication.

CGOC forges new programs, fosters professional development

By 2nd Lt. Amy Gonzales
Public Affairs

Unless you're a lieutenant or captain, you may be unfamiliar with the Hurlburt Field Company Grade Officer Council. Other than a great way to meet other company grade officers, the main focus of the organization is to foster personal and professional development. With this in mind, the organization recently created the Hurlburt Field CGO Professional Development Course.

"The course intent is to provide leadership tools as well as personal experiences from senior leaders, emphasizing both the officer and enlisted side of leadership," said Capt. Keyra Reyes, who oversees the program. "The junior officers who are thrown immediately upon graduation from their commissioning sources into leadership roles seldom have any leadership training or experience.

"This course is designed to give them a good foundation to build on as well as to show them there's a wealth of resources available to assist in their growth as leaders," she said.

On Aug. 24, CGOs from across the base participated in the first-ever Hurlburt Field CGO Professional Development Course during a three-day seminar. Participants heard leadership stories from senior officers and interacted with each other during various role-playing and leadership exercises.

One of the most unique presentations came from Lt. Col. Jerry Reed, from services plans and training management at Air Education and Training Command headquarters. He likened the ingredients of salsa to those of leadership – literally.

"First, I asked the participants to define what salsa is," Colonel Reed said. "Salsa is a blending of flavors to create one unique flavor. So is leadership. Leadership is a blending of traits to create one unique style."

Colonel Reed and two class volunteers pre-

pared his own special salsa recipe, while relating the ingredients to leadership traits.

"Take onions for example. Would you walk into the kitchen, peel an onion and take a big bite out of it? No," Colonel Reed said. "It's not something you eat raw, but it's necessary in salsa. Onions are like the bad experiences in leadership. They aren't pleasant when you are going through them, but you learn from them, and they become good. You use them to shape your overall leadership style," he said.

After the course concluded, most participants agreed that it exceeded their expectations. Those who missed the opportunity will have another chance to attend, as the CGOC plans to offer the course quarterly.

Another new base program the CGOC is assisting with is the Air Commando Living History Series. Scheduled to begin later this fall, the series, which will be open to the entire Hurlburt Field community, will feature speakers who will share their own Special Operations experiences.

In addition to providing learning opportunities for base Airmen, the CGOC is also planning to head up several programs which support our base and local community members. Last holiday season, the organization participated in the Angel Tree program, which provides holiday gifts for needy military families.

Recently, the organization has also taken over the Make-A-Wish Foundation program for Hurlburt Field. "Through this program, base members are able to reach out and touch the lives of children diagnosed with a terminal illness," said Brian Chatman, CGOC president.

The Hurlburt Field CGOC is open to all CGOs assigned to Air Force Special Operations Command headquarters, the 16th Special Operations Wing and its tenant units.

For more information about the CGOC or any of its programs, contact Brian Chatman at 884-7665 or by e-mail at brian.chatman@hurlburt.af.mil.

AFSOC chief passes on baton

By Staff Sgt.
Chris Jordan
Public Affairs

After 26 years of service, Chief Master Sgt. James "Randy" Anderson retired from active-duty service during a retirement ceremony held Sept. 2 at the 20th Special Operations Command auditorium.

"Let me paint a picture of a man who led a dedication to excellence beyond the core values of the Air Force to include loyalty and bravery," said Col. Michael Kingsley, presiding official. "He gave it everything and succeeded in doing so. The greatest honor for any man is the appreciation and high regard of his fellow man."

Chief Anderson came into the Air Force wanting to fly helicopters, but instead was assigned as an administrative specialist. After four years, he was able to cross-train into the helicopter field.

"He was a selfless man, looking out for other people with their best interests in mind and how to help them benefit the Air Force," said Col. Kingsley. "His greatest assets are his sound judgment and team spirit, his strong sense of dedication and responsibility."

Chief Anderson has logged approximately 4,000 flight hours on the CH/HH-3E, CH/HH-53A/B/C, NCH/TH-53A, MH-53J/M, UH-1N, and the MI-17. He's also credited with 12 saves throughout his Air Force career.

In 1994, Chief Anderson joined the 20th Special Operations Squadron and managed more than 100 flight engineers. His final assignment was to Air Force Special Operations Command headquarters as the command career enlisted aviator and functional manager.

As part of the ceremony, Chief Anderson was given a Meritorious Service medal and an Air medal.

"Believe in what you are," said Chief Anderson. "Don't underestimate what you're doing. Sometimes you'll haul wood and sometimes you'll do the glamorous work. It's the essence of who we are as Special Operations."

"To sum up the life of Chief Anderson: He's a mentor and passed the baton on to help others be mentors throughout his career," said Col. Kingsley.

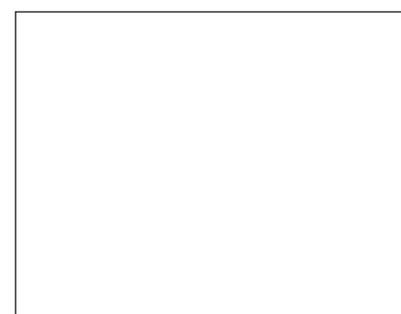


Photo by Airman 1st Class Kimberly Gilligan
Chief Master Sgt. James "Randy" Anderson, Air Force Special Operations Command, receives his retirement pin from his wife.

AF uniform board results

The Chief of Staff of the Air Force rendered the following decisions concerning the 96th Air Force uniform board that met June 18-19, 2003.

Voting members included representatives from designated air staff directorates, each major command, Air Force Reserve, National Guard and the Chief Master Sergeant of the Air Force.

Non-voting members included representatives from the Army and Air Force exchange services, Air Force clothing office and Defense Supply Center Philadelphia.

Approvals

- Replace current U.S. Air Force band ceremonial uniform with distinctive and cost-effective uniform
- Authorize a special-events uniform for Air Force recruiters
- Offer the a-line skirt as an optional item
- Redesign the maternity jumper and bring back the maternity smock/tunic with added expansion tabs
- Revise the maternity service uniform shirts by adding expansion tabs
- Authorization to wear maternity t-shirt either tucked in or left out with BDUs
- Establish a standardized Air Force physical training uniform
- Replace Basic Military Training

issue summer P.T. gear (t-shirt and shorts)

■ Redesign the female lightweight blue jacket

■ Authorize the lightweight blue jacket to be worn indoors

■ Authorize as an option to have the Air Force symbol embroidered on the lightweight blue jacket

■ Incorporate in *AFI 36-2903, Dress and Personal Appearance*, minimum-wear policy/requirements for wear of flight suit and other flight dress uniforms as a crew duty uniform

■ Incorporate in *AFI 36-2903* wear policy for flight attendant uniform

■ Incorporate in *AFI 36-2903* wear policy for hospital scrubs

■ Authorize only black scarf to be worn with BDUs; exclude all other colors

■ Authorize only black scarf to be worn with all blue uniform combinations when wearing the lightweight blue jacket and overcoat, exclude all other colors

■ Eliminate white, gray, olive drab scarves; black scarf only color authorized with all Air Force uniforms

■ Authorize conservative ornamentation on non-prescription sunglasses and eyeglasses; frames may

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sary connection between the region's military installations and their neighboring communities," said Pam Tedesco, president and CEO of the Walton County Chamber and 16th Special Operations Squadron honorary commander. "Increased interaction opens communication and education avenues to benefit both parties."

In addition to inviting the honorary commanders to the base for various functions, Hurlburt Field assigned commanders and their units will also become ambassadors in the communities of their respective honorary commanders.

"Hurlburt Airmen will also benefit from this program," said Lt. Col. Mary Behne, 16th Component Maintenance Squadron commander. "They'll have more opportunities to get involved in things they normally wouldn't consider doing, such as volunteering in community events or speaking at functions. The Honorary Commanders Program will link them directly to specific communities where they'll have more opportunities to represent Hurlburt Field and the Air Force."

With this being the inaugural year, the program will be a learning experience for everyone.

"I'm looking forward to learning more about the mission of Hurlburt Field, meeting the great men and women of the Air Force serving there and letting them know how much we appreciate their service to the country," said Marc Mansfield, executive director of the Greater Fort Walton Beach Chamber of Commerce and 16th Equipment Maintenance Squadron honorary commander.

Serving as honorary commanders through Aug 2005 are: Mayor John Thomas, Mary Esther; Dorothy Slye, Navarre Chamber MAC vice chairman; Gordon Goodin, Santa Rosa County Commissioner; Cliff Long, FWB Chamber MAC chairman; Mayor Glenda Glover, Fort Walton Beach; Marc Mansfield, FWB Chamber executive director; Mayor Randall Wise, Niceville; Tricia Brunson, Niceville Chamber executive director; Wayne Harris, Crestview Chamber executive director; Mayor Pro-Tem Larry Williges, Destin; Don Collins, Destin Chamber MAC chairman; Pam Tedesco, Walton County Chamber executive director.

UNIVERSITY OF ARKANSAS COMM/OPERATIONS

561116

3 X 5.00

EGLIN BASE EXCH/AAFEES COMMANDO/SERVING

559160

3 X 6.00

Airmen: *Vote before deployments*

By Master Sgt. Ron Tull
AFPC Public Affairs

RANDOLPH AIR FORCE BASE, Texas – Airmen deploying between now and the general election Nov. 2 should consider registering to vote with their deployed unit address before departing, according to voting officials at the Air Force Personnel Center here.

Registration is accomplished by completing a Federal Post Card Application Standard Form 76. Some states will accept the form electronically or by fax. The form and all the state rules can be found on the Airmen Votes Web page available at <http://www.afpc.randolph.af.mil/airmenvotes>.

“Registering in advance means the balloting materials will be waiting for them at their forward location,” said John Lowrance, assistant voting action officer for the Air Force. “Deploying members who do not yet know their deployment address or can’t release it, will need to take some additional steps.

“They’ll need to file an SF 76 explaining in the remarks box that no address is available. This will prevent the state from sending balloting materials. All states are different, but many won’t resend balloting materials,” he said.

When people find out their address or if there’s a change of address while deployed, they will need to send another FPCA SF 76 with their new APO/FPO address checking off “Mail Absentee Ballot To” (item 4). In the remarks section people should include the dates they’ll be absent, enter their old address and write in block letters the words “OLD ADDRESS.”

Under the updated address the applicant should write in block letters “NEW ADDRESS.”

“The bottom line is to know your state rules and not make your ballot come looking for you,” Mr. Lowrance said.

NATL NEWSPAPER/SPRINT
WE'VE NEVER
559691
4 X 10.50

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be black or brown material or gold/silver wire; brand-name glasses may be worn with small logo on frames of lens; logo must be same color as frames or lens

■ Authorize wear of conservative wrap around sunglasses; frames may be black or brown material. Brand name glasses may be worn with small logo on frames or lens; logo must be same color as frames or lens

■ Authorize one small, black, non-descriptive personal digital assistance, pager, or cellular phone at a time to be worn on the uniform belt

■ Allow females to wear small black spherical earrings when in uniform

■ Allow black web belt or black riggers belt with nondescript black buckle as an optional item with BDUs

■ Standardize enlisted Gore-Tex jacket rank insignia

■ Remove requirement to wear a tie or tab with short sleeve shirt or blouse while traveling on a commercial airline

■ Authorize wear of a backpack over both shoulders

■ Authorize only solid-color black backpack with Air Force blue uniform combinations and solid-color black or olive drab, or woodland camouflage backpack with BDUs

■ Authorize survival, evasion, resistance and escape specialist the wear of a pewter green beret

■ Allow survival, evasion, resistance and escape specialist to wear the SERE arch on the BDUs

■ Redesign of security force's beret

■ Allow the wear of plain black conservative hairpins, combs, headbands, elastic bands and barrettes with all female hair colors

■ Allow males to cleanly shave their heads or have military high-and-tight haircuts; females aren't authorized to shave their heads or wear high-and-tight haircuts

■ Authorize baseball caps to be worn not only at home station but also at a continental United States temporary-duty assignment, but no overseas locations

■ Create a metal or plastic security forces flash for beret

■ Redesign the combat wear team beret device

■ Add in *AFI 36-2903*, "no hands in pocket authorized"

■ Provide additional duty badge placement for women's blouse, mess dress jacket and maternity jumper

■ Redesign air mobility liaison officer beret flash and authorize a black beret be worn

■ Add guidance in *AFI 36-2903* on military creases; not authorized in Air Force uniforms; creases will only be on sleeves and pant legs

■ Clarify in *AFI 36-2903* the installation commander has over-

all authority for wear of uniform during sports events

Disapprovals

■ Allow base honor guard to wear charcoal gray flight suit

■ Allow base honor guard a distinctive P.T. uniform

■ Allow flight line personnel to wear uniform similar to base transit alert teams

■ Add additional allowance for female service coat tailoring or alteration

■ Redesign service dress uniform

■ Add longevity "hash marks" to service dress jacket

■ Authorize females to wear chained buttons on mess dress jacket

■ Add additional allowance for shirt/blouse tailoring or alteration

■ Redesign female blue pants to straight legs versus tapered legs

■ Permit females to wear pants with semi-formal or mess dress uniforms

■ Extend allowable length of female skirt

■ Create maternity cold weather jacket

■ Add blousing ribbon to maternity BDU

■ Bring back the maternity service dress jacket

■ Create winter-weight maternity BDUs

■ Develop blue Gore-Tex jacket for wear with all service dress combinations

■ Create sleeved liner for lightweight blue jacket

■ Authorize issue and wear of "security forces" blue jacket to other career fields

■ Grant installation commander authority to authorize wear of desert camouflage uniform

■ Permit wear of black T-shirt with breast pocket

■ Eliminate button-fly BDU trousers and replace with zipper

■ Design BDU short sleeve shirt as optional item

■ Insert hard plastic sheet under BDU pocket flap to prevent button "burn through" from dry cleaning and ironing

■ Add additional allowance or voucher for tailoring and altering the female BDU and DCU

■ Add buttoned tabs to sides of BDU shirt

■ Make DCU an issue item instead of an organizational

■ Incorporate in *AFI 36-2903* proper wear instructions for DCUs

■ Add pocket to each sleeve of BDU and DCU

■ Add strap to flight suit sleeves to allow for sleeve roll up

■ Lower flight suit tightening strap three to four inches

■ Allow flight line aircrew and maintenance personnel to wear flight gloves with BDU and DCU when not performing duties on the flight line

■ Allow navy-colored gloves and mittens

■ Allow wear of crew-neck T-shirts with short sleeved blue shirt

■ Phase out female three and a half inch BDU stripes

■ Redesign female tie tab

■ Make tie or tab mandatory with blue sweater

■ Eliminate blue plastic nametag

■ Authorize wear of service jacket metallic nametag on blue shirts

■ Standardize positioning of female blue nametag

■ Allow Velcro nametapes and pin-on rank for DCU

■ Redesign general appearance of male flight cap

■ Eliminate hats and caps; make them optional except for official ceremonies

■ Eliminate female flight cap and authorize females to wear male flight cap

■ Add buttonhole or tabs inside female flight cap and BDU cap to accommodate bobby pins or hairclips

■ Authorize female to wear navy blue pumps as an optional color

■ Prohibit female hair "scrunchy"

■ Eliminate female ponytail as authorized hairstyle

■ Redesign rear posts for major and lieutenant colonel metal rank insignia

■ Authorize "pocket-rocket" missile badge to be worn by 2WXX1 personnel

■ Prioritize expert-field medical badge/combat medical badge above parachutist badge

■ Allow wear of nationally registered EMT patch

■ Require wear of all badges and ribbons when wearing short or long sleeved blue shirt

■ Establish new badge recognizing headquarters Air Force personnel

■ Authorize personnel career fields to wear Persco team patch

■ Authorize wear of braided badges on mess dress uniform

■ Authorize more than one color subdued Air Force occupational badges

■ Redesign posts of ribbons, pins, and nametags with machine-threaded posts

■ Authorize the wear of the United States flag on the upper arm area of the BDU

■ Allow members to wear BDUs off installation for off-duty education

■ Expand the size selection of BDU

■ Allow females to wear men's blue pants

Additional guidance on all approvals will be forthcoming in the next update of *AFI 36-2903*, which is currently being reviewed by air staff.

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Commando Pride Airman's Center

Since 1999, the Commando Pride Airman's Center program has oriented first-duty station Airmen to a broader understanding of Air Force Core Values and Standards of Conduct.

"We provide an indoctrination to the Hurlburt Field environment that promotes self-discipline and teamwork, while providing squadrons with worldwide deployable, trained, and esteemed warriors," said Master Sgt. Robert Love, CPAC superintendent.

On average, about 50 students attend the course per month. Our primary customer is each and every squadron on base through the Airmen we send to them after the two weeks of CPAC, Sergeant Love said.

A typical CPAC schedule includes 12 mandatory sessions with various base services, to include: military equal opportunity, safety, medical and finance offices. The students also receive welcome briefings from base leadership, law enforcement agencies, and a tour of the 16th Services Squadron facilities, and a tour of the 16th Services Squadron facilities. To ensure the Airmen are up to par with Air Force standards, there are uniform inspections boards and physical training sessions conducted throughout the course, Sergeant Love said.

"At the end of the course, there's a free cook-out for the students," Sergeant Love said. "We also try to participate in a community event if the



Photos by Airman Ali Flisek

Hurlburt Field Honor Guard members inspect the battle dress uniforms of the Commando Pride Airman's Center students to make sure the uniforms are meeting Air Force standards. The students were also inspected in their dress blue uniforms.

opportunity arises."

In the future, CPAC would like to continue to streamline their course and ensure they have valuable information and briefings presented to their students. They're also planning to start a local area bus tour to familiarize the Airmen on some important area landmarks.

"The CPAC program is rewarding for me because I meet and interact with each new Airman of our great Air Force," Sergeant Love said. "Also, I ensure their first weeks on base are as good as they can be."

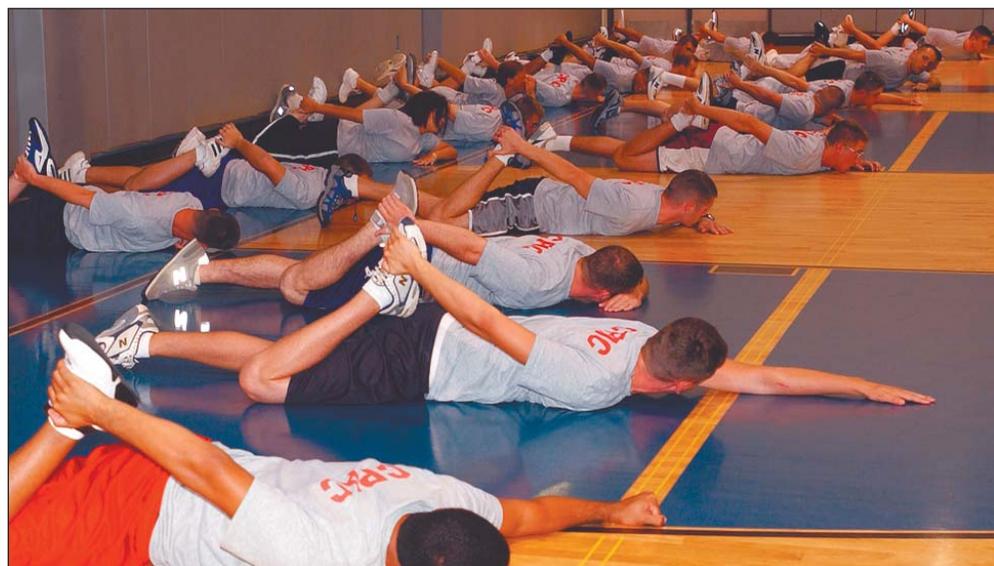
Most students who have gone through CPAC have had great things to say. The following are two comments collected from student critiques at

the end of the course: "It was great to meet other people from different career fields; I enjoyed all the information about the base and the things we could do to improve ourselves."

Sergeant Love encourages commanders, first sergeants and supervisors who haven't been to the CPAC building, to do so.

Also, if any staff sergeants are interested in becoming a team leader, which is a 120-day temporary-duty tour at CPAC, they're encouraged to contact their supervisor or first sergeant for approval.

Sergeant Love said, "Know this: the future of our Air Force is in great hands with these young commandos!"



CPAC students stretch their limbs before engaging in a cardiovascular workout. The students are required to attend physical training sessions at the Aderholt Fitness Center.



CPAC students listen intently as retired Chief Master Sgt. of the Air Force James McCoy speaks. The students participate in 12 briefings during their two-week course.

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New medication system maximizes patient safety

Courtesy of the 16th Medical Group

The 16th Medical Group pharmacy has undergone multiple changes since moving into the renovated clinic a few weeks ago.

The most significant change is the implementation of the Air Force-mandated PharmASSIST medication dispensing system, which has been installed at 93 percent of all Air Force pharmacies.

This system is designed to maximize patient safety by using the latest in computer imaging, barcoding and medication counting technology. Across the Air Force, pharmacies have experienced increased waiting times as a temporary side effect of implementing PharmASSIST. As we fine-tune our processes over the coming weeks, the pharmacy waiting times will decrease significantly.

PharmASSIST delivers many safety improvements the previous medication dispensing system didn't offer. This new system virtually eliminates the possibility of receiving someone else's medication. Using optical eye technology, PharmASSIST is able to flawlessly ensure the right volume of medication is dispensed for patient use.

Additionally, PharmASSIST uses real-time imaging recognition to compare the size and shape of the prescribed medication with what is actually being dispensed.

Active-duty families and retired patriots have another option to obtain necessary medication – the TRICARE Retail Pharmacy program administered by Express Scripts. For a \$3 (generic) or \$9 (brand name) co-pay, beneficiaries can pick up a 30-day supply of medication at a local TRICARE network pharmacy.

Simply ask your medical provider to give you a written prescription, and you can have it filled at any convenient TRICARE Retail pharmacy. You can use the following Web site <http://member.express-scripts.com/pharmacyLocator/> to identify the closest retail pharmacy to meet your needs.

The new retail pharmacy program is fully portable, allowing beneficiaries access to network pharmacies, while traveling anywhere in the United States. Retail pharmacies comprise one of three venues through which pharmacy services are available.

TRICARE beneficiaries may also obtain medication via the TRICARE Mail Order Pharmacy, which is also administered by Express Scripts. You can learn more about both the retail and mail order programs at the Express Script Web site at www.express-scripts.com.

We're absolutely committed to providing you with the safest and most efficient pharmacy service available and appreciate your continued support, as we incorporated the mandated PharmASSIST technology into our daily operations.

Week in History

The following is a list of extraordinary events in military history that occurred this week:

Sept. 6, 1916 – The first fragmentation bomb was tested.

Sept. 7, 1956 – A new manned flight altitude record of 126,200 ft.

was set by Capt. Iven Kincheloe flying the Bell X-2.

Sept. 10, 1932 – Maj. James Doolittle set a new world speed record averaging 294 miles per hour over a three kilometer course.

Sept. 11, 1953 – The Sidewinder infrared-guided air-to-air missile made the first successful interception, sending an F-6F drone down in flames.



Capt. Iven Kincheloe

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Capt. Iven Kincheloe



Photo by Tech. Sgt. Carrie Hinson

Open for business

The 16th Medical Group officially opened the doors to the new clinic addition during a ribbon-cutting ceremony Sept. 1. The 16th MDG, which is now able to support approximately 17,000 active-duty personnel, family members and retirees, began using portions of the two-story addition Aug. 2, but has now completed the construction on the entire addition.

'Airmen Votes' reduces voting registration hassles

By Master Sgt. Ron Tull
AFPC Public Affairs

RANDOLPH AIR FORCE BASE, Texas – With less than 80 days to the presidential election, the Air Force has added another tool to its voting effort to ensure all Airmen can participate.

Airmen Votes is the name of a new Web page designed to give Airmen, their family members and Air Force civilians all the information they need to register to vote, file an absentee ballot request and mail in an absentee ballot.

"Your vote counts," said Gen. John Jumper, Air Force Chief of Staff. "Since 1960, two different presidential elections have been decided by less than one percent of the popular vote. The absentee voting system has traditionally been fraught with challenges, but we're working hard to make it easier for you to vote no matter where you're located."

The Air Force Personnel Center here hosts the Web page at www.afpc.randolph.af.mil/AirmenVotes. It can also be reached through Air Force Link and the Air Force Portal.

The page boils down the essential elements of the federal voting Web site to make registering to vote as simple as possible.

"We wanted to create the ability for our Airmen to be within three mouse clicks of registering to vote in any state from anywhere in the world," said Maj. Gen. Anthony Przybylski, AFPC commander. "It's our right and privilege as Americans. Lives were lost defending this right. There's no excuse not to vote!"

The Department of Defense has teamed up with the U.S. Postal Service to treat balloting materials as priority mail going to and from the voter. A significant change for voters overseas is ballots will receive postal cancellation at the APO or FPO to give a more accurate measure of the date and time a ballot is received into the postal system.

For more information, Airmen should contact their unit voting assistance officer.

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FOOTBALL FRENZY
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Community

Clinic changes

The 16th Medical Group will close at 11 a.m. Wednesday for training. Normal operations will be in effect until 11 a.m. For any emergency needs, utilize Eglin Air Force Base's emergency room. Also, the new 16th MDG operation hours are now in effect. The clinic will be open at 8 a.m. Mondays, Wednesdays and Fridays to facilitate participation in the Air Force fitness program. The dental clinic will continue to open at 7 a.m.

Riptide closure

The Riptide Dining Facility and Fitness Center will be closed Saturday through Sept. 26 in support of a base exercise. All personnel are asked to use the dining facilities and fitness centers located on the west side of base.

Special Operations course

The U.S. Air Force Special Operations School will hold the Introduction to Special Operations course Sept. 22-24 in Coronado NAB, Calif. The course provides military and civilian members with a joint understanding of SOF, to include current structure, available assets and general capabilities. For seating availability, call Joyce Weber at DSN: 579-4731. For more information about ISOC, visit <https://www.hurlburt.af.mil/milonly/usafsos> or call Master Sgt. Rob Colannino at DSN: 579-1881 or Comm: 884-1881.

Hispanic Heritage Month

The military equal opportunity office is seeking volunteers to assist in organizing, preparing and supporting Hispanic Heritage Month events from Wednesday to Oct. 15. Meetings are Wednesdays from 1 to 3 p.m. in the MEO conference room. The following is the current heritage month calendar of events:

- Wednesday:** Kickoff luncheon – 11:30 a.m. to 1 p.m. at the Soundside club, \$11 for club members/\$13 for non-members
- Sept. 24:** Hispanic luncheon – 11 a.m. to 1 p.m. at the Reef dining facility
- Dance lessons – 5 to 7 p.m. at the 823rd REDHORSE Squadron auditorium
- Oct. 1:** Prayer breakfast – 7:30 to 8:30 a.m. at the base chapel
- Oct. 7:** Youth Cultural Day – 1 to 2 p.m. at the child development center
- Oct. 8:** Dance lessons – 5 to 7 p.m. at the 823rd REDHORSE Squadron auditorium
- Oct. 15:** Family Festival – 3 to 9 p.m. at the Soundside grounds

For more information, call 1st Lt. Angel Lugo at 884-8209 or Staff Sgt. Bill White at 884-5879.

Chapel position available

The Hurlburt Field Chapel has eight positions available: Accompanist for the 8:30 and 11:30 a.m. Protestant services; music coordinator/director for the 5:30 p.m. and 10 a.m. Catholic Mass; Accompanist for the 5:30 p.m., 7:15 a.m. and 10 a.m. Catholic Mass; director of religious activities (Catholic); Protestant religious activities coordinator; Protestant choir director/song leader for the 8:30 a.m. Sunday worship service; Protestant

praise team leader; and auxiliary Catholic priest. The Statement of Work and bid submission package can be picked up Monday through Sept. 17 at the 16th Contracting Squadron, located at 350 Tully Street, building 90339, from 7:30 a.m. to 4:30 p.m. Bids must be received by 4 p.m. Sept. 22. For more information, call Monica Wood at 884-3272.

AFSA meeting

Chapter 567, Air Force Sergeants Association will hold a general membership meeting Thursday at 3:30 p.m. at the enlisted hooch. For more information, call Master Sgt. Mary Gowin at 884-7821 or Senior Master Sgt. Bill Ogden at 884-4957.

4th Annual Freedom Run

The 4th Annual Freedom Run to benefit the families of fallen heroes will be held Sunday. The riders will meet at Heritage Cycles in Fort Walton Beach at 8:30 a.m. and leave at 10 a.m. From there, they'll ride to the Vietnam Memorial Wall in Pensacola and return to Heritage Cycles to award door prizes and enjoy fellowship. There's a \$7 minimum donation per person. For more information, call Jim Parker at 682-9860.

16th LRS support

The customer service section, located in Building 90710, is the primary point of contact for all supply-related problems or complaints. Customers can reach the office at 884-3531. Customer service is the issue call in point for all non-aircraft related organizations. For C-130 maintenance units, call the flight line support section at 884-1906. For helicopter maintenance units, call the Helo Parts Store at 881-4101.

Munch and Mend

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Jewish services

The following services will be held in celebration of the Jewish High Holiday at Eglin Air Force Base:

- Wednesday:** Erev Rosh Hashanah, 7 p.m. at the Chapel Center
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Childcare relocation

Effective immediately, the family child care office has moved from the community center/teen club, Building 90337, into a housing unit behind the Hurlburt Field Child Development Center at 4 Clark Road. The new phone number is 581-1207.

CGOC meeting

Hurlburt Field's Company Grade Officer Council will meet Thursday, 3:30 p.m. at Connie's Hooch.

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Hurlburt Field Chapel



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Religious Education:
September–May

Protestant Services

Sunday, 8:30 a.m. (Traditional worship)
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Youth and Singles groups available
Jewish Services (882-2111)
Sabbath services: Friday, 7:30 p.m., Eglin Chapel Center
Muslim Services (882-2111), Eglin Chapel Center
Jumuah: Friday, 12:45 p.m.
For more information, call 884-7795

At the movies



Prices are \$3 for adults and \$1.50 for children. Movies start at 7 p.m. unless otherwise indicated.

Hurlburt Field 884-7648

Friday and Sunday – (PG-13) *The Bourne Supremacy*, starring Matt Damon and Franka Potente – When a Chinese vice-premier is executed by notorious assassin Jason Bourne, it causes serious trouble and hubbub in the CIA. Why? There's no "Jason Bourne," as that name is just a cover for CIA agent David Webb. So, it appears that someone has taken the "Bourne Identity" away from him, creating a diplomatic crisis between the United States and China.

Saturday – (PG) *Thunderbirds*, starring Bill Paxton and Ben Kingsley – When dangerous situations exceed the limitations of ordinary military and international security forces, the world calls upon the high-tech assistance of International Rescue – a mysterious band of fearless adventurer and their fleet of awesome, imaginatively engineered vehicles known as Thunderbirds.

Eglin 882-1066

Friday and Saturday – (PG-13) *I, Robot*, starring Will Smith and Bridgit Moynahan – In the year 2035, robots are an everyday household item and have become more and more advanced, but each one is pre-programmed to always obey humans and to, under no circumstances, ever harm a human. Everyone trusts them, except Del Spooner. Del is one, slightly paranoid detective investigating what he alone believes is a crime perpetrated by a robot. The case leads him to discover a far more frightening threat to the human race.

Sunday – (R) *Harold and Kumar Go to White Castle*, starring John Cho and Hal Penn – Both underdogs, Harold and Kumar decide to spend what would have been an otherwise uneventful Friday night satisfying an oddly intense urge for White Castle hamburgers. However, finding a suitable White Castle proves a highly difficult task, and the two friends wind up on an epic road trip.

(Editor's note: Movies are subject to change. Telephone numbers are provided for patrons to confirm dates.)

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Sabbath services: Friday, 7:30 p.m., Eglin Chapel Center
Muslim Services (882-2111), Eglin Chapel Center
Jumuah: Friday, 12:45 p.m.
For more information, call 884-7795

At the movies



Prices are \$3 for adults and \$1.50 for children. Movies start at 7 p.m. unless otherwise indicated.

Hurlburt Field 884-7648

Friday and Sunday – (PG-13) *The Bourne Supremacy*, starring Matt Damon and Franka Potente – When a Chinese vice-premier is executed by notorious assassin Jason Bourne, it causes serious trouble and hubbub in the CIA. Why? There's no "Jason Bourne," as that name is just a cover for CIA agent David Webb. So, it appears that someone has taken the "Bourne Identity" away from him, creating a diplomatic crisis between the United States and China.

Saturday – (PG) *Thunderbirds*, starring Bill Paxton and Ben Kingsley – When dangerous situations exceed the limitations of ordinary military and international security forces, the world calls upon the high-tech assistance of International Rescue – a mysterious band of fearless adventurer and their fleet of awesome, imaginatively engineered vehicles known as Thunderbirds.

Eglin 882-1066

Friday and Saturday – (PG-13) *I, Robot*, starring Will Smith and Bridgit Moynahan – In the year 2035, robots are an everyday household item and have become more and more advanced, but each one is pre-programmed to always obey humans and to, under no circumstances, ever harm a human. Everyone trusts them, except Del Spooner. Del is one, slightly paranoid detective investigating what he alone believes is a crime perpetrated by a robot. The case leads him to discover a far more frightening threat to the human race.

Sunday – (R) *Harold and Kumar Go to White Castle*, starring John Cho and Hal Penn – Both underdogs, Harold and Kumar decide to spend what would have been an otherwise uneventful Friday night satisfying an oddly intense urge for White Castle hamburgers. However, finding a suitable White Castle proves a highly difficult task, and the two friends wind up on an epic road trip.

(Editor's note: Movies are subject to change. Telephone numbers are provided for patrons to confirm dates.)

Manpower needs Airmen

The 16th Special Operations Wing Manpower and Organization Office is currently seeking motivated career senior airmen, staff sergeants and technical sergeants for cross training into the Manpower 3U0X1 career field. The Manpower career field incorporates process improvements to the ways duties are accomplished, organizational structure, determining how many people a unit needs to perform the mission and performance management. For eligibility to cross train, contact personnel employments at the military personnel flight. If eligible and interested in a rewarding career, call 1st Lt. Louis Carvin at 884-6787.

FSU home games

Information, tickets and travel is offering day trips to Florida State University home games in Tallahassee. Cost is \$55 per person for a game ticket and round-trip bus transportation. Full payment is required at booking. For more information, call ITT at 884-7848.

Blood drive

The Hurlburt Field chapter of the American Red Cross will hold a blood drive Sept. 22 at the base chapel from 10 a.m. to 3 p.m. For more information, call Staff Sgt. Matthew Kent at 884-4947.

PME testing

The education office will open another testing window on the following dates for Professional Military Education testing only: Wednesday and Sept. 29. For more information or to schedule a test, call 884-6724.

Order of the Sword

Air Force Special Operations Command enlisted Airmen will induct Gen. Paul Hester, former AFSOC commander, into the Order of the Sword Nov. 5 at the Emerald Coast Conference Center. The general will be recognized for his contribu-

tions to the enlisted men and women of AFSOC. Tickets will go on sale for the induction ceremony, which is an enlisted-only event, Wednesday.

Free childcare

Airmen returning home from a 30-day or longer deployment in direct support of the Global War on Terrorism are entitled to 16 hours of free child care per child courtesy of the Returning Home Care Program. For more information on this program and other family childcare programs, call Carol Carter or Trish Barrett at 581-1207.

AFROTC board move

The Air Education and Training Command moved the Air Force Reserve Officer's Training Corps 2005 candidate board from September to November 2004. AETC also has made five additional universities available for colonels and colonel selects to compete for AFROTC detachment commanders in 2005. For application information, visit <https://www.dp.hq.af.mil/afslmo/afslmocom>.

Veteran's Day parade

The City of Mary Esther will host its sixth annual Veteran's Day parade Nov. 11 at 10 a.m. Its one-mile route begins in front of Santa Rosa mall and proceeds to a short portion of U.S. Highway 98, ending at the Target department store. There's no entry fee to participate. For registration information, call Laura Aldrich at 243-3566, extension 11.

Hurlburt Toastmasters

The Hurlburt Toastmasters Club holds regular meetings Wednesdays from noon to 1 p.m. in Classroom J at the education center (Building 90220) for interested individuals. The club helps improve speaking, listening and leadership skills through a mutually supportive and positive learning environment to foster self-confidence and per-

sonal growth. For more information, call Marty Mears at 884-9130 or e-mail marty.mears@hurlburt.af.mil. Also, visit the club Web site at <http://hurlburt.freetoasthost.org>.

Native American History Month

November is Native American History Month. The military equal opportunity office invites volunteers to assist in organizing, preparing, and supporting events for the observance period. For more information, call Master Sgt. Dexter Coburn 884-2631.

Classes

'Boat Smart' class

A free five-week "Boat Smart" class will begin Monday through Oct. 11 at 7-9 p.m. at the Anchorage building, 404 Green Acres Road, Fort Walton Beach. Registration will be at 6:30 p.m. the first night of class. The class, which will be held each Monday, covers safe boat handling, good seamanship, rules of the road, aids to navigation and local boating laws. Class instruction is free; course materials are \$30. For more information, call 897-6468.

HAWC classes

To reserve a seat in the following health and wellness center classes or for more information, call 884-4292. All classes are free of charge and held in Building 90232.

Healthy Living Workshop – Tuesday, 8:30 a.m.

Fitness Improvement Program – Tuesday, 10:30 a.m.

Body Composition Improvement Program – Tuesday, 1 p.m.

Total Fitness Enhancement – Wednesday, 8:30 a.m.

Diabetic Nutrition Follow-Up – Wednesday, 10:30 a.m.

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Are you ready for some football?

Football Frenzy has NFL Ticket, prizes, bucks

By Melanie Lerman
16th SVS

Get ready for the Football Frenzy kick-off at J.R. Rockers Sunday at 11 a.m.

With nine 19-inch television sets and two big screens, exclusive football viewing areas and plenty of giveaways, J.R. Rockers plans to make this year's program wilder than ever.

Staff members are donning their football attire and ready to serve, as you sit back and enjoy the football season.

"We purchased the National Football League Ticket again this year, so we can continue to offer our customers the best," said Terese Harris, club manager. "With the ticket,

our viewers can request to watch games that aren't televised locally."

JR Rockers will be showing satellite broadcasts from the NFL and college games, as they are offered on Saturday, Sunday and Monday nights.

"Each year, we strive to improve our program, and this year we're doing everything to make it the best program ever," said Lewis Burnett, J.R. Rockers' duty manager.

Judging by this year's "Apps and Taps" promotion, management must have gone wild too! On Sundays, for only \$10 guests receive an armband that gives them refills on tap beverages and return visits to a special buffet food line.

Aside from indulging in food and beverage specials, football fans can test their football knowledge with the popular QB1 football network trivia game.

"It's going to be a lot of fun," Mr. Burnett said. "We encourage everyone to come with a group of friends, have a good time and leave the clean-up to us."

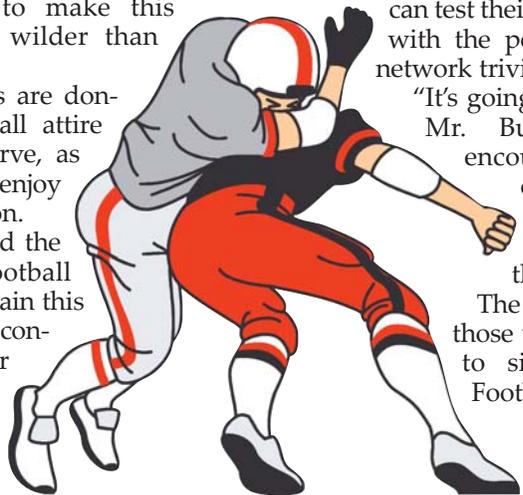
The staff is encouraging those who aren't members to sign-up during the Football Frenzy kick-off.

Special incentives like \$10 in club bucks are being offered at the kick-

off exclusively for new members.

Dozens of prizes will be given away to club members throughout the football season, including a trip to see Atlanta at Tampa Bay, Plasma televisions, X-Box systems, and trips to the Pro Bowl in Honolulu or the Super Bowl in Jacksonville.

Club members can enter to win these trips each time they visit the club during football games.



Intramural 3-on-3 Standings

Team	Wins	Loss	Pct.
EMS -HG	7	1	.875
LRS 4	8	1	.889
CMS	5	4	.556
MDG	7	4	.636
RHS	7	3	.700
CES 1	5	4	.556
505CCW	6	3	.667
LRS 3	5	4	.556
EMS AGE	7	4	.636
LRS 2	6	4	.600
CES 2	6	4	.600
LRS 1	4	6	.400
25IOS	5	5	.500
SFS	2	7	.222
CPTS	3	7	.300
AMXS	2	8	.200
AMMO	1	9	.100
SVS -HG	8	1	.889

Over 30 3-on-3 Standings

Team	Wins	Loss	Pct.
MDG	6	1	.857
CMS	5	1	.833
SVS	4	3	.571
RHS	3	3	.500
LRS	3	4	.429
SFS	2	4	.333
505CCW	0	7	.000

OCEAN SAFETY

■ Learn to swim.

■ Stay within the designated swimming area,

ideally within the visibility of a lifeguard.

■ Never swim alone.

■ Check the surf conditions before you enter the water. Check to see if a warning flag is up or check with a lifeguard for water conditions, beach conditions or any potential hazards.

■ Stay away from piers, pilings and diving platforms when in the water.

■ Keep a lookout for aquatic life.

■ Make sure you always have enough energy to swim back to shore.

■ Don't try to swim against a current if caught in one. Swim gradually out of the current, by swimming across it.



Sports shorts

H2Olympics 2004

The H2Olympics 2004, a squadron-versus-squadron event, will be held today from 11 a.m. to 5 p.m. in front of the beachside outdoor recreation building. Team events include a water tug-of-war; canoe, kayak and jet ski races; and "mystery" relay races.

From 11 a.m. to 1 p.m., a \$5 lunch will be available at the Fall Fish Fry. Menu includes fried fish filets, hushpuppies, coleslaw, baked beans and a soft drink or water. Sign up through your unit sports representative or call outdoor recreation at 884-6939.

Doolittle golf tournament

A two-day tournament open to all players is scheduled Oct. 14-15 at the Eglin Golf Course. The entry fee includes green fee, cart fee, refreshments on the course, door-prize tickets, lunch for both days and a hors d'oeuvres party ending each day. Registration forms are available at local golf courses, or for more information, call Dave Andrews at 651-1314.

Start smart soccer

Registration for Start Smart Soccer, an introductory soccer program for children ages 3 to 5 years

old, continues through Wednesday. The weekly session will be held Tuesdays at 1:30 p.m. at the Commando Fitness Center.

The first of the six weekly sessions begin with parents-only training in the health and wellness center training room. The subsequent five sessions will be parent and child one-on-one instruction, teaching the basic fundamentals and motor skills of soccer that will prepare children for eventual play in organized leagues. Cost is \$25 per parent-child couple. For more information, call the youth center at 884-6355.

Football day trips

Day trips are available for two Florida State University football games in Tallahassee. Game ticket and round-trip bus transportation will cost \$55 per person. The available games will be the University of Alabama-Birmingham versus FSU Sept. 18 and Clemson versus FSU Sept. 25. Full payment is required upon booking; at least 25 people are required for day trips. For more information, call 884-7848.

Sports tryouts

Men's varsity basketball tryouts are now in progress. Sign up at the Aderholt Fitness Center.

Intramural roller hockey tryouts Sept. 17. For more information, e-mail Staff Sgt. Jason Davis at jason.davis@hurlburt.af.mil.

Intramural horseshoes

Unit horseshoe leagues will start Tuesday. For more information, call 884-6884.

Retirement golf championship

The retirement golf championship will be held Sept. 25-26 at Gator Lakes Golf Course. Tee times begin at 7 a.m., and the format will be stroke play. Cost is \$30 for members, \$35 for Eglin Air Force Base members and \$40 for non-members. Players must sign up for play in the Championship Flight, which will play from blue tees with no handicap. Other flights will play from the white tees with full handicap and USGA GHIN handicap required. For more information, call Ron Palmerton at 881-2251.

Football seasons

Flag football pre-season begins Monday and regular season begins Sept. 20. Women's flag football players needed for league. For more information, call sports representatives or the Aderholt Fitness Center.